

On-Going and Recurring Opportunities

Program	Group or Individual	Spots Available	Requirements	Skills	Time/Day
Health Fair Preparation and Execution	Individual	TBD	As needed and up to daily for at least one hour	<ul style="list-style-type: none"> Well-organized Able to lift up to 20 lbs. Typing 	Daytime
Bible Study As a way to introduce members to the chaplain and promote spiritual health, weekly bible study is held every Wednesday morning. The sessions are taught by pastors from community churches in the area and the BSW HWC chaplain.	Individual	1 English & 1 Spanish each week	As needed each Tuesday and Wednesday at 11am to noon.	<ul style="list-style-type: none"> Pastor/former. Pastor Experience leading bible study or worship Bi-lingual 	Mornings
Craft Class Crafting for Health provides a forum for members to perform various crafting activities while discussing health or social issues facing the group. A health educator leads the crafting activity as well as facilitates the discussion.	Individual	1 to 2 each week	Available Thursday's from 10am to noon. Able to instruct or assist with instruction of craft activity	<ul style="list-style-type: none"> Arts & Crafts experience Interest working with Senior adults 	Mornings
Greeters/Member Services Greet community members who arrive. Primary duties are to help guests feel welcome and direct them to the services they need.	Individual	1 to 2 each day M-F	Available everyday between 8am and 5:30pm. Welcome community members to BSW HWC and respond to needs/questions	<ul style="list-style-type: none"> Able to stand in place for hours at one time Friendly & personable Interested in improving customer experience 	Daytime
Farm Stands <i>This initiative addresses the community's lack of access to healthy food options.</i>	Group or Individual	1 to 2 per site each week	AM/PM shifts Commit 3 to 4 hours Able to lift up to 50 lbs.	<ul style="list-style-type: none"> Customer service or retail experience Proficient in basic math 	Daytime, Evenings, or Weekends

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<p>Outreach Community Canvassing</p> <p>The focus of community outreach at BSW HWC is to involve members of the community and other community organizations in activities of the Institute. One way this is achieved is through community canvassing where staff promote awareness of services offered by BSW HWC by going door-to-door</p>	Group or Individual	1 to 2 each week	<p>AM/PM shifts available in one-hours increments</p> <p>Able to walk for long periods</p>	<ul style="list-style-type: none"> • Knowledge of or experience with BSW HWC community. • Provides services in BSW HWC community • Bi-lingual 	Daytime
<p>Tweener's</p> <p>This program is an afterschool and summer pre-teen program designed for children in 6th thru 8th grades. Program mentors, educators and coaches provide participants with activities and education designed to help them lead healthier lifestyles and to empower them to become leaders in their families and in their community.</p>	Group or Individual	5 to 10 each day	<p>School year - 1 to 2 hours each day M-Th 4pm to 6pm</p> <p>Summer - M-Th 8am to 5pm</p>	<ul style="list-style-type: none"> • Able to assist youth with homework and projects • Provide subject-specific tutoring 	<p>Evenings during school year;</p> <p>Daytime during summer</p>
<p>Walk with a Doc (Physician Volunteer)</p> <p>This is a physician-led program offering an opportunity for patients to engage with providers outside of the office visit to promote the importance and benefits of walking while engaging patients in health discussions)</p>	Individual	2 hours	<p>Able to walk 1-2 miles; present a selected health topics</p>	<ul style="list-style-type: none"> • Able to prepare/ present a PowerPoint discussion in layman terms on various relevant health topics 	Weekday/Mornings

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<p>Walk with a Doc (Program Assistant) Provides event day set up support for the set up, data collection, refreshments set up</p>	Individual	2 hours	<p>Able to walk 2 miles Available 2-3 days before Walk day and/ or available on event day Able to lift 20 lbs.</p>	<ul style="list-style-type: none"> • Collect sign-in sheets, distribute items • Make copies • Accompany walkers on field trips • make reminder phone calls prior to event day 	Weekday/Mornings
<p>Monthly Bulletin Board Display Creates monthly themed bulletin board notices for community events and BSW HWC activities and programs</p>	Individual/ group of 2	2 hours	Able to lift 20 lbs, work with glue and other adhesives	<ul style="list-style-type: none"> • Creative, able to lift 20 lbs, 	

Single Occurrence/Special Event Opportunities for groups and Individuals

For the special event listed below, volunteers should be willing to assist BSW HWC and Juanita J. Craft Recreation Center staff in the delivery of special events for community members and registrants. Activities may include the following:

- Set-up/break-down
- Greeters
- Registration
- Vendor booth
- Food service
- Spotters
- Program assistance

January

MLK Jr. Day

February

Black History Month

March

Teen Summit

Easter Egg Hunt

April

Chef Cookoff

May

Cinco de Mayo

June

DHWI Anniversary

Juneteenth Celebration

July

Pre-Registration for Mayors Back to School

Texas Legends Basketball Clinic

August

Back to School

October

Fall Festival

Harvest Walk/5K

November

Community Thanksgiving

December

Lunch with Santa

Toys for Tots