

## **\*Instructions for Capsule Endoscopy\***

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Check-In Time:** \_\_\_\_\_ **AM Appointment Time:** \_\_\_\_\_ **AM**

**Check in at the 1<sup>st</sup> floor Jonsson Admitting, please fill out Database before arriving and hand to the receptionist.**

### **Day Before Procedure**

- Begin "**clear liquids only**" the evening before test at 6:00 p.m.
- You may take medications at this time with clear liquids only, until 9:00 p.m.
- Nothing by mouth** from 9:00 p.m. until after capsule is ingested the next morning. (Patient will be instructed at this time when they can eat.)
- Bring medications with you the day of the test. (Patients will be able to take them later in the day.)
- Please wear two-piece clothing with loose fit elastic waist if possible.  
Example: Jogging pants sleep pants or skirt.
- No lotion, oil or powder** on the stomach area please!  
**(Males need to shave stomach area from breast bone to pelvis.)**

### **Day of Procedure**

- Arrive 30 minutes prior to exam time.**
- Coordinator will come to get patients from waiting room
- Eight sensors will be attached to the abdominal area and connect to a recorder worn on 5 inch belt with suspenders.
- Patient will ingest a capsule slightly bigger than Calcium tablet and then be free to leave the hospital for approx 7 ½ hrs before returning to have belt and sensors removed.

**Any Question? Call (214) 820-3094**

Verbal Report Given To Nurse: \_\_\_\_\_  
Time & Date: \_\_\_\_\_  
Ordering Physician: \_\_\_\_\_  
Room Number: \_\_\_\_\_

## Baylor University Medical Center

~~GI Physiology Department, Wadley Tower Suite 260~~  
214-820-3094

### Pill Cam Patient Instructions

You have been given a camera in a capsule to swallow. There should be no discomfort. This sheet contains information about what to expect over the next 8 hours.

Please notify the nurse or ordering doctor if you have severe persistent abdominal pain, chest pain, fever, or difficulty swallowing. If you are an outpatient, call your ordering physician's office.

Time of Capsule ingestion: \_\_\_\_\_

1. Diet Instructions -- Nothing to eat or drink for 4 hours, including medication. Resume your previous ordered diet: \_\_\_\_\_.
2. Do not exercise. Avoid heavy lifting. If physically possible, walk approximately 15 minutes per hour for the first 4 hours. If you are an outpatient, you may drive, sit, and walk. You may return to work, as long as it does not require lifting, bending, or strenuous physical movements.
3. Avoid going near MRI Machines and Radio Transmitters for 4 days. You may use a computer, radio, stereo, cell phone, TV, or microwave.
4. Do not stand directly next to another patient undergoing pill cam monitoring.
5. Try not to touch the recorder or the sensor array leads. Do not remove the sensor array leads at anytime.
6. Avoid getting the data recorder or sensor array leads from getting wet.
7. You may loosen the belt to allow yourself to go to the bathroom. Do not remove sensor array leads or detach sensor connector.
8. Observe the LED light on the data recorder at least every 15 minutes. If the light stops blinking, document the time \_\_\_\_\_ and return to Wadley Tower, Suite 260 or notify the GI Physiology staff.
9. (Outpatient) return to the Wadley Tower, Suite 260 at \_\_\_\_\_ to have the equipment removed.
10. (Inpatient) A GI Physiology staff member will return at \_\_\_\_\_ to remove the equipment.