

Name: _____ Today's Date: _____ Age: _____

You are here for a Well Woman Physical.....Please answer the following:

1. Date of your last menstrual period: _____ Date of last PAP smear: _____
 Have you ever had an abnormal PAP? YES / NO When? _____
 What was wrong and what was the treatment? _____
 Date of last mammogram: ___/___/___ How many pregnancies? _____ How many living children? _____
 Have you had a hysterectomy? YES / NO Why? _____
 Were both of your ovaries removed? YES / NO
 Are you taking estrogen or hormone replacement therapy (ERT) or (HRT)? YES / NO
 If yes, what type and dosage? _____
2. Have there been any changes in your periods? YES / NO
 If yes, please explain: _____
3. Have you ever been diagnosed with: (if checked, give date)

<input type="radio"/> Yeast Infection ___/___/___	<input type="radio"/> Bacterial vaginosis ___/___/___	<input type="radio"/> Trichomoniasis ___/___/___
<input type="radio"/> Gonorrhea ___/___/___	<input type="radio"/> Chlamydia ___/___/___	<input type="radio"/> Syphilis ___/___/___
<input type="radio"/> Genital Warts ___/___/___	<input type="radio"/> HIV (AIDS) ___/___/___	<input type="radio"/> Herpes ___/___/___
<input type="radio"/> Breast Cancer ___/___/___	<input type="radio"/> Cervical Cancer ___/___/___	<input type="radio"/> Uterine Cancer ___/___/___
4. Have you recently had an unusual vaginal discharge? YES / NO
 Does it itch? YES / NO
 Does the discharge have an odor? YES / NO
5. Your current method of birth control: _____
6. Do you ever douche? YES / NO If yes, how often? _____
 (Studies show this is detrimental to your vaginal health)
7. Have you ever had vaginal intercourse (sex)? YES / NO
8. Are you sexually active now? YES / NO
 If yes, was your last partner male or female? MALE / FEMALE
 How long have you been with your partner? _____
 How many sexual partners have you had in your lifetime? _____
 (The # of sexual partners is important to the doctor because it can increase risk for cancer and/or other diseases)
9. Life Style: If yes:

Do you Smoke? YES / NO	How much? _____
Do you drink alcohol? YES / NO	How much? _____
Do you use street drugs? YES / NO	What type/How often? _____
10. Do you do monthly self breast exams? YES / NO
 If no, why? _____
11. Is there a family history of breast, uterine, or ovarian cancer? YES / NO
 If so, who? _____
12. Do you currently take Calcium Supplements? YES / NO If yes, how much per day? _____
13. Have you been screened for osteoporosis (loss of bone density)? YES / NO When? _____
14. If you are 50 or older, have you had a flexible sigmoidoscopy or colonoscopy in the last 5 years? YES / NO
 Result: _____
15. Are you on any "natural" supplements? YES / NO

NAME: _____ / _____ / _____ DOB: _____ / _____ / _____

PAST MEDICAL HISTORY: (Please check if you have had any of the following conditions)

<input type="checkbox"/> Cancer	Year _____	<input type="checkbox"/> Hypothyroidism	Year _____	<input type="checkbox"/> High Cholesterol	Year _____
<input type="checkbox"/> High Blood Pressure	_____	<input type="checkbox"/> Diabetes	_____	<input type="checkbox"/> Asthma	_____
<input type="checkbox"/> Arthritis	_____	<input type="checkbox"/> GERD	_____	<input type="checkbox"/> Migraine Headache	_____
<input type="checkbox"/> Stroke	_____	<input type="checkbox"/> Heart Attack	_____	<input type="checkbox"/> Depression	_____
<input type="checkbox"/> Skin Cancer	_____	<input type="checkbox"/> Osteoporosis	_____	<input type="checkbox"/> Anxiety	_____
<input type="checkbox"/> Hepatitis	_____	<input type="checkbox"/> Blood Clots	_____	<input type="checkbox"/> Congestive Heart Failure	_____
				<input type="checkbox"/> Sexually Transmitted Disease	_____

Other medical problems not listed above (Please list here): _____

PREVIOUS SURGERY AND / OR HOSPITALIZATION: (Please list here)

<i>Surgery / Reason</i>	<i>Hospital</i>	<i>Doctor</i>	<i>Year</i>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

FAMILY HISTORY: Please indicate below any family members with a history of: Tuberculosis, Diabetes, Heart Disease, Cancer (type), Emphysema, Kidney Disease, Asthma, Bleeding Tendencies, Anemia, Seizure Disorders, Glaucoma, High Blood Pressure, Gout, Arthritis, Ulcers, Stroke, Anxiety or Depressive Disorders. Please include any disorders not listed above.

Father: _____
Mother: _____
Grandparents: _____
Siblings: _____
Children: _____

SOCIAL HISTORY:

Married Divorced Widowed Single

Occupation (current or previous if retired): _____ Recent change: Yes No

Current Tobacco Use: Yes No

Year Started: _____ Year Quit: _____

Type: _____ Daily Amount: _____

Alcohol Use: Daily Weekly Monthly Rarely Never

FEMALES ONLY

Last Menstrual Period: _____ Age at Onset of Periods: _____

Duration of Periods: _____ Interval Between Periods: _____ Regular Irregular

Heavy Periods: Yes No Present Birth Control Method: _____

Number of Pregnancies: _____ Number of Miscarriages: _____ Number of Abortions: _____