



# **Baylor Scott & White Health Community Health Needs Assessment**

## **Waco - McLennan County Health Community**

### **Baylor Scott & White Medical Center - Hillcrest**

*Approved by: Baylor Scott & White Medical Center – Hillcrest Board of Directors on April 26, 2019*

*Posted to [BSWHealth.com/CommunityNeeds](https://www.bswhealth.com/CommunityNeeds) on June 30, 2019*

---

## Table of Contents

|                                                                                                                                  |           |
|----------------------------------------------------------------------------------------------------------------------------------|-----------|
| <b>Baylor Scott &amp; White Health Mission Statement .....</b>                                                                   | <b>4</b>  |
| <b>Executive Summary .....</b>                                                                                                   | <b>6</b>  |
| <b>Community Health Needs Assessment Requirement .....</b>                                                                       | <b>8</b>  |
| <b>CHNA Overview, Methodology and Approach .....</b>                                                                             | <b>9</b>  |
| <i>Consultant Qualifications &amp; Collaboration .....</i>                                                                       | <i>9</i>  |
| <i>Community Served Definition .....</i>                                                                                         | <i>10</i> |
| <i>Assessment of Health Needs .....</i>                                                                                          | <i>11</i> |
| <i>Quantitative Assessment of Health Needs – Methodology and Data Sources .....</i>                                              | <i>11</i> |
| <i>Qualitative Assessment of Health Needs and Community Input – Approach .....</i>                                               | <i>12</i> |
| <i>Methodology for Defining Community Need .....</i>                                                                             | <i>15</i> |
| <i>Information Gaps .....</i>                                                                                                    | <i>15</i> |
| <i>Approach to Identify and Prioritize Significant Health Needs .....</i>                                                        | <i>16</i> |
| <i>Existing Resources to Address Health Needs .....</i>                                                                          | <i>16</i> |
| <b>Waco - McLennan County Health Community CHNA .....</b>                                                                        | <b>18</b> |
| <i>Demographic and Socioeconomic Summary .....</i>                                                                               | <i>18</i> |
| <i>Public Health Indicators .....</i>                                                                                            | <i>26</i> |
| <i>Watson Health Community Data .....</i>                                                                                        | <i>26</i> |
| <i>Focus Groups &amp; Interviews .....</i>                                                                                       | <i>26</i> |
| <i>Community Health Needs Identified .....</i>                                                                                   | <i>28</i> |
| <i>Prioritized Significant Health Needs .....</i>                                                                                | <i>29</i> |
| <i>Description of Health Needs .....</i>                                                                                         | <i>30</i> |
| <i>Individuals Living Below Poverty Level .....</i>                                                                              | <i>30</i> |
| <i>Limited Access to Healthy Foods (Percent of Low Income) .....</i>                                                             | <i>30</i> |
| <i>No Vehicle Available .....</i>                                                                                                | <i>31</i> |
| <i>Average Number of Mentally Unhealthy Days Reported in Past 30 days (Age-Adjusted) .....</i>                                   | <i>31</i> |
| <i>Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate) .....</i>                                                         | <i>32</i> |
| <i>Summary .....</i>                                                                                                             | <i>32</i> |
| <b>Appendix A: Key Health Indicator Sources .....</b>                                                                            | <b>33</b> |
| <b>Appendix B: Community Resources Identified to Potentially Address Significant Health Needs .....</b>                          | <b>38</b> |
| <i>Resources Identified .....</i>                                                                                                | <i>38</i> |
| <i>Community Healthcare Facilities .....</i>                                                                                     | <i>62</i> |
| <b>Appendix C: Federally Designated Health Professional Shortage Areas and Medically Underserved Areas and Populations .....</b> | <b>63</b> |

|                                                                                                                |                  |
|----------------------------------------------------------------------------------------------------------------|------------------|
| <b><i>Appendix D: Public Health Indicators Showing Greater Need When Compared to State Benchmark .....</i></b> | <b><i>64</i></b> |
| <b><i>Appendix E: Watson Health Community Data .....</i></b>                                                   | <b><i>66</i></b> |
| <b><i>Appendix F: Evaluation of Prior Implementation Strategy Impact.....</i></b>                              | <b><i>70</i></b> |
| <b><i>Appendix G: Baylor Center for Community Research and Development Report...</i></b>                       | <b><i>78</i></b> |

## **Baylor Scott & White Health Mission Statement**

---

### **Our Mission**

Founded as a Christian ministry of healing, Baylor Scott & White Health promotes the well-being of all individuals, families and communities.

### **Our Ambition**

To be the trusted leader, educator and innovator in value-based care delivery, customer experience and affordability.

### **Our Values**

- We serve faithfully
- We act honestly
- We never settle
- We are in it together

### **Our Strategies**

- Health – Transform into an integrated network that ambitiously and consistently provides exceptional quality care
- Experience – Achieve the market-leading brand by empowering our people to design and deliver a customer-for-life experience
- Affordability – Continuously improve our cost discipline to invest in our Mission and reduce the financial burden on our customers
- Alignment – Ensure consistent results through a streamlined leadership approach and unified operating model
- Growth – Pursue sustainable growth initiatives that support our Mission, Ambition, and Strategy

## **WHO WE ARE**

As the largest not-for-profit healthcare system in Texas and one of the largest in the United States, Baylor Scott & White Health was born from the 2013 combination of Baylor Health Care System and Scott & White Healthcare. Today, Baylor Scott & White includes 50 hospitals, more than 900 patient care sites, more than 7,500 active physicians, and over 47,000 employees and the Scott & White Health Plan.



## Executive Summary

---

As the largest not-for-profit health care system in Texas, Baylor Scott & White Health (BSWH) understands the importance of serving the health needs of its communities. In order to do that successfully, we must first take a comprehensive look at the systemic and local issues our patients, their families and neighbors face when it comes to having the best possible health outcomes and well-being.

Beginning in June of 2018, a BSWH task force led by the Community Health, Tax Services, and Marketing Research departments began the process of assessing the current health needs of the communities served for all BSWH hospital facilities. IBM Watson Health (formerly known as Truven Health Analytics) was engaged to help collect and analyze the data for this process and to compile a final report made publicly available in June of 2019.

BSWH owns and operates multiple individual licensed hospital facilities serving the residents of north and central Texas. This community health needs assessment applies to Baylor Scott & White Medical Center – Hillcrest

For the 2019 assessment, the community served by Baylor Scott & White Medical Center - Hillcrest is McLennan County; the hospital's primary service area where more than 80% of the hospital's admitted patients live.

The hospital facility and IBM Watson Health (Watson Health) examined over 102 public health indicators and conducted a benchmark analysis of the data comparing the community to overall State of Texas and United States (U.S.) values. For a qualitative analysis, and in order to get input directly from the community, focus groups and key informant interviews were conducted. Interviews included input from state, local, or regional governmental public health departments (or equivalent department or agency) with knowledge, information, or expertise relevant to the health needs of the community as well as individuals or organizations serving and/or representing the interests of medically underserved, low-income, and minority populations in the community.

Needs were first identified when an indicator for the community served was worse than the Texas state benchmark. A need differential analysis conducted on all the low performing indicators determined relative severity by using the percent difference from benchmark. The outcome of this quantitative analysis aligned with the qualitative findings of the community input sessions to create a list of health needs in the community. Each health need received assignment into one of four quadrants in a health needs matrix that clarified the assignment of severity rankings of the needs. The matrix shows the convergence of needs identified in the qualitative data (interview and focus group feedback) and quantitative data (health indicators) and identifies the top health needs for this community.

Hospital clinical leadership and/or other invited community leaders reviewed the top health needs in a meeting to select and prioritize the list of significant needs in this health community. The meeting, moderated by Watson Health, included an overview of the CHNA process for BSWH, the methodology for determining the top health needs, the BSWH prioritization approach, and discussion of the top health needs identified for the community.

Participants identified the significant health needs through review of data driven criteria for the top health needs, discussion, and a multi-voting process. Once the significant health needs were established, participants rated the needs using prioritization criteria recommended by the focus groups. The sum of the criteria scores for each need created an overall score that was the basis of the prioritized order of significant health needs. The resulting prioritized health needs for this community include:

| Priority | Need                                                                              | Category of Need           |
|----------|-----------------------------------------------------------------------------------|----------------------------|
| 1        | Individuals Living Below Poverty Level                                            | SDH - Income               |
| 2        | Limited Access to Healthy Foods (Percent of Low Income)                           | Environment - Food         |
| 3        | No Vehicle Available                                                              | Access to Care             |
| 4        | Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health              |
| 5        | Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate)                       | Chronic disease - Diabetes |

As part of the assessment process community resources were identified, including facilities/organizations that may be available to address the significant needs in the community. These resources are located in the appendix of this report and will be included in the formal implementation strategy to address needs identified in this assessment, approved and made publicly available by the 15<sup>th</sup> day of the 5<sup>th</sup> month following the end of the tax year.

Additional broad community input was achieved through a mixed media survey led by the Baylor Center for Community Research and Development. The survey was commissioned by a task force led by representatives of Baylor Scott & White Health, Waco-McLennan County Public Health District, Prosper Waco, Providence Health Network – part of Seton/Ascension, and the Waco Family Health Center. The results of this survey support the analyzed data provided in this report and the priorities identified and will help inform the subsequent implementation strategy. The summary of key findings is included in **Appendix G** of this document.

An evaluation of the impact and effectiveness of interventions and activities outlined in the implementation strategy drafted after the 2016 assessment is also included in **Appendix F** of this document.

The prioritized list of significant health needs approved by the hospitals' governing body and the full assessment is available to anyone at no cost. To download a copy, visit **[BSWHealth.com/CommunityNeeds](http://BSWHealth.com/CommunityNeeds)**.

This assessment and corresponding implementation strategy meet the requirements for community benefit planning and reporting as set forth in state and federal laws, including but not limited to: Texas Health and Safety Code Chapter 311 and Internal Revenue Code Section 501(r).

## Community Health Needs Assessment Requirement

---

As a result of the Patient Protection and Affordable Care Act (PPACA), all tax-exempt organizations operating hospital facilities are required to assess the health needs of their community through a Community Health Needs Assessment (CHNA) once every three years.

The written CHNA Report must include descriptions of the following:

- The community served and how the community was determined
- The process and methods used to conduct the assessment including sources and dates of the data and other information as well as the analytical methods applied to identify significant community health needs
- How the organization took into account input from persons representing the broad interests of the community served by the hospital, including a description of when and how the hospital consulted with these persons or the organizations they represent
- The prioritized significant health needs identified through the CHNA as well as a description of the process and criteria used in prioritizing the identified significant needs
- The existing healthcare facilities, organizations, and other resources within the community available to meet the significant community health needs
- An evaluation of the impact of any actions that were taken, since the hospital facility(s) most recent CHNA, to address the significant health needs identified in that last CHNA

PPACA also requires hospitals to adopt an Implementation Strategy to address prioritized community health needs identified through the assessment. An Implementation Strategy is a written plan that addresses each of the significant community health needs identified through the CHNA and is a separate but related document to the CHNA report.

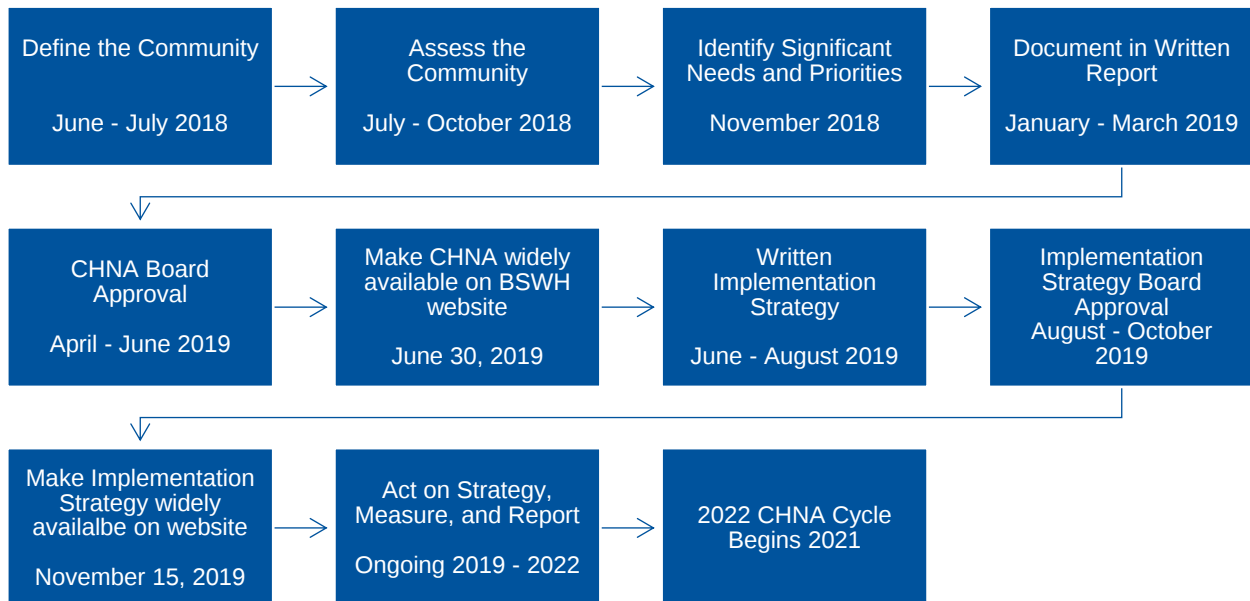
The written Implementation Strategy must include the following:

- List of the prioritized needs the hospital plans to address and the rationale for not addressing other significant health needs identified
- Actions the hospital intends to take to address the chosen health needs
- The anticipated impact of these actions and the plan to evaluate such impact (e.g. identify data sources that will be used to track the plan's impact)
- Identify programs and resources the hospital plans to commit to address the health needs
- Describe any planned collaboration between the hospital and other facilities or organizations in addressing the health needs

## CHNA Overview, Methodology and Approach

---

BSWH began the 2019 CHNA process in June of 2018; the following is an overview of the timeline and major milestones.



BSWH partnered with Watson Health to complete a CHNA for qualifying BSWH hospital facilities.

### *Consultant Qualifications & Collaboration*

Watson Health delivers analytic tools, benchmarks, and strategic consulting services to the healthcare industry, combining rich data analytics in demographics, including the Community Needs Index, planning, and disease prevalence estimates, with experienced strategic consultants to deliver comprehensive and actionable Community Health Needs Assessments.

### *Community Served Definition*

The community served by Baylor Scott & White Medical Center - Hillcrest is McLennan County. This is the hospital's primary service area, where more than 80% of the hospital's admitted patients live.

#### *BSWH Community Health Needs Assessment Waco - McLennan County Health Community Map*



Source: Baylor Scott & White Health, 2019

### *Assessment of Health Needs*

To identify the health needs of the community, the hospital facility established a comprehensive method of taking into account all available relevant data including community input. The basis of identification of community health needs was the weight of qualitative and quantitative data obtained when assessing the community. Surveyors conducted interviews and focus groups with individuals representing public health, community leaders/groups, public organizations, and other providers. In addition, data collected from several public sources compared to the state benchmark indicated the level of severity.

### *Quantitative Assessment of Health Needs – Methodology and Data Sources*

Quantitative data collection and analysis in the form of public health indicators assessed community health needs, including collection of 102 data elements grouped into 11 categories, and evaluated for the counties where data was available. Since 2016, the identification of several new indicators included: addressing mental health, health care costs, opioids, and social determinants of health. The categories and indicators are included in the table below, the sources are in **Appendix A**.

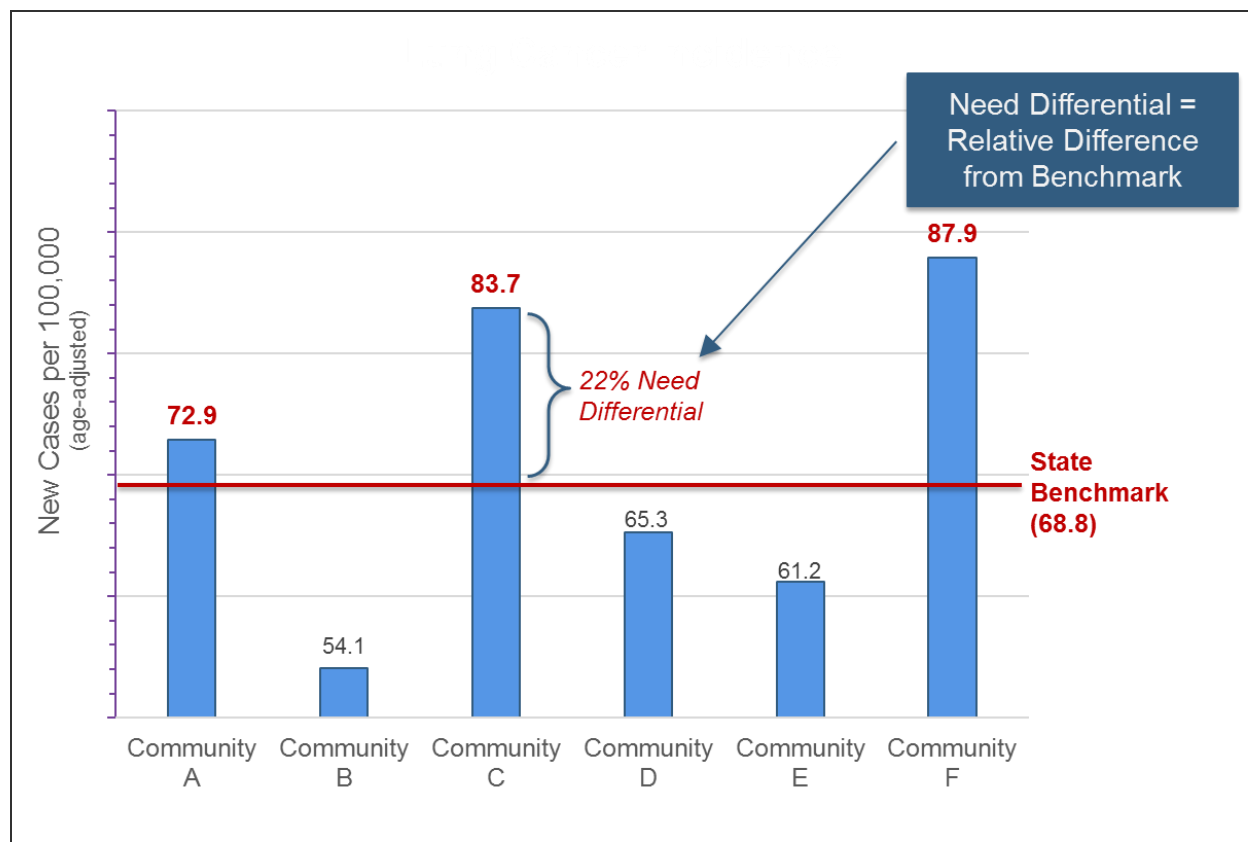
A benchmark analysis conducted for each indicator collected for the community served determined which public health indicators demonstrated a community health need from a quantitative perspective. Benchmark health indicators collected included (when available); overall U.S. values, State of Texas values, and goal setting benchmarks such as Healthy People 2020.

According to America's Health Rankings 2018 Annual Report, Texas ranks 37th out of the 50 states. The health status of Texas compared to other states in the nation identified many opportunities to impact health within local communities, including opportunities for those communities that ranked highly. Therefore, the benchmark for the community served was set to the state value.

Once the community benchmark was set to the state value, it was determined which indicators for the community did not meet the state benchmarks. This created a subset of indicators for further analysis. A need differential analysis was conducted to understand the relative severity of need for these indicators. The need differential established a standardized way to evaluate the degree each indicator differed from its benchmark; this measure is called the need differential. Health community indicators with need differentials above the 50th percentile, ordered by severity, and the highest ranked indicators were the highest health needs from a quantitative perspective. These data are available to the community via an interactive Tableau dashboard located at **BSWHealth.com/CommunityNeeds**.

The outcomes of the quantitative data analysis were compared to the qualitative data findings.

### Health Indicator Benchmark Analysis Example



Source: IBM Watson Health, 2018

### Qualitative Assessment of Health Needs and Community Input – Approach

In addition to analyzing quantitative data, one (1) focus group with a total of 13 participants, as well as 11 key informant interviews, were conducted to take into account the input of persons representing the broad interests of the community served. The focus group and interviews solicited feedback from leaders and representatives who serve the community and have insight into community needs. Prioritization sessions were also held with hospital clinical leadership and/or other community leaders to identify significant health needs from the assessment and prioritize them.

The focus group familiarized participants with the CHNA process and solicited input to understand health needs from the community's perspective. Focus groups, formatted for individual as well as small group feedback, helped identify barriers and social determinants influencing the community's health needs. Barriers and social determinants were new topics added to the 2019 community input sessions.

Watson Health conducted key informant interviews for the community served by the hospital facility. The interviews aided in gaining understanding and insight into participants concerns about the general health status of the community and the various drivers that contributed to health issues.

Participation in the qualitative assessment included at least one state, local, or regional governmental public health department (or equivalent department or agency) with knowledge, information, or expertise relevant to the health needs of the community, as well as individuals or organizations who served and/or represented the interests of medically underserved, low-income and minority populations in the community.

Participation from community leaders/groups, public health organizations, other healthcare organizations, and other healthcare providers (including physicians) ensured that the input received represented the broad interests of the community served. A list of the names of organizations providing input are in the table below.

*Community Input Participants*

| Participant Organization Name                           | Public Health | Medically Under-served | Low-income | Chronic Disease Needs | Minority Populations | Governmental Public Health Dept. | Public Health Knowledge/Expertise |
|---------------------------------------------------------|---------------|------------------------|------------|-----------------------|----------------------|----------------------------------|-----------------------------------|
| Baylor Scott & White Hillcrest Nurse-Family Partnership | X             | X                      | X          |                       | X                    |                                  |                                   |
| Baylor Scott & White Health                             |               | X                      |            |                       |                      |                                  | X                                 |
| Baylor Scott and White Medical Center-Hillcrest         |               | X                      | X          | X                     |                      |                                  | X                                 |
| Caritas of Waco                                         |               |                        | X          |                       |                      |                                  |                                   |
| Carter Blood Care                                       |               |                        |            |                       |                      |                                  |                                   |
| Central Texas Catholic Charities                        | X             | X                      | X          | X                     | X                    |                                  | X                                 |
| Central Texas Food Bank                                 |               | X                      | X          | X                     | X                    |                                  | X                                 |
| Department of Public Health, Baylor University          | X             |                        |            |                       |                      |                                  | X                                 |
| Family Abuse Center                                     |               |                        | X          |                       | X                    |                                  |                                   |
| Family Health Center                                    | X             | X                      | X          | X                     | X                    |                                  |                                   |
| Heart of Texas Region MHMR                              | X             | X                      | X          | X                     | X                    |                                  | X                                 |
| Heart of Texas Regional Advisory Council                |               |                        |            |                       | X                    |                                  |                                   |
| Inner Peace Outer Beauty Salon & Spa                    |               |                        |            |                       | X                    |                                  |                                   |
| One Fellowship Church                                   |               |                        | X          |                       | X                    |                                  |                                   |
| Prosper Waco                                            | X             | X                      | X          |                       | X                    |                                  |                                   |
| Providence Health Center                                | X             | X                      | X          | X                     | X                    |                                  |                                   |

| Participant Organization Name                     | Public Health | Medically Under-served | Low-income | Chronic Disease Needs | Minority Populations | Governmental Public Health Dept. | Public Health Knowledge/Expertise |
|---------------------------------------------------|---------------|------------------------|------------|-----------------------|----------------------|----------------------------------|-----------------------------------|
| Texas Department of State Health Services - HSR 7 | X             |                        |            |                       |                      | X                                | X                                 |
| United Way of Waco-McLennan County                | X             | X                      | X          | X                     | X                    |                                  | X                                 |
| Waco Police Department                            | X             | X                      | X          | X                     | X                    |                                  |                                   |
| Waco-McLennan County Public Health District       | X             | X                      | X          | X                     | X                    | X                                | X                                 |

*Note: multiple persons from the same organization may have participated*

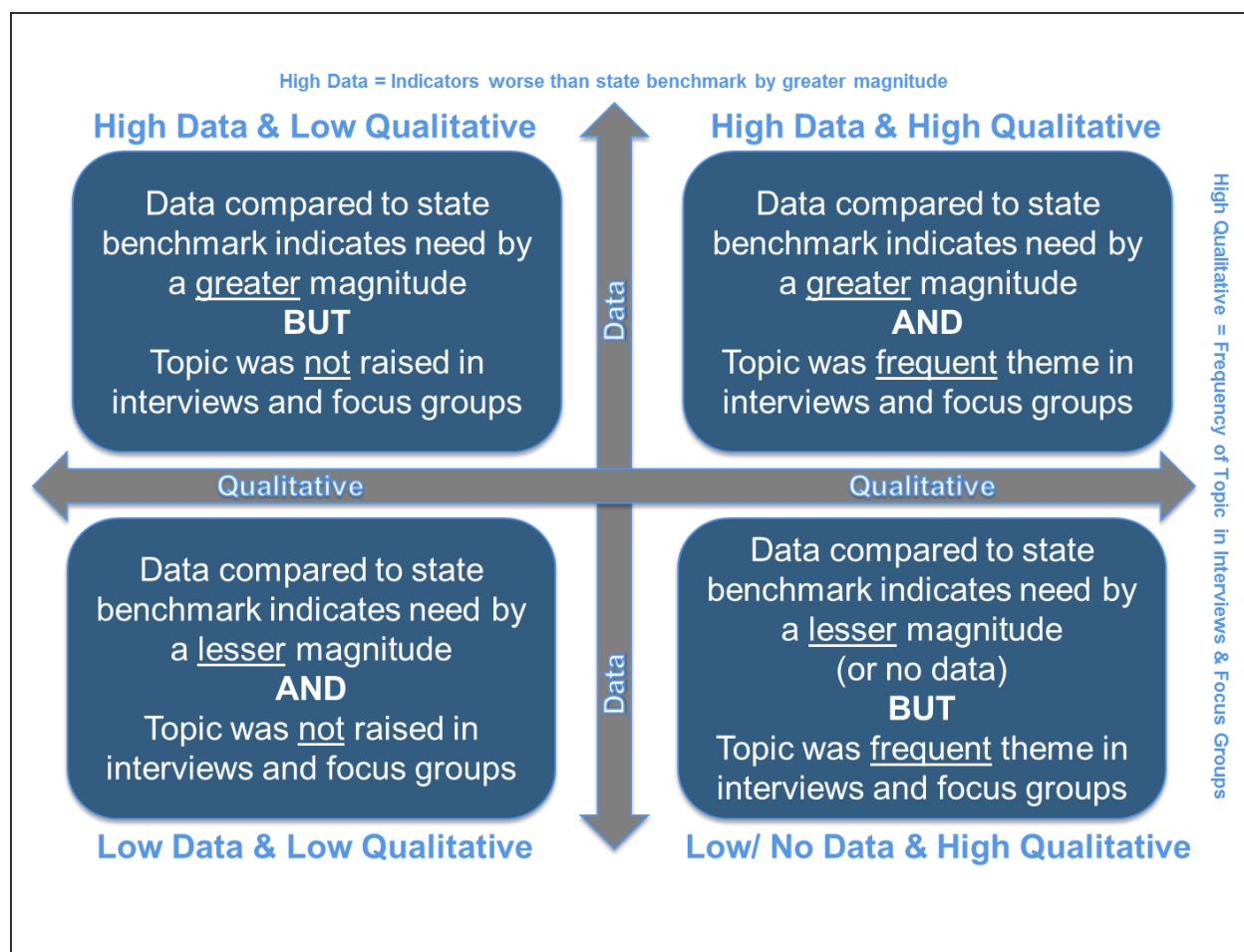
In addition to soliciting input from public health and various interests of the community, the hospital facility was also required to consider written input received on their most recently conducted CHNA and subsequent implementation strategies. The assessment is available to receive public comment or feedback on the report findings on the BSWH website ([BSWHealth.com/CommunityNeeds](https://www.bswhealth.com/CommunityNeeds)) or by emailing [CommunityHealth@bswhealth.org](mailto:CommunityHealth@bswhealth.org). To date BSWH has not received such written input but continues to welcome feedback from the community.

Community input from interviews and focus groups organized the themes around community needs. These themes were compared to the quantitative data findings.

## Methodology for Defining Community Need

Using qualitative feedback from the interviews and focus group, as well as the health indicator data, the consolidated issues currently affecting the community served assembled in the Health Needs Matrix below help identify the health needs for each community. The upper right quadrant of the matrix is where the needs identified in the qualitative data (interview and focus group feedback) and quantitative data (health indicators) converge to identify the top health needs for this community.

*The Health Needs Matrix*



Source: IBM Watson Health, 2018

## Information Gaps

In some areas of Texas, health indicators were not available due to the impact small population size has on reporting and statistical significance. Additionally, most public health indicators were available only at the county level. In evaluating data for entire counties versus more localized data, it was difficult to understand the health needs for specific population pockets within a county. It could also be a challenge to tailor programs to address community health needs, as placement and access to specific programs in

one part of the county may or may not actually affect the population who truly need the service.

### *Approach to Identify and Prioritize Significant Health Needs*

In a session held with Baylor Scott & White – Hillcrest hospital and clinic leadership and community leaders on November 28, 2018, significant health needs were identified and prioritized. The meeting, moderated by Watson Health, included an overview of the CHNA process for BSWH, the methodology for determining the top health needs, the BSWH prioritization approach, and discussion of the top health needs identified for the community.

Prioritization of the health needs took place in two steps. In the first step, participants reviewed the top health needs for their community with associated data-driven criteria to evaluate. The criteria included: health indicator value(s) for the community, how the indicator compared to the state benchmark, and potentially preventable ED visit rates for the community (if available). Participants then leveraged the professional experience and community knowledge of the group via discussion about which needs were most significant. With the data-driven review criteria and the discussion completed, a multi-voting method identified the significant health needs. Participants voted individually for the five (5) needs they considered as the most significant for this community. With votes tallied, five (5) identified needs ranked as significant health needs, based on the number of votes.

In the second step, participants ranked the significant health needs based on prioritization criteria recommended by the focus group conducted for this community:

1. Vulnerable Populations: there is a high need among vulnerable populations and/or vulnerable populations are adversely impacted.
2. Severity: the problem results in disability or premature death or creates burdens on the community, economically or socially.
3. Root Cause: the need is a root cause of other problems, thereby addressing it could possibly affect multiple issues.

Through discussion and consensus, the group rated each of the five (5) significant health needs on each of the three (3) identified criteria utilizing a scale of 1 (low) to 10 (high). The criteria scores summed for each need, created an overall score. The list of significant health needs was then prioritized based on the overall scores. The outcome of this process, the list of prioritized health needs for this community, is located in the **“Prioritized Significant Health Needs”** section of the assessment.

The prioritized list of significant health needs approved by the hospitals’ governing body and the full assessment is available to anyone at no cost. To download a copy, visit **[BSWHealth.com/CommunityNeeds](https://www.bswhealth.com/CommunityNeeds)** .

### *Existing Resources to Address Health Needs*

Part of the assessment process included gathering input on community resources potentially available to address the significant health needs identified through the CHNA.

BSWH Community Resource Guides, and input from qualitative assessment participants, identified community resources that may assist in addressing the health needs identified for this community. A description of these resources is in **Appendix B**. In addition, an interactive asset map of various resources identified for all BSWH communities are located at: **[BSWHealth.com/CommunityNeeds](https://www.bswhealth.com/CommunityNeeds)** .

## Waco - McLennan County Health Community CHNA

### Demographic and Socioeconomic Summary

According to population statistics, the community served was similar to Texas in terms of age distribution, but the projected population growth is lower than the state expected growth rate. The community served has more uninsured individuals than the state (26% versus 19%) and the median household income is below both the state and country.

### Demographic and Socioeconomic Comparison: Community Served and State/U.S. Benchmarks

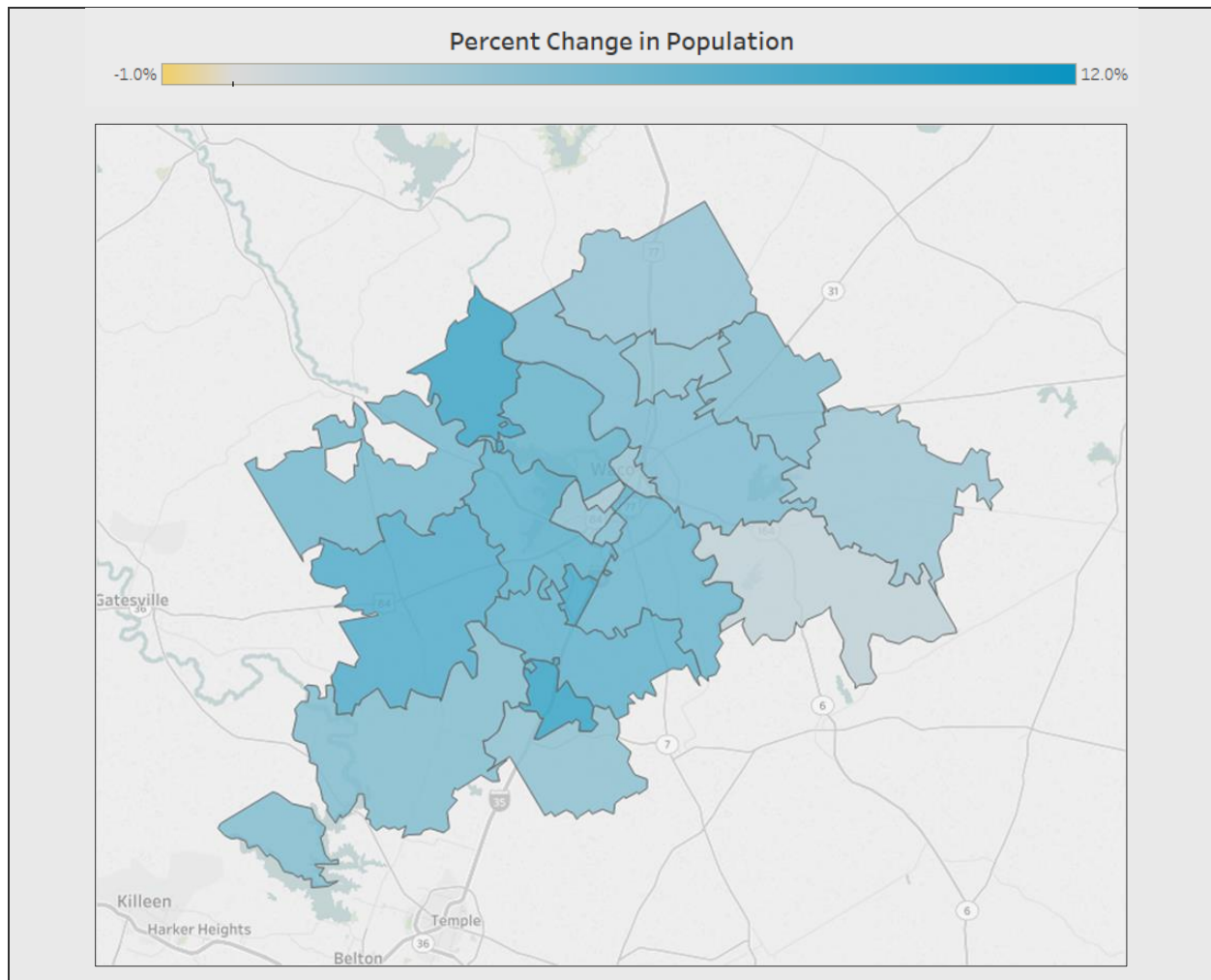
| Geography                        |                | Benchmarks    |            | Community Served                      |
|----------------------------------|----------------|---------------|------------|---------------------------------------|
|                                  |                | United States | Texas      | Waco McLennan County Health Community |
| Total Current Population         |                | 326,533,070   | 28,531,631 | 256,897                               |
| 5 Yr Projected Population Change |                | 3.5%          | 7.1%       | 5.6%                                  |
| Median Age                       |                | 42.0          | 38.9       | 36.7                                  |
| Population 0-17                  |                | 22.6%         | 25.9%      | 24.9%                                 |
| Population 65+                   |                | 15.9%         | 12.6%      | 14.4%                                 |
| Women Age 15-44                  |                | 19.6%         | 20.6%      | 21.5%                                 |
| Non-White Population             |                | 30.0%         | 32.2%      | 31.9%                                 |
| Hispanic Population              |                | 18.2%         | 39.4%      | 26.6%                                 |
| Insurance Coverage               | Uninsured      | 9.4%          | 19.0%      | 26.1%                                 |
|                                  | Medicaid       | 14.9%         | 13.4%      | 14.0%                                 |
|                                  | Private Market | 9.6%          | 9.9%       | 7.9%                                  |
|                                  | Medicare       | 16.1%         | 12.5%      | 15.4%                                 |
|                                  | Employer       | 45.9%         | 45.3%      | 36.6%                                 |
| Median HH Income                 |                | \$61,372      | \$60,397   | \$54,838                              |
| Limited English                  |                | 26.2%         | 39.9%      | 25.2%                                 |
| No High School Diploma           |                | 7.4%          | 8.7%       | 9.7%                                  |
| Unemployed                       |                | 6.8%          | 5.9%       | 5.4%                                  |

Source: IBM Watson Health / Claritas, 2018; US Census Bureau 2017 (U.S. Median Income)

The community served expects to grow 5.6% by 2023, an increase by more than 14,000 people. The 5.6% projected population growth is lower than the state's 5-year projected growth rate (7.1%) and higher compared to the national projected growth rate (3.5%). The ZIP codes expected to experience the most growth in five years are also the most populated zip codes:

- 76706 South Waco-Robinson – 2,519 people
- 76712 Woodway –1,843 people

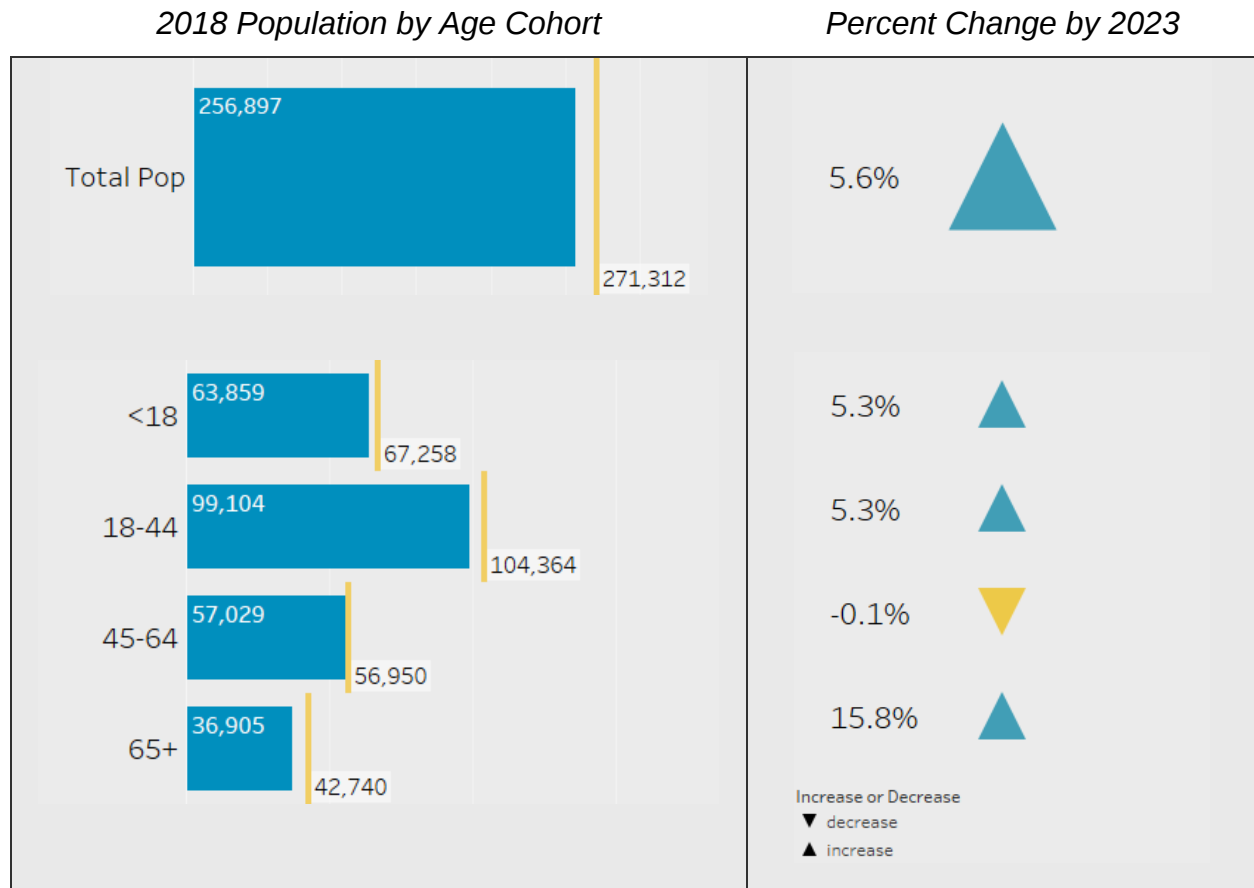
*2018 - 2023 Total Population Projected Change by ZIP Code*



Source: IBM Watson Health / Claritas, 2018

The community's population skewed younger with 38.6% of the population ages 18-44 and 24.9% under age 18. The largest cohort (18-44) is expected to grow by 5,260 people by 2023. The age 65 plus cohort was the smallest (14.4% of the total population) but is expected to experience the fastest growth (15.8%) over the next five years, adding 5,835 seniors to the community. The age 45-64 cohort, representing 22.2% of the current population, is expected to shrink minimally (-0.1%).

### Population Distribution by Age

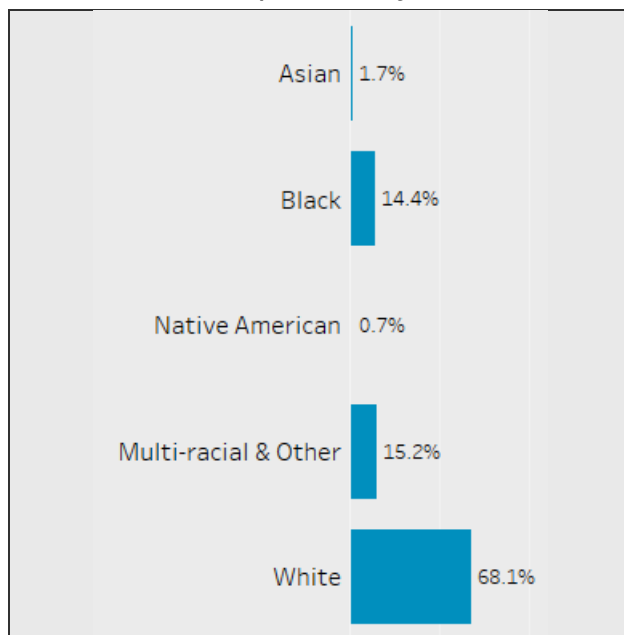


Source: IBM Watson Health / Claritas, 2018

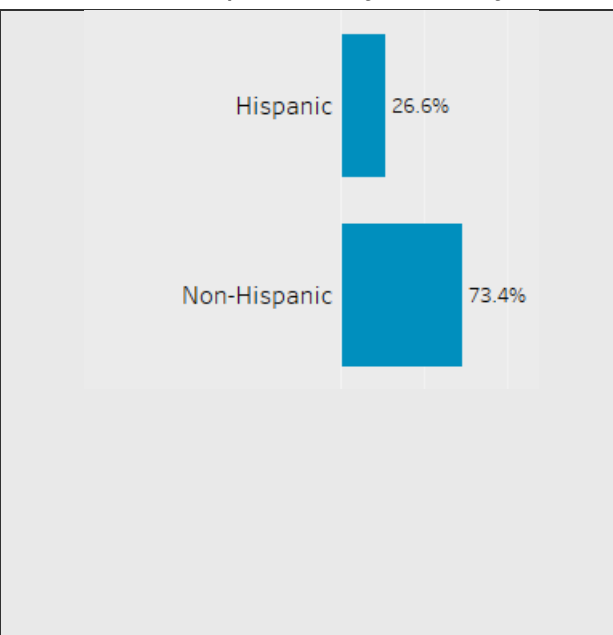
Population statistics is by analysis of race and by Hispanic ethnicity. The community was primarily white and non-Hispanic, but diversity in the community will slightly increase due to the projected growth of minority populations over the next five years. The expected growth rate of the Hispanic population (all races) is over 9,000 people (13.5% change) by 2023. In particular, the White and Multi-Racial Hispanics will add the most residents in the area. The non-Hispanic white and black populations are expected to have the slowest growth (1.5% and 3.9% respectively) while the non-Hispanic Asian / Pacific Islander, multi-racial, and American Indian / Native American populations are expected to increase marginally in the next 5 years.

### Population Distribution by Race and Ethnicity

2018 Population by Race

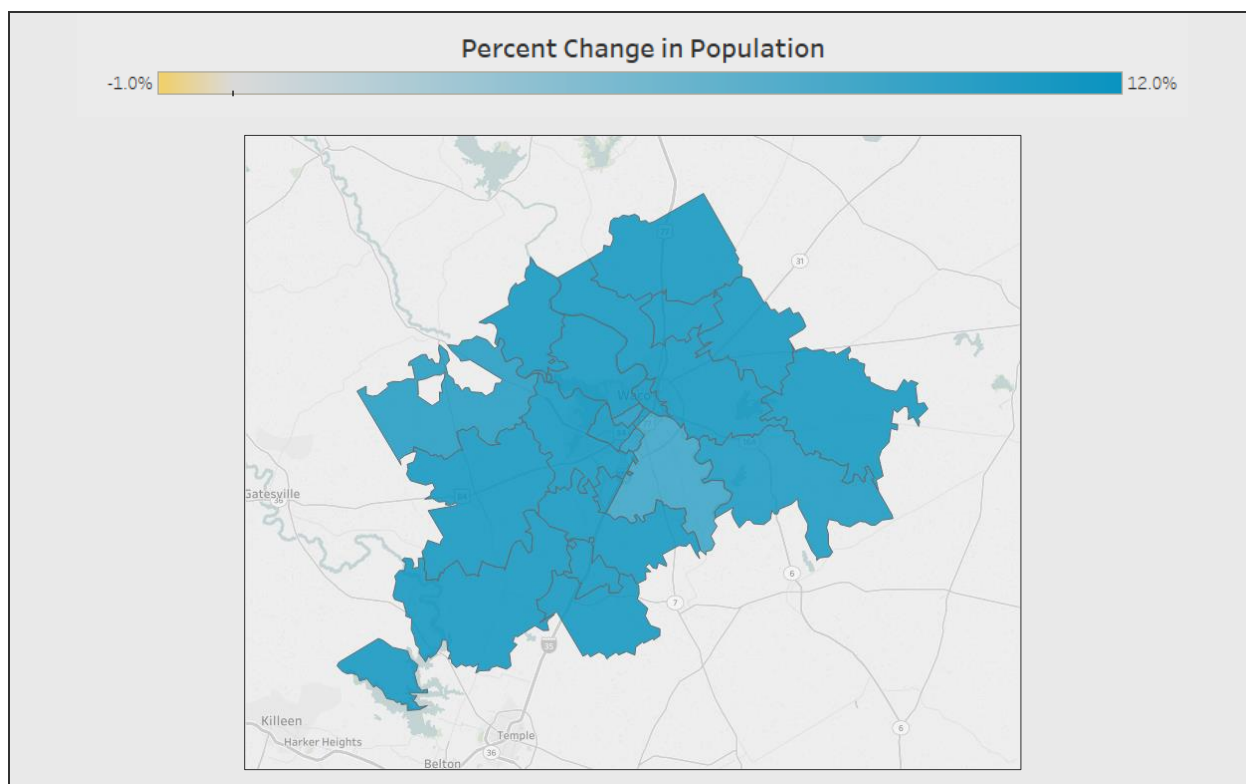


2018 Population by Ethnicity



Source: IBM Watson Health / Claritas, 2018

### 2018 - 2023 Hispanic Population Projected Change by ZIP Code

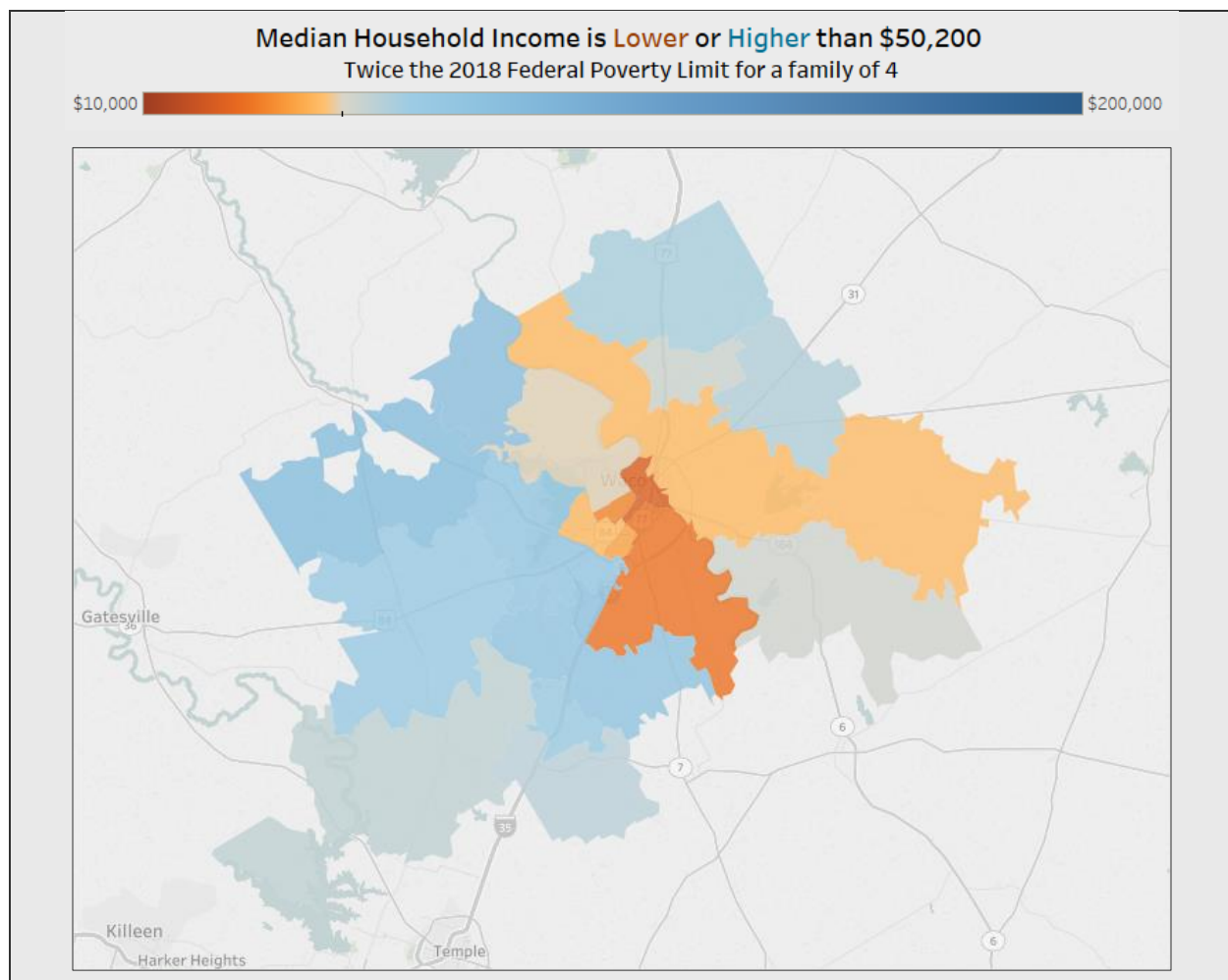


Source: IBM Watson Health / Claritas, 2018

The 2018 median household income for the United States was \$61,372 and \$60,397 for the State of Texas. The median household income for the ZIP codes within this community ranged from \$25,829 for 76704 –East Waco to \$82,895 for 76638 – McGregor-Crawford. There were nine ZIP codes with median household incomes less than \$50,200 – twice the 2018 Federal Poverty Limit for a family of four.

- 76708 China Spring-Bosqueville - \$49,480
- 76664 East McLennan Co - \$45,608
- 76705 East Waco - \$45,159
- 76710 West Waco - \$45,055
- 76711 Beverly Hills – \$40,653
- 76707 Central Waco – \$35,262
- 76706 South Waco-Robinson – \$31,293
- 76701 Central Waco – \$26,111
- 76704 East Waco - \$25,829

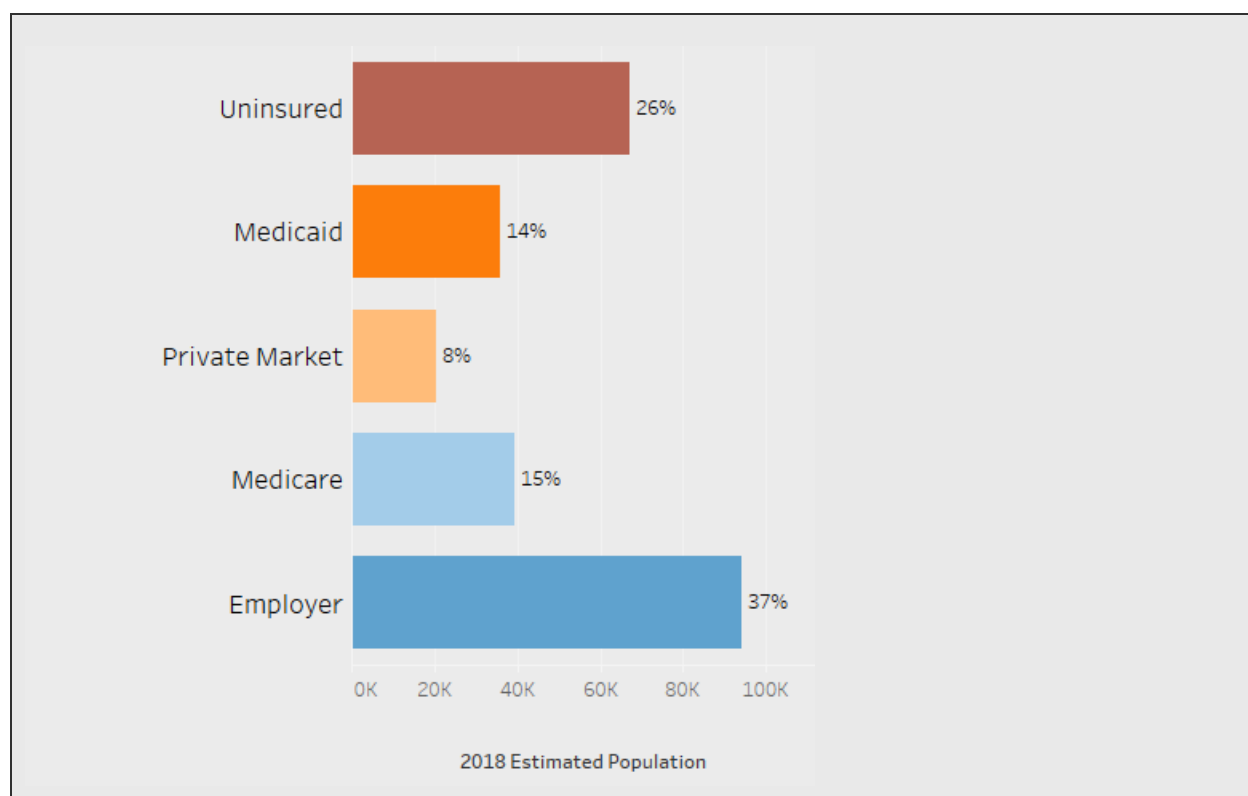
### *2018 Median Household Income by ZIP Code*



Source: IBM Watson Health / Claritas, 2018

A majority of the population (37%) were insured through employer sponsored health coverage, followed by those without health insurance (26%). The remainder of the population was divided between Medicaid (14%), Medicare (15%), and private market (8%) (the purchasers of coverage directly or through the health insurance marketplace).

*2018 Estimated Distribution of Covered Lives by Insurance Category*



Source: IBM Watson Health / Claritas, 2018

The community includes five (5) Health Professional Shortage Areas and one (1) Medically Underserved Areas as designated by the U.S. Department of Health and Human Services Health Resources Services Administration.<sup>1</sup> **Appendix C** includes the details on each of these designations.

<sup>1</sup> U.S. Department of Health and Human Services, Health Resources and Services Administration, 2018

### *Health Professional Shortage Areas and Medically Underserved Areas and Populations*

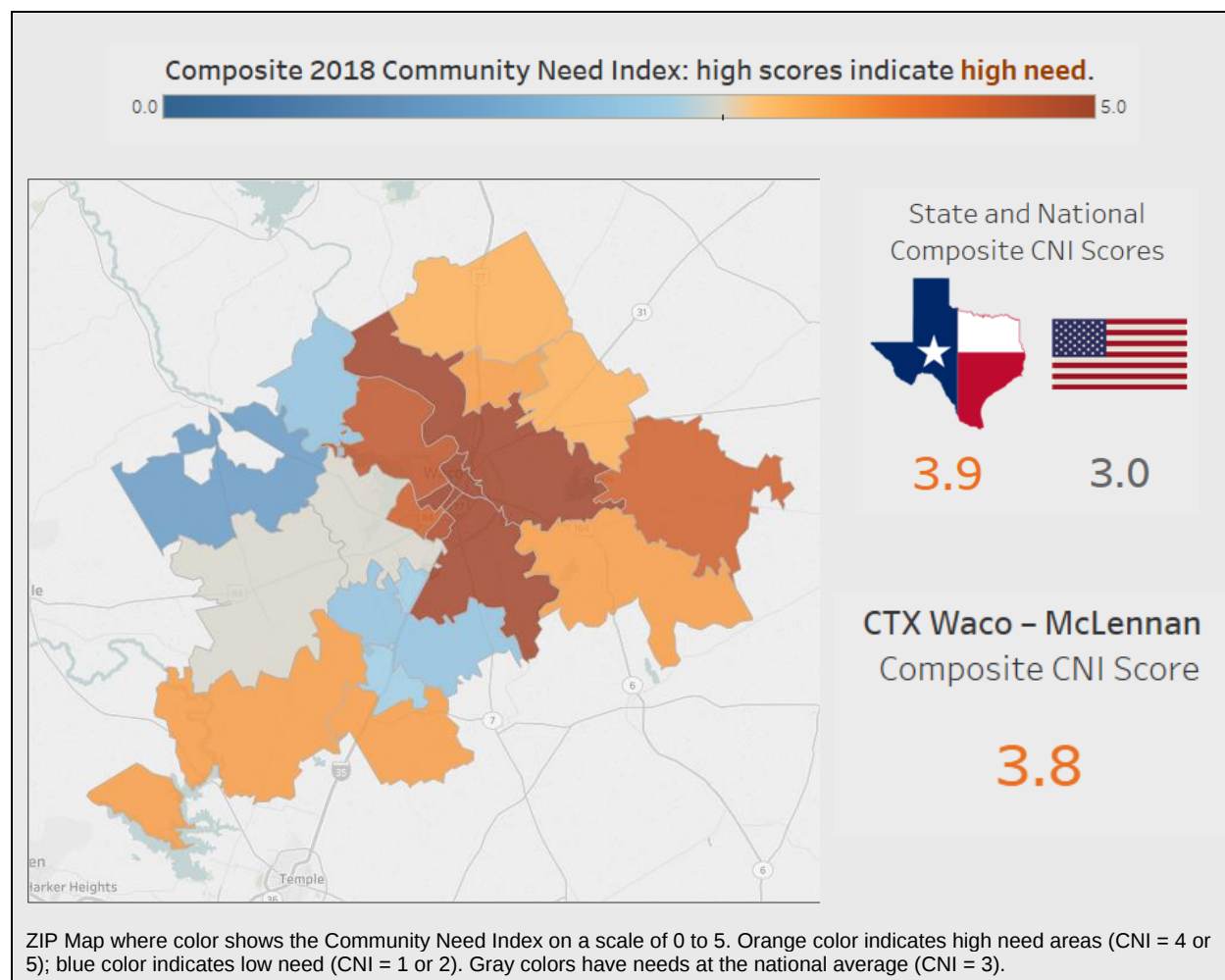
|                                         | Health Professional Shortage Areas<br>(HPSA) |                  |                 |                | Medically Underserved<br>Area/Population<br>(MUA/P) |
|-----------------------------------------|----------------------------------------------|------------------|-----------------|----------------|-----------------------------------------------------|
| CTX Waco – McLennan Health<br>Community | Dental<br>Health                             | Mental<br>Health | Primary<br>Care | Grand<br>Total | MUA/P                                               |
| McLennan                                | 1                                            | 2                | 2               | 5              | 1                                                   |
| <b>Total</b>                            | <b>1</b>                                     | <b>2</b>         | <b>2</b>        | <b>5</b>       | <b>1</b>                                            |

Source: U.S. Department of Health and Human Services, Health Resources and Services Administration, 2018

The Watson Health Community Need Index (CNI) is a statistical approach to identifying areas within a community where health disparities may exist. The CNI takes into account vital socio-economic factors (income, cultural, education, insurance and housing) about a community to generate a CNI score for every populated ZIP code in the United States. The CNI strongly linked to variations in community healthcare needs and an indicator of a community's demand for various healthcare services. The CNI score by ZIP code identifies specific areas within a community where healthcare needs may be greater.

Overall, the CNI score for the community served was 3.8, higher than the CNI national average of 3.0, potentially indicating greater health care needs in this community. In portions of the community (Beverly Hills, Central Waco, China Spring-Bosqueville, East Waco, South Waco-Robinson) the CNI score was greater than 4.5, pointing to potentially more significant health needs among the population.

## 2018 Community Need Index by ZIP Code



### CNI High Need ZIP Codes

| City | Community                | County   | ZIP Code | 2018 CNI Score |
|------|--------------------------|----------|----------|----------------|
| Waco | Central Waco             | McLennan | 76701    | 5.0            |
| Waco | Central Waco             | McLennan | 76707    | 5.0            |
| Waco | East Waco                | McLennan | 76704    | 5.0            |
| Waco | East Waco                | McLennan | 76705    | 5.0            |
| Waco | South Waco-Robinson      | McLennan | 76706    | 5.0            |
| Waco | Beverly Hills            | McLennan | 76711    | 4.8            |
| Waco | China Spring-Bosqueville | McLennan | 76708    | 4.6            |
| Mart | East McLennan Co         | McLennan | 76664    | 4.4            |
| Waco | West Waco                | McLennan | 76710    | 4.4            |

Source: IBM Watson Health / Claritas, 2018

### *Public Health Indicators*

Public health indicators were collected and analyzed to assess community health needs. Evaluation for the community served used 102 indicators. For each health indicator, a comparison between the most recently available community data and benchmarks for the same/similar indicator was made. The basis of benchmarks was available data for the U.S. and the State of Texas.

Where the community indicators showed greater need when compared to the State of Texas comparative benchmark, the difference between the community values and the state benchmark was calculated (need differential). Those indicators with need differentials in the 50<sup>th</sup> percentile of greater severity pinpointed community health needs from a quantitative perspective. These indicators are located in **Appendix D**.

### *Watson Health Community Data*

Watson Health supplemented the publicly available data with estimates of localized disease prevalence of heart disease and cancer as well as emergency department visit estimates. This information is located in **Appendix E**.

### *Focus Groups & Interviews*

In the focus group session and interviews, participants identified and discussed the factors that contribute to the current health status of the community, and then identified the greatest barriers and strengths that contribute to the overall health of the community. For this health community there was one (1) focus group with a total of 13 participants and 11 interviews were conducted July through September 2018.

For the community served, the top health needs identified in these discussions included:

- Cost of care especially for low income and/or uninsured families
- Access to mental health services
- Absence or inconvenience of public transportation

The focus group in this health community included organizations serving Waco and McLennan counties. Participants described the community as very family-oriented with high growth but retained its small-town feel. The group discussed the changes in the community fueled by the growth and the convergence of urban, farming, and bedroom communities; there was both racial and economic diversity, but the uneven distribution of wealth created stark income disparities, and left the community lacking a sizable middle class. Prosper Waco is a collaborative focusing on health, wealth, and education that had achieved progress in addressing community needs in the area.

Participants agreed that the most significant healthcare challenge was access to services by low-income residents. There was no single point of coordination for a patient's interaction the healthcare system, and scarce public transportation made it hard to get to appointments for patients without a car, leaving patients under-served and services underutilized. Low-income residents used the emergency department for non-urgent care because there were few providers available for uninsured and undocumented residents. When asked about the top barriers to better health in this health community, they listed

poverty, poor diet, transportation, lack of insurance, gaps in specialty care and mental health providers, and chronic diseases. Preventive services were available, but often not at convenient locations or times, and more outreach and education are needed.

The group said that more specialized health providers were needed, especially behavioral health providers and mental health services. Participants said there were gaps for some medical specialties and a shortage of minority providers that reflected the local population. Reproductive health services were in short supply, especially in rural areas. There was a shortage of inpatient psychiatry beds for the uninsured population, and outpatient behavioral health providers did not always accept insurance. Mental health services were frequently discussed as an area of need, especially for the most vulnerable children and seniors. The community needs more mental health providers, a larger range of services, affordable options, and education to destigmatize seeking help.

Low-income families lacked access and ability to pay for healthy foods. Limited public transportation compounds access challenges for low income and rural residents to healthcare services and healthy food options. Public transportation was limited in McLennan County, this added obstacles to accessing medical providers and created food deserts in the health community.

According to the focus group, the community services seemed very siloed and those services were sometimes unaware of one another, this contributed to duplicated services and a lack of coordination. Participants believed there was no single point of coordination for healthcare consumers. The group discussed an opportunity to address the community's health needs by creating a health information exchange to assist with referrals and facilitate follow-up across the continuum of care. Funding Waco rapid transit or rideshare services would be another opportunity to increase access. Participants felt that prioritization of needs should organize around vulnerable populations, magnitude of the need/issue, and whether the issue is a root cause of other needs in the community.

## Community Health Needs Identified

A Health Needs Matrix identified the health needs that resulted from the community health needs assessment (see Methodology for Defining Community Need section). The matrix shows the convergence of needs identified in the qualitative data (interview and focus group feedback) and quantitative data (health indicators) and identifies the top health needs for this community.

### Top Community Health Needs Identified

| Waco - McLennan County Health Community                                           |                              |                                                                                                                             |
|-----------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| Top Needs Identified                                                              | Category of Need             | Public Health Indicator                                                                                                     |
| Air Pollution - Particulate Matter daily density                                  | Environment                  | 2012 Average Daily Density of Fine Particulate Matter in Micrograms per Cubic Meter (PM2.5)                                 |
| Alzheimer's Disease/Dementia in Medicare Population                               | Mental Health                | Prevalence of chronic condition across all Medicare beneficiaries                                                           |
| Average Number of Mentally Unhealthy Days Reported in Past 30 days (Age-Adjusted) | Mental Health                | 2016 Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted)                                      |
| Children in Single-Parent Households                                              | SDH                          | 2012-2016 Percentage of Children that Live in a Household Headed by Single Parent                                           |
| Diabetes Lower-Extremity Amputation Admission: Adult (Risk-Adjusted-Rate)         | Chronic Condition - Diabetes | Number Observed / Adult Population Age 18 and older                                                                         |
| Elderly isolation. 65+ Householder living alone                                   | SDH - Social Isolation       | 2012 Percent of Non-family households - Householder living alone - 65 years and over                                        |
| Food Environment Index                                                            | Environment - Food           | 2015 Index of Factors that Contribute to a Healthy Food Environment, 0 (Worst) to 10 (Best)                                 |
| Food Insecure                                                                     | Environment - Food           | 2015 Percentage of Population Who Lack Adequate Access to Food During the Past Year                                         |
| Household income, median                                                          | SDH - Income                 | 2016 Median Household Income is the income where half of households in a county earn more and half of households earn less. |
| Individuals Living Below Poverty Level                                            | SDH - Income                 | 2012-2016 American Community Survey 5-Year Estimates, Individuals below poverty level                                       |
| Limited Access to Healthy Foods (Percent of Low Income)                           | Environment - Food           | 2015 Percentage of Population Who are Low-Income and Do Not Live Close to a Grocery Store                                   |

| Waco - McLennan County Health Community                            |                                           |                                                                                              |
|--------------------------------------------------------------------|-------------------------------------------|----------------------------------------------------------------------------------------------|
| Top Needs Identified                                               | Category of Need                          | Public Health Indicator                                                                      |
| No vehicle available                                               | Access To Care                            | 2017 Households with no vehicle available (percent of households)                            |
| Population with Adequate Access to Locations for Physical Activity | Health Behaviors - Exercise               | 2010 & 2016 Percentage of Population with Adequate Access to Locations for Physical Activity |
| Schizophrenia and Other Psychotic Disorders in Medicare Population | Mental Health                             | Prevalence of chronic condition across all Medicare beneficiaries                            |
| Sexually Transmitted Infection Incidence                           | Infectious Disease - Sexually Transmitted | 2015 Number of Newly Diagnosed Chlamydia Cases per 100,000 Population                        |
| Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate)        | Chronic Condition - Diabetes              | Number Observed / Adult Population Age 18 and older                                          |

Note: Listed alphabetically, not in order of significance

Source: IBM Watson Health, 2018

### Prioritized Significant Health Needs

Using the prioritization approach outlined in the overview section of this report, the following needs from the proceeding list were determined to be significant and then prioritized.

The resulting prioritized health needs for this community were:

| Priority | Need                                                                              | Category of Need           |
|----------|-----------------------------------------------------------------------------------|----------------------------|
| 1        | Individuals Living Below Poverty Level                                            | SDH - Income               |
| 2        | Limited Access to Healthy Foods (Percent of Low Income)                           | Environment - Food         |
| 3        | No Vehicle Available                                                              | Access to Care             |
| 4        | Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health              |
| 5        | Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate)                       | Chronic disease - Diabetes |

### *Description of Health Needs*

A CHNA for the Waco-McLennan County Health Community identified several significant community health needs categorized as issues related to low income, access to care, mental health and chronic illness. Regionalized health needs affect all age levels to some degree; however, it is often the most vulnerable populations that are negatively affected. Community health gaps help to define the resources and access to care within the county or region. Health and social concerns were validated through key informant interviews, focus groups and county data. Access to care, specifically transportation; proportion of the population living below the poverty level; availability of healthy foods; mental health status; and chronic disease management were significant areas of concern and noted in the data results for Waco and McLennan County.

#### Individuals Living Below Poverty Level

The social and physical environments of those living below the poverty level affects a spectrum of factors such as housing, transportation and health outcomes. Poverty is both a cause and a consequence of poor health. Poverty increases the chances of poor health while poor health, in turn, traps communities in poverty. Limited income and poverty often require individuals to make difficult choices on a routine basis; such as choosing to feed one's family over personal health needs. Marginalized groups and vulnerable individuals are often worst affected, deprived of the information, money or access to health services that would help them prevent and treat disease.<sup>2</sup> Moving beyond the limitations of poverty is challenging on nearly every level.

Within the Waco-McLennan County Health Community, 19.9% of the McLennan County population was living below the poverty level; this was 19% higher than Texas state benchmark.<sup>3</sup> Specifically, it is estimated that all ZIP codes in the City of Waco, plus east McLennan County (ZIP code 76664), had median household incomes below \$50,200; twice the 2018 federal poverty level for a family of four.<sup>4</sup> These statistics for the Waco-McLennan County Health Community indicate there is a vulnerable population with potentially greater health and social needs.

#### Limited Access to Healthy Foods (Percent of Low Income)

In the United States, "food deserts", neighborhoods and communities that have limited access to affordable and nutritious foods, tend to be located in urban and rural low-income neighborhoods. People who live in these areas are less likely to have access to supermarkets or grocery stores that provide healthy choices for food. With limited or no access to food retailers or supermarkets that stock fresh produce, low-fat dairy, whole grains, and other healthy foods, these populations may be more likely to suffer from high rates of diabetes, cardiovascular disease, and obesity.<sup>5</sup>

---

<sup>2</sup> Health Poverty Action, **Key Facts Poverty and Poor Health**, 2018

<sup>3</sup> American Community Survey 5-Year Estimates, Individuals below poverty level, 2012-2016

<sup>4</sup> IBM Watson Health / Claritas, 2018

<sup>5</sup> The National Academies of Sciences, Engineering, and Medicine; **Living in a Food Desert: How Lack of Access to Healthy Foods Can Affect Public Health**, 2019

Understanding how many people may be impacted by food deserts is measured by the percentage of the population who are low-income and do not live in close proximity to a grocery store. Living close to a grocery store is defined differently in rural and nonrural areas; in rural areas, it means living less than ten miles from a grocery store; in non-rural areas, less than one mile. "Low income" is defined as having an annual family income of less than or equal to 200% of the federal poverty threshold for the family size.<sup>6</sup>

The Texas state result for residents with limited access to healthy foods, due to the percent of low income, is 8.7%. McLennan County was statistically significant and nearly 2.5 times higher at 20.2%. McLennan County had a population that skewed younger with 39% aged 18-44 years of age and 25% under 18 years old. The 65 and older age group expects to experience the fastest growth rate at 15.8%, over the next five years. The Waco - McLennan County Health Community's current low-income population had 64% of its residents under 44 years of age. However, the County's demographic will be shifting over the next five years and will present complex issues with increasing percentages in the 65 and older, low-income residents, who have limited access to healthy foods.

#### No Vehicle Available

The state of Texas is second in the nation in terms of total square miles coming in behind Alaska.<sup>7</sup> Once outside of the large metropolitan areas in Texas, there are significant challenges in rural areas due to the distance from home to schools, shopping, healthcare, etc. The growing population of those over 65 years of age, across Texas, is intensifying the challenges associated with the lack of a personal transportation vehicle. In rural communities, social services, healthcare and access to food are typically spread out across considerable distances making it difficult for those without personal, reliable transportation.

In McLennan County 7.5% of the population did not have access to a vehicle. This was 41.5% higher than the Texas benchmark.<sup>8</sup> This indicates a potentially vulnerable population who likely face challenges accessing care and other basic needs. The Waco-McLennan County Health Community focus group participants discussed concerns about residents who do not have access to a vehicle, noting it is a hardship to both the residents themselves and to the community providing services.

#### Average Number of Mentally Unhealthy Days Reported in Past 30 days (Age-Adjusted)

Overall health depends on both physical and mental well-being. Measuring the number of days when people report that their mental health was not good (i.e., poor mental health days) represents an important facet of health-related quality of life. A study examining the validity of healthy days as a summary measure for mental health status found that counties with more unhealthy days were likely to have higher unemployment, poverty,

---

<sup>6</sup> **Limited Access to Healthy Foods**; County Health Rankings, 2018

<sup>7</sup> Ahern M, Brown C, Dukas S. A national study of the association between food environments and county-level health outcomes. *The Journal of Rural Health*. 2011;27:367379

<sup>8</sup> U.S. Census Bureau, American Community Survey 1-Year Estimates, 2017

percentage of adults who did not complete high school, mortality rates, and prevalence of disability.<sup>9</sup>

The results of the CHNA for the Waco-McLennan County Health Community indicated a greater relative need and potentially larger vulnerable population given residents reported a higher number of days when they felt mentally unhealthy. McLennan County residents reported an average of 3.8 mentally unhealthy days in the past 30. This was greater than the Texas benchmark by 12.1%.<sup>10</sup> This indicator is one of many measures of a community's mental health status and might be addressed along with housing, low income, access to healthcare, and education.

#### Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate)

Diabetes is an important marker for a range of health behaviors. This can be a valuable source of data for communities to understand the impact of health behaviors and disease management on both their population and their health care system.<sup>11</sup> Diabetes is a serious disease and when not well controlled and monitored, it can be life threatening.

Hospital admissions for uncontrolled diabetes is considered an avoidable event. Diabetes, when properly controlled through health management and outpatient care, should not result in the need for inpatient care. When a community has elevated rates for hospital admissions due to uncontrolled diabetes, it points to challenges in health education, behavior modification, and the outpatient care system.

McLennan County had a risk-adjusted rate of 50.7 adult admissions for uncontrolled diabetes per 100,000 population. This score was 25.5% higher than the Texas benchmark indicating a greater need as it relates to managing diabetes in the Waco-McLennan County Health Community.<sup>12</sup>

#### *Summary*

BSWH conducted its Community Health Needs Assessments beginning June 2018 to identify and begin addressing the health needs of the communities they serve. Using both qualitative community feedback as well as publicly available and proprietary health indicators, BSWH was able to identify and prioritize community health needs for their healthcare system. With the goal of improving the health of the community, implementation plans with specific tactics and time frames will be developed for the health needs BSWH chooses to address for the community served.

---

<sup>9</sup> **Poor Mental Health Days**, County Health Rankings, 2018

<sup>10</sup> The Behavioral Risk Factor Surveillance System (BRFSS); County Health Rankings & Roadmaps, 2018

<sup>11</sup> **Diabetes Prevalence**, County Health Rankings, 2018

<sup>12</sup> Texas Health and Human Services Center for Health Statistics Preventable Hospitalizations, 2016

## Appendix A: Key Health Indicator Sources

| Category            | Public Health Indicator                                                | Source                                                                                                                  |
|---------------------|------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| Access to Care      | Hospital Stays for Ambulatory-Care Sensitive Conditions-Medicare       | 2018 County Health Rankings & Roadmaps; Dartmouth Atlas of Health Care, CMS                                             |
|                     | Percentage of Population under age 65 without Health Insurance         | 2018 County Health Rankings & Roadmaps; Small Area Health Insurance Estimates (SAHIE), United States Census Bureau      |
|                     | Price-Adjusted Medicare Reimbursements per Enrollee<br><b>NEW 2019</b> | 2018 County Health Rankings & Roadmaps; Dartmouth Atlas of Health Care, CMS                                             |
|                     | Ratio of Population to One Dentist                                     | 2018 County Health Rankings & Roadmaps; Area Health Resource File/National Provider Identification file (CMS)           |
|                     | Ratio of Population to One Non-Physician Primary Care Provider         | 2018 County Health Rankings & Roadmaps; CMS, National Provider Identification Registry (NPPES)                          |
|                     | Ratio of Population to One Primary Care Physician                      | 2018 County Health Rankings & Roadmaps; Area Health Resource File/American Medical Association                          |
|                     | Uninsured Children                                                     | 2018 County Health Rankings & Roadmaps; Small Area Health Insurance Estimates (SAHIE), United States Census Bureau      |
| Conditions/Diseases | Adult Obesity (Percent)                                                | 2018 County Health Rankings & Roadmaps; CDC Diabetes Interactive Atlas, The National Diabetes Surveillance System       |
|                     | Arthritis in Medicare Population                                       | CMS.gov Chronic conditions 2007-2015                                                                                    |
|                     | Atrial Fibrillation in Medicare Population                             | CMS.gov Chronic conditions 2007-2015                                                                                    |
|                     | Cancer Incidence - All Causes                                          | 2011-2015 State Cancer Profiles, National Cancer Institute (CDC)                                                        |
|                     | Cancer Incidence - Colon                                               | 2011-2015 State Cancer Profiles, National Cancer Institute (CDC)                                                        |
|                     | Cancer Incidence - Female Breast                                       | 2011-2015 State Cancer Profiles, National Cancer Institute (CDC)                                                        |
|                     | Cancer Incidence - Lung                                                | 2011-2015 State Cancer Profiles, National Cancer Institute (CDC)                                                        |
|                     | Cancer Incidence - Prostate                                            | 2011-2015 State Cancer Profiles, National Cancer Institute (CDC)                                                        |
|                     | Chronic Kidney Disease in Medicare Population                          | CMS.gov Chronic conditions 2007-2015                                                                                    |
|                     | COPD in Medicare Population                                            | CMS.gov Chronic conditions 2007-2015                                                                                    |
|                     | Diabetes Diagnoses in Adults                                           | CMS.gov Chronic conditions 2007-2015                                                                                    |
|                     | Diabetes prevalence                                                    | 2018 County Health Rankings (CDC Diabetes Interactive Atlas)                                                            |
|                     | Frequent physical distress                                             | 2016 Behavioral Risk Factor Surveillance System (BRFSS)                                                                 |
|                     | Heart Failure in Medicare Population                                   | CMS.gov Chronic conditions 2007-2015                                                                                    |
|                     | HIV Prevalence                                                         | 2018 County Health Rankings & Roadmaps; National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention (NCHHSTP) |
|                     | Hyperlipidemia in Medicare Population                                  | CMS.gov Chronic conditions 2007-2015                                                                                    |
|                     | Hypertension in Medicare Population                                    | CMS.gov Chronic conditions 2007-2015                                                                                    |

| Category         | Public Health Indicator                                            | Source                                                                                                                                                     |
|------------------|--------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                  | Ischemic Heart Disease in Medicare Population                      | CMS.gov Chronic conditions 2007-2015                                                                                                                       |
|                  | Osteoporosis in Medicare Population                                | CMS.gov Chronic conditions 2007-2015                                                                                                                       |
|                  | Stroke in Medicare Population                                      | CMS.gov Chronic conditions 2007-2015                                                                                                                       |
| Environment      | Air Pollution - Particulate Matter daily density                   | 2018 County Health Rankings & Roadmaps; Environmental Public Health Tracking Network (CDC)                                                                 |
|                  | Drinking Water Violations (Percent of Population Exposed)          | 2018 County Health Rankings & Roadmaps; Safe Drinking Water Information System (SDWIS), United States Environmental Protection Agency (EPA)                |
|                  | Driving Alone to Work                                              | 2018 County Health Rankings & Roadmaps; American Community Survey, 5-Year Estimates, United States Census Bureau                                           |
|                  | Elderly isolation. 65+ Householder living alone <b>NEW 2019</b>    | U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates                                                                                   |
|                  | Food Environment Index                                             | 2018 County Health Rankings & Roadmaps; USDA Food Environment Atlas, Map the Meal Gap from Feeding America, United States Department of Agriculture (USDA) |
|                  | Food Insecure                                                      | 2018 County Health Rankings & Roadmaps; Map the Meal Gap, Feeding America                                                                                  |
|                  | Limited Access to Healthy Foods (Percent of Low Income)            | 2018 County Health Rankings & Roadmaps; USDA Food Environment Atlas, United States Department of Agriculture (USDA)                                        |
|                  | Long Commute Alone                                                 | 2018 County Health Rankings & Roadmaps; American Community Survey, 5-Year Estimates, United States Census Bureau                                           |
|                  | No vehicle available <b>NEW 2019</b>                               | U.S. Census Bureau, 2017 American Community Survey 1-Year Estimates                                                                                        |
|                  | Population with Adequate Access to Locations for Physical Activity | 2018 County Health Rankings & Roadmaps; Business Analyst, Delorme map data, ESRI, & US Census Tigerline Files (ArcGIS)                                     |
|                  | Renter-occupied housing <b>NEW 2019</b>                            | U.S. Census Bureau, 2017 American Community Survey 1-Year Estimates                                                                                        |
|                  | Residential segregation - black/white <b>NEW 2019</b>              | 2018 County Health Rankings (American Community Survey, 5-year estimates)                                                                                  |
|                  | Residential segregation - non-white/white <b>NEW 2019</b>          | 2018 County Health Rankings (American Community Survey, 5-year estimates)                                                                                  |
|                  | Severe Housing Problems                                            | 2018 County Health Rankings & Roadmaps; Comprehensive Housing Affordability Strategy (CHAS) data, U.S. Department of Housing and Urban Development (HUD)   |
| Health Behaviors | Adult Smoking                                                      | 2018 County Health Rankings & Roadmaps; The Behavioral Risk Factor Surveillance System (BRFSS)                                                             |
|                  | Adults Engaging in Binge Drinking During the Past 30 Days          | 2018 County Health Rankings & Roadmaps; The Behavioral Risk Factor Surveillance System (BRFSS)                                                             |
|                  | Disconnected youth <b>NEW 2019</b>                                 | 2018 County Health Rankings (Measure of America)                                                                                                           |
|                  | Drug Poisoning Deaths Rate                                         | 2018 County Health Rankings & Roadmaps, CDC WONDER Mortality Data                                                                                          |
|                  | Insufficient sleep <b>NEW 2019</b>                                 | 2016 Behavioral Risk Factor Surveillance System (BRFSS)                                                                                                    |
|                  | Motor Vehicle Driving Deaths with Alcohol Involvement              | 2018 County Health Rankings & Roadmaps; Fatality Analysis Reporting System (FARS)                                                                          |
|                  | Physical Inactivity                                                | 2018 County Health Rankings & Roadmaps; CDC Diabetes Interactive Atlas, The National Diabetes Surveillance System                                          |
|                  | Sexually Transmitted Infection Incidence                           | 2018 County Health Rankings & Roadmaps; National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention (NCHHSTP)                                    |
|                  | Teen Birth Rate per 1,000 Female Population, Ages 15-19            | 2018 County Health Rankings & Roadmaps; National Center for Health Statistics - Natality files, National Vital Statistics System (NVSS)                    |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| Category                                 | Public Health Indicator                                                             | Source                                                                                                                                       |
|------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Health Status</b>                     | Adults Reporting Fair or Poor Health                                                | 2018 County Health Rankings & Roadmaps; The Behavioral Risk Factor Surveillance System (BRFSS)                                               |
|                                          | Average Number of Physically Unhealthy Days Reported in Past 30 days (Age-Adjusted) | 2018 County Health Rankings & Roadmaps; The Behavioral Risk Factor Surveillance System (BRFSS)                                               |
| <b>Injury &amp; Death</b>                | Cancer Mortality Rate                                                               | 2013 Texas Health Data, Center for Health Statistics, Texas Department of State Health Services                                              |
|                                          | Child Mortality Rate                                                                | 2018 County Health Rankings & Roadmaps, CDC WONDER Mortality Data                                                                            |
|                                          | Chronic Lower Respiratory Disease (CLRD) Mortality Rate                             | 2013 Texas Health Data, Center for Health Statistics, Texas Department of State Health Services                                              |
|                                          | Death rate due to firearms <b>NEW 2019</b>                                          | 2018 County Health Rankings (CDC WONDER Environmental Data)                                                                                  |
|                                          | Heart Disease Mortality Rate                                                        | 2013 Texas Health Data, Center for Health Statistics, Texas Department of State Health Services                                              |
|                                          | Infant Mortality Rate                                                               | 2018 County Health Rankings & Roadmaps, CDC WONDER Mortality Data                                                                            |
|                                          | Motor Vehicle Crash Mortality Rate                                                  | 2018 County Health Rankings & Roadmaps, CDC WONDER Mortality Data                                                                            |
|                                          | Number of deaths due to injury <b>NEW 2019</b>                                      | 2018 County Health Rankings & Roadmaps, CDC WONDER Mortality Data                                                                            |
|                                          | Premature Death (Potential Years Lost)                                              | 2018 County Health Rankings & Roadmaps; National Center for Health Statistics - Mortality Files, National Vital Statistics System (NVSS)     |
|                                          | Stroke Mortality Rate                                                               | 2013 Texas Health Data, Center for Health Statistics, Texas Department of State Health Services                                              |
| <b>Maternal &amp; Child Health</b>       | First Trimester Entry into Prenatal Care                                            | 2016 Texas Health and Human Services - Vital statistics annual report                                                                        |
|                                          | Low Birth Weight Percent                                                            | 2018 County Health Rankings & Roadmaps; National Center for Health Statistics - Natality files, National Vital Statistics System (NVSS)      |
|                                          | Low Birth Weight Rate                                                               | 2016 Texas Health and Human Services - Vital statistics annual report - Preventable Hospitalizations                                         |
|                                          | Preterm Births <37 Weeks Gestation                                                  | 2015 Kids Discount Data Center                                                                                                               |
|                                          | Very Low Birth Weight (VLBW)                                                        | Centers for Disease Control and Prevention WONDER                                                                                            |
| <b>Mental Health Conditions/Diseases</b> | Accidental poisoning deaths where opioids were involved <b>NEW 2019</b>             | U.S. Census Bureau, Population Division and 2015 Texas Health and Human Services Center for Health Statistics Opioid related deaths in Texas |
|                                          | Alzheimer's Disease/Dementia in Medicare Population                                 | CMS.gov Chronic conditions 2007-2015                                                                                                         |
|                                          | Average Number of Mentally Unhealthy Days Reported in Past 30 days (Age-Adjusted)   | 2018 County Health Rankings & Roadmaps; The Behavioral Risk Factor Surveillance System (BRFSS)                                               |
|                                          | Depression in Medicare Population                                                   | CMS.gov Chronic conditions 2007-2015                                                                                                         |
|                                          | Frequent mental distress                                                            | 2016 Behavioral Risk Factor Surveillance System (BRFSS)                                                                                      |
|                                          | Intentional Self-Harm; Suicide <b>NEW 2019</b>                                      | 2015 Texas Health Data Center for Health Statistics                                                                                          |
|                                          | Ratio of Population to one Mental Health Provider                                   | 2018 County Health Rankings & Roadmaps; CMS, National Provider Identification Registry (NPPES)                                               |
|                                          | Schizophrenia and Other Psychotic Disorders in Medicare Population                  | CMS.gov Chronic conditions 2007-2015                                                                                                         |
| <b>Population</b>                        | Children Eligible for Free Lunch Enrolled in Public Schools                         | 2018 County Health Rankings & Roadmaps, The National Center for Education Statistics (NCES)                                                  |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| Category                     | Public Health Indicator                                                                       | Source                                                                                                                                                    |
|------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
|                              | Children in Poverty                                                                           | 2018 County Health Rankings & Roadmaps; Small Area Health Insurance Estimates (SAHIE), United States Census Bureau                                        |
|                              | Children in Single-Parent Households                                                          | 2018 County Health Rankings & Roadmaps; American Community Survey (ACS), 5 Year Estimates (United States Census Bureau)                                   |
|                              | Civilian veteran population 18+ <b>NEW 2019</b>                                               | U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates                                                                                  |
|                              | Disabled population, civilian noninstitutionalized                                            | U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates                                                                                  |
|                              | High School Dropout                                                                           | 2016 Texas Education Agency                                                                                                                               |
|                              | High School Graduation                                                                        | 2017 Texas Education Agency                                                                                                                               |
|                              | Homicides                                                                                     | 2018 County Health Rankings & Roadmaps, CDC WONDER Mortality Data                                                                                         |
|                              | Household income, median <b>NEW 2019</b>                                                      | 2018 County Health Rankings (2016 Small Area Income and Poverty Estimates)                                                                                |
|                              | Income Inequality                                                                             | 2018 County Health Rankings & Roadmaps; American Community Survey (ACS), 5 Year Estimates (United States Census Bureau)                                   |
|                              | Individuals Living Below Poverty Level                                                        | 2012-2016 US Census Bureau - American FactFinder                                                                                                          |
|                              | Individuals Who Report Being Disabled                                                         | 2012-2016 US Census Bureau - American FactFinder                                                                                                          |
|                              | Non-English-speaking households <b>NEW 2019</b>                                               | U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates                                                                                  |
|                              | Social/Membership Associations                                                                | 2018 County Health Rankings & Roadmaps; 2015 County Business Patterns, United States Census Bureau                                                        |
|                              | Some College                                                                                  | 2018 County Health Rankings & Roadmaps; American Community Survey (ACS), 5 Year Estimates (United States Census Bureau)                                   |
|                              | Unemployment                                                                                  | 2018 County Health Rankings & Roadmaps; Local Area Unemployment Statistics (LAUS), Bureau of Labor Statistics                                             |
|                              | Violent Crime Offenses                                                                        | 2018 County Health Rankings & Roadmaps; Uniform Crime Reporting (UCR) Program, United States Department of Justice, Federal Bureau of Investigation (FBI) |
| Preventable Hospitalizations | Asthma Admission: Pediatric (Risk-Adjusted-Rate)                                              | 2016 Texas Health and Human Services Center for Health Statistics Preventable Hospitalizations                                                            |
|                              | Diabetes Lower-Extremity Amputation Admission: Adult (Risk-Adjusted-Rate)                     | 2016 Texas Health and Human Services Center for Health Statistics Preventable Hospitalizations                                                            |
|                              | Diabetes Short-term Complications Admission: Pediatric (Risk-Adjusted-Rate)                   | 2016 Texas Health and Human Services Center for Health Statistics Preventable Hospitalizations                                                            |
|                              | Gastroenteritis Admission: Pediatric (Risk-Adjusted-Rate)                                     | 2016 Texas Health and Human Services Center for Health Statistics Preventable Hospitalizations                                                            |
|                              | Perforated Appendix Admission: Adult (Risk-Adjusted-Rate per 100 Admissions for Appendicitis) | 2016 Texas Health and Human Services Center for Health Statistics Preventable Hospitalizations                                                            |
|                              | Perforated Appendix Admission: Pediatric (Risk-Adjusted-Rate for Appendicitis)                | 2016 Texas Health and Human Services Center for Health Statistics Preventable Hospitalizations                                                            |
|                              | Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate)                                   | 2016 Texas Health and Human Services Center for Health Statistics Preventable Hospitalizations                                                            |
|                              | Urinary Tract Infection Admission: Pediatric (Risk-Adjusted-Rate)                             | 2016 Texas Health and Human Services Center for Health Statistics Preventable Hospitalizations                                                            |
| Prevention                   | Diabetic Monitoring in Medicare Enrollees                                                     | 2018 County Health Rankings & Roadmaps; Dartmouth Atlas of Health Care, CMS                                                                               |

| Category | Public Health Indicator                     | Source                                                                      |
|----------|---------------------------------------------|-----------------------------------------------------------------------------|
|          | Mammography Screening in Medicare Enrollees | 2018 County Health Rankings & Roadmaps; Dartmouth Atlas of Health Care, CMS |

## **Appendix B: Community Resources Identified to Potentially Address Significant Health Needs**

Below is a list of resources available in the community with the ability to address the significant health needs identified in the assessment. For a continually updated list of the resources available to address these needs as well as other social determinants of health, please visit our website ([BSWHealth.com/CommunityNeeds](http://BSWHealth.com/CommunityNeeds) ).

### *Resources Identified*

| COMMUNITY HEALTH NEED | CATEGORY       | SERVICE                                                    | FACILITY NAME                                                         | ADDRESS                      | CITY | PHONE NUMBER |
|-----------------------|----------------|------------------------------------------------------------|-----------------------------------------------------------------------|------------------------------|------|--------------|
| No Vehicle Available  | Access to Care | Community Transportation Programs                          | Waco Transit (Demand Response, Rural Transit)                         | 301 South 8th Street         | Waco | 254-750-1620 |
| No Vehicle Available  | Access to Care | Community Transportation Programs for Medical Appointments | Heart of Texas Rural Transit District                                 | 1514 South New Road          | Waco | 254-292-1800 |
| No Vehicle Available  | Access to Care | Food Delivery                                              | Meals on Wheels Waco                                                  | 501 West Waco Drive          | Waco | 254-750-1620 |
| No Vehicle Available  | Access to Care | Public Transportation                                      | Heart of Texas Rural Transit District                                 | 1514 South New Road          | Waco | 254-292-1800 |
| No Vehicle Available  | Access to Care | Public Transportation                                      | Waco Transit (Demand Response, Rural Transit)                         | 301 South 8th Street         | Waco | 254-750-1620 |
| No Vehicle Available  | Access to Care | Social Services                                            | Child Protective Services Texas Dept. of Family & Protective Services | 801 Austin Avenue            | Waco | 800-252-5400 |
| No Vehicle Available  | Access to Care | Social Services                                            | MedMark Treatment Center                                              | 2210 Washington Avenue       | Waco | 254-755-6411 |
| No Vehicle Available  | Access to Care | Social Services                                            | Methodist Children's Home Family Outreach                             | 1111 Herring Avenue          | Waco | 254-750-1278 |
| No Vehicle Available  | Access to Care | Social Services                                            | Methodist Children's Home Residential Program                         | 1111 Herring Avenue          | Waco | 800-964-9226 |
| No Vehicle Available  | Access to Care | Social Services                                            | MHMR - Veterans One Stop                                              | 2010 LaSalle Avenue, Suite A | Waco | 254-297-7171 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                       | CATEGORY                   | SERVICE                          | FACILITY NAME                                       | ADDRESS                          | CITY | PHONE NUMBER |
|-------------------------------------------------------------|----------------------------|----------------------------------|-----------------------------------------------------|----------------------------------|------|--------------|
| No Vehicle Available                                        | Access to Care             | Social Services                  | MHMR - Waco (Heart of Texas Region MHMR Center)     | 110 South 12th Street            | Waco | 254-752-3451 |
| No Vehicle Available                                        | Access to Care             | Social Services                  | Salvation Army/Red Shield Men's Lodge               | 300 Webster Avenue               | Waco | 254-296-9866 |
| No Vehicle Available                                        | Access to Care             | Social Services                  | Salvation Army/Sally's House                        | 4721 West Waco Drive             | Waco | 254-757-1641 |
| No Vehicle Available                                        | Access to Care             | Social Services                  | Texas Home Health                                   | 8300 Central Park Drive, Suite A | Waco | 254-755-6111 |
| No Vehicle Available                                        | Access to Care             | Social Services                  | The Advocacy Center for Crime Victims and Children  | 3312 Hillcrest Drive             | Waco | 888-867-7233 |
| No Vehicle Available                                        | Access to Care             | Subsidized Public Transportation | Heart of Texas Rural Transit District               | 1514 South New Road              | Waco | 254-292-1800 |
| Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Blood Sugar Monitors             | Med-Equip                                           | 6931 Woodway Drive               | Waco | 254-772-6970 |
| Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Blood Sugar Monitors             | Providence Medical Equipment                        | 6811 Woodway Drive               | Waco | 254-242-0440 |
| Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management               | Family Health Center                                | 1600 Providence                  | Waco | 254-313-4200 |
| Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management               | Family Health Center - Austin Avenue Clinic         | 1105 12th Street                 | Waco | 254-313-6350 |
| Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management               | Family Health Center - Bellmead Community Clinic    | 3400 Bellmead Drive              | Waco | 254-313-5400 |
| Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management               | Family Health Center - Bell's Hill Community Clinic | 911 South 20th Street            | Waco | 254-313-5700 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                          | CATEGORY                   | SERVICE            | FACILITY NAME                                                | ADDRESS                          | CITY     | PHONE NUMBER |
|----------------------------------------------------------------|----------------------------|--------------------|--------------------------------------------------------------|----------------------------------|----------|--------------|
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management | Family Health Center - Community Clinic at MCC               | 4601 North 19th Street           | Waco     | 254-313-5800 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management | Family Health Center - Elm Avenue Community Clinic           | 609 Elm Avenue                   | Waco     | 254-313-6900 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management | Family Health Center - McGregor Community Clinic             | 500 South Johnson Drive          | McGregor | 254-313-5200 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management | Family Health Center - Meyer Center Community Clinic         | 1226 Washington Avenue           | Waco     | 254-313-6300 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management | Family Health Center - MLK Jr. Community Clinic              | 1911 N. MLK Jr. Blvd.            | Waco     | 254-313-6350 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management | HOT Area Agency on Aging                                     | 300 Franklin                     | Waco     | 254-292-1855 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management | Providence Diabetes Health Management Center                 | 405 Londonderry Drive, Suite 310 | Waco     | 254-751-4257 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Management | West Waco Community Clinic                                   | 600 West State Highway 6         | Waco     | 254-313-6700 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Screenings | McLennan County Health Services TB Clinic                    | 225 West Waco Drive #206         | Waco     | 254-750-5496 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Screenings | McLennan County Health Services/Indigent Health Care Program | 204 North 7th Street             | Waco     | 254-757-5174 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Disease Screenings | Providence Breast Health Center                              | 6600 Fish Pond Road, Suite 104   | Waco     | 254-235-3535 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                          | CATEGORY                   | SERVICE                   | FACILITY NAME                                               | ADDRESS                        | CITY     | PHONE NUMBER |
|----------------------------------------------------------------|----------------------------|---------------------------|-------------------------------------------------------------|--------------------------------|----------|--------------|
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Durable Medical Equipment | Aero Care Home Medical Equipment                            | 7003 Woodway Drive, Suite 314  | Waco     | 254-753-0700 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Durable Medical Equipment | Kendrick Lane Baptist Church Health Equipment Loan Ministry | 2015 Kendrick Lane             | Waco     | 254-756-2398 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Durable Medical Equipment | Med-Equip                                                   | 6931 Woodway Drive             | Waco     | 254-772-6970 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Durable Medical Equipment | Providence Medical Equipment                                | 6811 Woodway Drive             | Waco     | 254-242-0440 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Health Education          | Boys and Girls Club of Waco                                 | 2700 North 21st Street         | Waco     | 254-752-6443 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Health Education          | Boys and Girls Club of Waco                                 | 2020 Richter Avenue            | Waco     | 254-754-2451 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Health Education          | Susan G. Komen for the Cure                                 | 3000 Herring Avenue, 4th Floor | Waco     | 254-753-3037 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Home Health Services      | Comfort Keepers                                             | 6501 Sanger Avenue, #100       | Waco     | 254-523-0186 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Nutrition Education       | 18th Street Community Clinic                                | 1800 Gurley Lane               | Waco     | 254-709-9935 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Nutrition Education       | Mart Clinic                                                 | 215 North Elm Street           | Mart     | 254-876-2173 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-Rate) | Chronic disease - Diabetes | Nutrition Education       | McGregor Clinic                                             | 219 South Madison Street       | McGregor | 254-840-4433 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                              | CATEGORY                      | SERVICE                     | FACILITY NAME                                                     | ADDRESS                           | CITY     | PHONE NUMBER |
|--------------------------------------------------------------------|-------------------------------|-----------------------------|-------------------------------------------------------------------|-----------------------------------|----------|--------------|
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-<br>Rate) | Chronic disease -<br>Diabetes | Nutrition Education         | Nurse-Family Partnership<br>(Baylor Scott &White -<br>Hillcrest)  | 2911 Herring<br>Avenue, Suite 308 | Waco     | 254-202-1130 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-<br>Rate) | Chronic disease -<br>Diabetes | Nutrition Education         | Washington Street Clinic                                          | 1105 Washington<br>Street         | Waco     | 254-750-8623 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-<br>Rate) | Chronic disease -<br>Diabetes | Nutrition Education         | WIC Waco Drive Clinic                                             | 225 West Waco<br>Drive            | Waco     | 254-750-5474 |
| Uncontrolled Diabetes<br>Admission: Adult (Risk-Adjusted-<br>Rate) | Chronic disease -<br>Diabetes | Wound Care                  | Community Cancer<br>Association (CCA)                             | 2911 Herring<br>Avenue, Suite 212 | Waco     | 254-202-8082 |
| Limited Access to Healthy Foods<br>(Percent of Low Income)         | Environment -<br>Food         | Child Life Services         | Communities in Schools<br>(Heart of Texas)                        | 1001 Washington<br>Avenue         | Waco     | 254-753-6002 |
| Limited Access to Healthy Foods<br>(Percent of Low Income)         | Environment -<br>Food         | Child Nutrition<br>Programs | 18th Street Community<br>Clinic                                   | 1800 Gurley Lane                  | Waco     | 254-709-9935 |
| Limited Access to Healthy Foods<br>(Percent of Low Income)         | Environment -<br>Food         | Child Nutrition<br>Programs | Boys and Girls Club of<br>Waco                                    | 2020 Richter<br>Avenue            | Waco     | 254-754-2451 |
| Limited Access to Healthy Foods<br>(Percent of Low Income)         | Environment -<br>Food         | Child Nutrition<br>Programs | Boys and Girls Club of<br>Waco                                    | 2700 North 21st<br>Street         | Waco     | 254-752-6443 |
| Limited Access to Healthy Foods<br>(Percent of Low Income)         | Environment -<br>Food         | Child Nutrition<br>Programs | Mart Clinic                                                       | 215 North Elm<br>Street           | Mart     | 254-876-2173 |
| Limited Access to Healthy Foods<br>(Percent of Low Income)         | Environment -<br>Food         | Child Nutrition<br>Programs | McGregor Clinic                                                   | 219 South Madison<br>Street       | McGregor | 254-840-4433 |
| Limited Access to Healthy Foods<br>(Percent of Low Income)         | Environment -<br>Food         | Child Nutrition<br>Programs | Washington Street Clinic                                          | 1105 Washington<br>Street         | Waco     | 254-750-8623 |
| Limited Access to Healthy Foods<br>(Percent of Low Income)         | Environment -<br>Food         | Child Nutrition<br>Programs | WIC Waco Drive Clinic                                             | 225 West Waco<br>Drive            | Waco     | 254-750-5474 |
| Limited Access to Healthy Foods<br>(Percent of Low Income)         | Environment -<br>Food         | Child Welfare               | Child Protective Services<br>Texas Dept. of Family &<br>Protectiv | 801 Austin Avenue                 | Waco     | 800-252-5400 |
| Limited Access to Healthy Foods<br>(Percent of Low Income)         | Environment -<br>Food         | Child Welfare               | Communities in Schools<br>(Heart of Texas)                        | 1001 Washington<br>Avenue         | Waco     | 254-753-6002 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                      | CATEGORY           | SERVICE                           | FACILITY NAME                                 | ADDRESS                            | CITY     | PHONE NUMBER |
|------------------------------------------------------------|--------------------|-----------------------------------|-----------------------------------------------|------------------------------------|----------|--------------|
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Community Transportation Programs | Waco Transit (Demand Response, Rural Transit) | 301 South 8th Street               | Waco     | 254-750-1620 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Delivery                     | Meals on Wheels Waco                          | 501 West Waco Drive                | Waco     | 254-750-1620 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Acts Christian Fellowship                     | 300 South 13th Street              | Waco     | 254-759-1800 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Antioch Community Church Food Pantry          | 2001 Fort Avenue                   | Waco     | 254-754-0386 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Caritas of Waco                               | 300 South 15th Street              | Waco     | 254-753-4593 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Carver Park Baptist Church Pantry             | 1020 East Herring Avenue           | Waco     | 254-799-2766 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Church of the Open Door Food Basket           | 900 North Loop 340                 | Waco     | 254-799-2656 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Columbus Avenue Baptist Church                | 1300 Columbus Avenue               | Waco     | 254-537-9096 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Crestview Church of Christ                    | 7129 New Delhi Road                | Waco     | 254-776-0711 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Faith Walk Church Yolanda's Pantry            | 700 South Robinson Road Highway 77 | Robinson |              |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | First Baptist Church of Gholson               | 228 Wildcat Circle                 | Gholson  | 254-829-2903 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | First United Methodist Church of Hewitt       | 600 1st Street                     | Hewitt   | 254-666-2500 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Hands of Mercy                                | 3301 Clay Avenue                   | Waco     | 254-752-2293 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Living Word COGIC Food Pantry                 | 1001 Dunbar Street                 | Waco     | 254-799-3796 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | McGregor Alliance Food Pantry                 | 416 W. 2nd                         | McGregor |              |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Food Pantry                       | Moonlight Drive Fellowship Pantry             | 828 Moonlight Drive                | Robinson | 254-662-0292 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                   | CATEGORY           | SERVICE     | FACILITY NAME                                  | ADDRESS                                                      | CITY     | PHONE NUMBER |
|---------------------------------------------------------|--------------------|-------------|------------------------------------------------|--------------------------------------------------------------|----------|--------------|
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Salvation Army/Pathway of Hope Social Services | 4721 West Waco Drive                                         | Waco     | 254-756-7271 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Second Missionary Baptist Church               | 2001 Dallas Street                                           | Waco     | 254-799-6300 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Shepherd's Heart Food Pantry                   | 1401 North 34th Street                                       | Waco     | 254-722-9517 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Shepherd's Heart Mobile Food Pantry            | Texas State Technical College - On Craven Avenue             | Waco     | 254-722-9517 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Shepherd's Heart Mobile Food Pantry            | 3300 Franklin Avenue                                         | Waco     | 254-722-9517 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Shepherd's Heart of Elm Mott                   | 4701 Old Dallas Road                                         | Elm Mott | 254-227-0251 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Shepherd's Heart of Lorena                     | 307 East Center Street                                       | Lorena   | 571-336-6385 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Shepherd's Heart of Robinson                   | 106 West Lyndale                                             | Robinson | 254-722-9517 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | St. Francis Church on the Brazos Food Pantry   | 315 Jefferson Avenue                                         | Waco     | 254-752-1393 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | The Food Ministry at First Woodway             | 101 Ritchie Road                                             | Waco     | 254-772-9696 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Wheels of Sharing Mobile Pantry                | 123 East Texas Avenue                                        | Mart     | 254-753-3545 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Wheels of Sharing Mobile Pantry                | TSTC Campus - Industrial Center Corner Crest Drive & Airline | Waco     | 254-753-3545 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Wheels of Sharing Mobile Pantry                | Doris Miller VA Medical Center - South New Road Memorial Dr. | Waco     | 254-753-3545 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Food Pantry | Wheels of Sharing Mobile Pantry                | 3300 Franklin Avenue                                         | Waco     | 254-753-3545 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                   | CATEGORY           | SERVICE                                | FACILITY NAME                                               | ADDRESS                        | CITY     | PHONE NUMBER |
|---------------------------------------------------------|--------------------|----------------------------------------|-------------------------------------------------------------|--------------------------------|----------|--------------|
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | 18th Street Community Clinic                                | 1800 Gurley Lane               | Waco     | 254-709-9935 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | Mart Clinic                                                 | 215 North Elm Street           | Mart     | 254-876-2173 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | Shepherd's Heart Food Pantry                                | 1401 North 34th Street         | Waco     | 254-722-9517 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | Social Security Office                                      | 1700 Lake Air Drive, Suite A   | Waco     | 800-772-1213 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | Texas Department of Health and Human Services               | 612 Austin Avenue              | Waco     | 254-752-4839 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | Title V Program at Family Health Clinics                    | 120 Hillcrest Blvd. #300       | Waco     | 254-313-4606 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | Title V Program at Family Health Clinics                    | 1800 Gurley Lane               | Waco     | 254-313-4606 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | Title V Program at Family Health Clinics                    | 3400 Bellmead Drive            | Waco     | 254-313-4606 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | Title V Program at Family Health Clinics                    | 1600 Providence                | Waco     | 254-313-4606 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | Washington Street Clinic                                    | 1105 Washington Street         | Waco     | 254-750-8623 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Help Understanding Government Programs | WIC Waco Drive Clinic                                       | 225 West Waco Drive            | Waco     | 254-750-5474 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Nutrition Education                    | 18th Street Community Clinic                                | 1800 Gurley Lane               | Waco     | 254-709-9935 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Nutrition Education                    | Mart Clinic                                                 | 215 North Elm Street           | Mart     | 254-876-2173 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Nutrition Education                    | McGregor Clinic                                             | 219 South Madison Street       | McGregor | 254-840-4433 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Nutrition Education                    | Nurse-Family Partnership (Baylor Scott & White - Hillcrest) | 2911 Herring Avenue, Suite 308 | Waco     | 254-202-1130 |
| Limited Access to Healthy Foods (Percent of Low Income) | Environment - Food | Nutrition Education                    | Washington Street Clinic                                    | 1105 Washington Street         | Waco     | 254-750-8623 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                      | CATEGORY           | SERVICE                         | FACILITY NAME                                                               | ADDRESS                          | CITY     | PHONE NUMBER |
|------------------------------------------------------------|--------------------|---------------------------------|-----------------------------------------------------------------------------|----------------------------------|----------|--------------|
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Nutrition Education             | WIC Waco Drive Clinic                                                       | 225 West Waco Drive              | Waco     | 254-750-5474 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Social Services                 | Child Protective Services<br>Texas Dept. of Family &<br>Protective Services | 801 Austin Avenue                | Waco     | 800-252-5400 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Social Services                 | MedMark Treatment Center                                                    | 2210 Washington Avenue           | Waco     | 254-755-6411 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Social Services                 | Methodist Children's Home<br>Family Outreach                                | 1111 Herring Avenue              | Waco     | 254-750-1278 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Social Services                 | Methodist Children's Home<br>Residential Program                            | 1111 Herring Avenue              | Waco     | 800-964-9226 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Social Services                 | MHMR - Veterans One Stop                                                    | 2010 LaSalle Avenue, Suite A     | Waco     | 254-297-7171 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Social Services                 | MHMR - Waco (Heart of<br>Texas Region MHMR Center)                          | 110 South 12th Street            | Waco     | 254-752-3451 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Social Services                 | Salvation Army/Red Shield<br>Men's Lodge                                    | 300 Webster Avenue               | Waco     | 254-296-9866 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Social Services                 | Salvation Army/Sally's<br>House                                             | 4721 West Waco Drive             | Waco     | 254-757-1641 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Social Services                 | Texas Home Health                                                           | 8300 Central Park Drive, Suite A | Waco     | 254-755-6111 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Social Services                 | The Advocacy Center for<br>Crime Victims and Children                       | 3312 Hillcrest Drive             | Waco     | 888-867-7233 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Supplemental Nutrition Programs | 18th Street Community Clinic                                                | 1800 Gurley Lane                 | Waco     | 254-709-9935 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Supplemental Nutrition Programs | Community Cancer Association (CCA)                                          | 2911 Herring Avenue, Suite 212   | Waco     | 254-202-8082 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Supplemental Nutrition Programs | Mart Clinic                                                                 | 215 North Elm Street             | Mart     | 254-876-2173 |
| Limited Access to Healthy Foods<br>(Percent of Low Income) | Environment - Food | Supplemental Nutrition Programs | McGregor Clinic                                                             | 219 South Madison Street         | McGregor | 254-840-4433 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                                             | CATEGORY           | SERVICE                         | FACILITY NAME                                              | ADDRESS                                                   | CITY | PHONE NUMBER |
|-----------------------------------------------------------------------------------|--------------------|---------------------------------|------------------------------------------------------------|-----------------------------------------------------------|------|--------------|
| Limited Access to Healthy Foods (Percent of Low Income)                           | Environment - Food | Supplemental Nutrition Programs | Washington Street Clinic                                   | 1105 Washington Street                                    | Waco | 254-750-8623 |
| Limited Access to Healthy Foods (Percent of Low Income)                           | Environment - Food | Supplemental Nutrition Programs | WIC Waco Drive Clinic                                      | 225 West Waco Drive                                       | Waco | 254-750-5474 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health      | Crisis Services                 | McLennan Community College Counseling Services             | 1400 College Drive                                        | Waco | 254-299-8210 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health      | Crisis Services                 | Starry Counseling Waco                                     | 3001 West Waco Drive, Suite B                             | Waco | 254-399-6552 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health      | Crisis Services                 | The Advocacy Center for Crime Victims and Children         | 3312 Hillcrest Drive                                      | Waco | 888-867-7233 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health      | Family Counseling               | Baylor University Counseling Center                        | McLane Student Life Center, 2nd Floor, 209 Speight Avenue | Waco | 254-710-2467 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health      | Family Counseling               | Doris Miller Department of Veterans Affairs Medical Center | 4800 Memorial Drive                                       | Waco | 800-423-2111 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health      | Family Counseling               | Family Abuse Center                                        | Undisclosed                                               | Waco | 800-283-8401 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health      | Family Counseling               | Starry Counseling Waco                                     | 3001 West Waco Drive, Suite B                             | Waco | 254-399-6552 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health      | General Psychiatry              | Dr. Tony Payson                                            | 2410 Wycon Drive, Suite 102                               | Waco | 254-772-6770 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health      | General Psychiatry              | MHMR - Veterans One Stop                                   | 2010 LaSalle Avenue, Suite A                              | Waco | 254-297-7171 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                                             | CATEGORY      | SERVICE                  | FACILITY NAME                                      | ADDRESS                       | CITY | PHONE NUMBER |
|-----------------------------------------------------------------------------------|---------------|--------------------------|----------------------------------------------------|-------------------------------|------|--------------|
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | General Psychiatry       | MHMR - Waco (Heart of Texas Region MHMR Center)    | 110 South 12th Street         | Waco | 254-752-3451 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | General Psychiatry       | Providence DePaul Center                           | 301 Londonderry Drive         | Waco | 254-776-5970 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Help Hotlines            | Klara's Center for Families (Waco MHMR) Hotline    | 1105 West Jefferson Avenue    | Waco | 866-752-3451 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Help Hotlines            | Starry Counseling Waco                             | 3001 West Waco Drive, Suite B | Waco | 254-399-6552 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Help Hotlines            | The Advocacy Center for Crime Victims and Children | 3312 Hillcrest Drive          | Waco | 888-867-7233 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Education  | Clifton Street Clinic (Waco MHMR)                  | 1200 Clifton Street           | Waco | 866-752-3451 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Education  | Crisis Treatment Center (Waco MHMR)                | 301 Londonderry Drive         | Waco | 254-867-6550 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Education  | HOT (Heart of Texas) Counseling Center             | 2800 Lyle Avenue              | Waco | 254-297-7100 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Evaluation | Advanced Pain Care                                 | 7005 Woodway Drive #101       | Waco | 254-741-6641 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Evaluation | Clifton Street Clinic (Waco MHMR)                  | 1200 Clifton Street           | Waco | 866-752-3451 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Evaluation | Crisis Treatment Center (Waco MHMR)                | 301 Londonderry Drive         | Waco | 254-867-6550 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                                             | CATEGORY      | SERVICE                            | FACILITY NAME                                   | ADDRESS                      | CITY | PHONE NUMBER |
|-----------------------------------------------------------------------------------|---------------|------------------------------------|-------------------------------------------------|------------------------------|------|--------------|
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Evaluation           | HOT (Heart of Texas) Counseling Center          | 2800 Lyle Avenue             | Waco | 254-297-7100 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Evaluation           | Klara's Center for Families (Waco MHMR)         | 1105 West Jefferson Avenue   | Waco | 254-752-7889 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Evaluation           | Lake Shore Center for Behavioral Health         | 4555 Lake Shore Drive        | Waco | 254-776-0400 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Evaluation           | MHMR - Veterans One Stop                        | 2010 LaSalle Avenue, Suite A | Waco | 254-297-7171 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Hospital Treatment   | Dr. Tony Payson                                 | 2410 Wycon Drive, Suite 102  | Waco | 254-772-6770 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Outpatient Treatment | Clifton Street Clinic (Waco MHMR)               | 1200 Clifton Street          | Waco | 866-752-3451 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Outpatient Treatment | Crisis Treatment Center (Waco MHMR)             | 301 Londonderry Drive        | Waco | 254-867-6550 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Outpatient Treatment | HOT (Heart of Texas) Counseling Center          | 2800 Lyle Avenue             | Waco | 254-297-7100 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Outpatient Treatment | MHMR - Veterans One Stop                        | 2010 LaSalle Avenue, Suite A | Waco | 254-297-7171 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Outpatient Treatment | MHMR - Waco (Heart of Texas Region MHMR Center) | 110 South 12th Street        | Waco | 254-752-3451 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Services             | Clifton Street Clinic (Waco MHMR)               | 1200 Clifton Street          | Waco | 866-752-3451 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                                             | CATEGORY      | SERVICE                | FACILITY NAME                                               | ADDRESS                      | CITY | PHONE NUMBER |
|-----------------------------------------------------------------------------------|---------------|------------------------|-------------------------------------------------------------|------------------------------|------|--------------|
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Services | Crisis Treatment Center (Waco MHMR)                         | 301 Londonderry Drive        | Waco | 254-867-6550 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Services | HOT (Heart of Texas) Counseling Center                      | 2800 Lyle Avenue             | Waco | 254-297-7100 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Services | Klara's Center for Families (Waco MHMR)                     | 1105 West Jefferson Avenue   | Waco | 254-752-7889 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Services | Klara's Center for Families (Waco MHMR) Hotline             | 1105 West Jefferson Avenue   | Waco | 866-752-3451 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Services | MHMR - Veterans One Stop                                    | 2010 LaSalle Avenue, Suite A | Waco | 254-297-7171 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Mental Health Services | MHMR - Waco (Heart of Texas Region MHMR Center)             | 110 South 12th Street        | Waco | 254-752-3451 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Social Services        | Child Protective Services Texas Dept. of Family & Protectiv | 801 Austin Avenue            | Waco | 800-252-5400 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Social Services        | MedMark Treatment Center                                    | 2210 Washington Avenue       | Waco | 254-755-6411 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Social Services        | Methodist Children's Home Family Outreach                   | 1111 Herring Avenue          | Waco | 254-750-1278 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Social Services        | Methodist Children's Home Residential Program               | 1111 Herring Avenue          | Waco | 800-964-9226 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Social Services        | MHMR - Veterans One Stop                                    | 2010 LaSalle Avenue, Suite A | Waco | 254-297-7171 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                                                             | CATEGORY      | SERVICE                  | FACILITY NAME                                      | ADDRESS                          | CITY | PHONE NUMBER |
|-----------------------------------------------------------------------------------|---------------|--------------------------|----------------------------------------------------|----------------------------------|------|--------------|
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Social Services          | MHMR - Waco (Heart of Texas Region MHMR Center)    | 110 South 12th Street            | Waco | 254-752-3451 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Social Services          | Salvation Army/Red Shield Men's Lodge              | 300 Webster Avenue               | Waco | 254-296-9866 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Social Services          | Salvation Army/Sally's House                       | 4721 West Waco Drive             | Waco | 254-757-1641 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Social Services          | Texas Home Health                                  | 8300 Central Park Drive, Suite A | Waco | 254-755-6111 |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted) | Mental Health | Social Services          | The Advocacy Center for Crime Victims and Children | 3312 Hillcrest Drive             | Waco | 888-867-7233 |
| Individuals Living Below Poverty Level                                            | SDH - Income  | Baby and Toddler Clothes | Caritas of Waco                                    | 300 South 15th Street            | Waco | 254-753-4593 |
| Individuals Living Below Poverty Level                                            | SDH - Income  | Clothes for School       | Caritas of Waco                                    | 300 South 15th Street            | Waco | 254-753-4593 |
| Individuals Living Below Poverty Level                                            | SDH - Income  | Clothes for Work         | Caritas of Waco                                    | 300 South 15th Street            | Waco | 254-753-4593 |
| Individuals Living Below Poverty Level                                            | SDH - Income  | Clothing                 | Caritas of Waco                                    | 300 South 15th Street            | Waco | 254-753-4593 |
| Individuals Living Below Poverty Level                                            | SDH - Income  | Clothing                 | Clothesline                                        | 1817 Franklin Avenue             | Waco | 254-754-5463 |
| Individuals Living Below Poverty Level                                            | SDH - Income  | Clothing                 | Hidden Treasures by Caritas                        | 3016 Bellmead Drive              | Waco | 254-799-0777 |
| Individuals Living Below Poverty Level                                            | SDH - Income  | Clothing                 | Hidden Treasures by Caritas                        | 3912 Bosque Blvd.                | Waco | 254-753-0125 |
| Individuals Living Below Poverty Level                                            | SDH - Income  | Clothing                 | Mission Waco Health Clinic                         | 1226 Washington Avenue           | Waco | 254-296-9866 |
| Individuals Living Below Poverty Level                                            | SDH - Income  | Clothing                 | Salvation Army/Pathway of Hope Social Services     | 4721 West Waco Drive             | Waco | 254-756-7271 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                  | CATEGORY     | SERVICE                                                    | FACILITY NAME                                         | ADDRESS                    | CITY | PHONE NUMBER |
|----------------------------------------|--------------|------------------------------------------------------------|-------------------------------------------------------|----------------------------|------|--------------|
| Individuals Living Below Poverty Level | SDH - Income | Clothing Vouchers                                          | Salvation Army/Pathway of Hope Social Services        | 4721 West Waco Drive       | Waco | 254-756-7271 |
| Individuals Living Below Poverty Level | SDH - Income | Community Transportation Programs                          | Waco Transit (Demand Response, Rural Transit)         | 301 South 8th Street       | Waco | 254-750-1620 |
| Individuals Living Below Poverty Level | SDH - Income | Community Transportation Programs for Medical Appointments | Heart of Texas Rural Transit District                 | 1514 South New Road        | Waco | 254-292-1800 |
| Individuals Living Below Poverty Level | SDH - Income | Discounted Healthcare                                      | Baylor Scott & White Health Financial Assistance      | 100 Hillcrest Medical Blvd | Waco | 800-994-0371 |
| Individuals Living Below Poverty Level | SDH - Income | Discounted Healthcare                                      | The Good Health Card                                  | 1800 Gurley Lane           | Waco | 254-313-4606 |
| Individuals Living Below Poverty Level | SDH - Income | Discounted Healthcare                                      | The Good Health Card                                  | 3400 Bellmead Drive        | Waco | 254-313-4606 |
| Individuals Living Below Poverty Level | SDH - Income | Discounted Healthcare                                      | The Good Health Card                                  | 1600 Providence            | Waco | 254-313-4606 |
| Individuals Living Below Poverty Level | SDH - Income | Early School Preparedness                                  | EOAC (Economic Opportunities Advancement Corporation) | 500 Franklin Avenue        | Waco | 254-753-0331 |
| Individuals Living Below Poverty Level | SDH - Income | Education Assistance                                       | Boys and Girls Club of Waco                           | 2700 North 21st Street     | Waco | 254-752-6443 |
| Individuals Living Below Poverty Level | SDH - Income | Education Assistance                                       | Boys and Girls Club of Waco                           | 2020 Richter Avenue        | Waco | 254-754-2451 |
| Individuals Living Below Poverty Level | SDH - Income | Education Assistance                                       | Communities in Schools (Heart of Texas)               | 1001 Washington Avenue     | Waco | 254-753-6002 |
| Individuals Living Below Poverty Level | SDH - Income | Financial Aid and Loans                                    | EOAC (Economic Opportunities Advancement Corporation) | 500 Franklin Avenue        | Waco | 254-753-0331 |
| Individuals Living Below Poverty Level | SDH - Income | Financial Assistance                                       | Baylor Scott & White Health Financial Assistance      | 100 Hillcrest Medical Blvd | Waco | 800-994-0371 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                  | CATEGORY     | SERVICE              | FACILITY NAME                                         | ADDRESS                        | CITY | PHONE NUMBER |
|----------------------------------------|--------------|----------------------|-------------------------------------------------------|--------------------------------|------|--------------|
| Individuals Living Below Poverty Level | SDH - Income | Financial Assistance | Caritas of Waco                                       | 300 South 15th Street          | Waco | 254-753-4593 |
| Individuals Living Below Poverty Level | SDH - Income | Financial Assistance | Columbus Avenue Baptist Church                        | 1300 Columbus Avenue           | Waco | 254-537-9096 |
| Individuals Living Below Poverty Level | SDH - Income | Financial Assistance | Community Cancer Association (CCA)                    | 2911 Herring Avenue, Suite 212 | Waco | 254-202-8082 |
| Individuals Living Below Poverty Level | SDH - Income | Financial Assistance | EOAC (Economic Opportunities Advancement Corporation) | 500 Franklin Avenue            | Waco | 254-753-0331 |
| Individuals Living Below Poverty Level | SDH - Income | Financial Assistance | Texas Department of Health and Human Services         | 612 Austin Avenue              | Waco | 254-752-4839 |
| Individuals Living Below Poverty Level | SDH - Income | Financial Assistance | Trilijii Group Management                             | 1400 Speight Avenue, #C        | Waco | 254-757-0663 |
| Individuals Living Below Poverty Level | SDH - Income | Formula              | 18th Street Community Clinic                          | 1800 Gurley Lane               | Waco | 254-709-9935 |
| Individuals Living Below Poverty Level | SDH - Income | Formula              | Washington Street Clinic                              | 1105 Washington Street         | Waco | 254-750-8623 |
| Individuals Living Below Poverty Level | SDH - Income | Formula              | WIC Waco Drive Clinic                                 | 225 West Waco Drive            | Waco | 254-750-5474 |
| Individuals Living Below Poverty Level | SDH - Income | Free Meals           | Antioch Community Church Community Feast              | 510 North 20th Street          | Waco | 254-754-0386 |
| Individuals Living Below Poverty Level | SDH - Income | Free Meals           | Caritas of Waco                                       | 300 South 15th Street          | Waco | 254-753-4593 |
| Individuals Living Below Poverty Level | SDH - Income | Free Meals           | First Baptist Church Waco                             | Corner of 6th and Clay         | Waco | 254-752-3000 |
| Individuals Living Below Poverty Level | SDH - Income | Free Meals           | Meals on Wheels Waco                                  | 501 West Waco Drive            | Waco | 254-750-1620 |
| Individuals Living Below Poverty Level | SDH - Income | Free Meals           | Salvation Army Community Kitchen                      | 300 Webster Avenue             | Waco | 254-757-1641 |
| Individuals Living Below Poverty Level | SDH - Income | Furniture            | Hidden Treasures by Caritas                           | 3912 Bosque Blvd.              | Waco | 254-753-0125 |
| Individuals Living Below Poverty Level | SDH - Income | Furniture            | Hidden Treasures by Caritas                           | 3016 Bellmead Drive            | Waco | 254-799-0777 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                  | CATEGORY     | SERVICE                                | FACILITY NAME                                  | ADDRESS                      | CITY | PHONE NUMBER |
|----------------------------------------|--------------|----------------------------------------|------------------------------------------------|------------------------------|------|--------------|
| Individuals Living Below Poverty Level | SDH - Income | Furniture                              | Salvation Army/Pathway of Hope Social Services | 4721 West Waco Drive         | Waco | 254-756-7271 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | 18th Street Community Clinic                   | 1800 Gurley Lane             | Waco | 254-709-9935 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | Mart Clinic                                    | 215 North Elm Street         | Mart | 254-876-2173 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | Shepherd's Heart Food Pantry                   | 1401 North 34th Street       | Waco | 254-722-9517 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | Social Security Office                         | 1700 Lake Air Drive, Suite A | Waco | 800-772-1213 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | Texas Department of Health and Human Services  | 612 Austin Avenue            | Waco | 254-752-4839 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | Title V Program at Family Health Clinics       | 120 Hillcrest Blvd. #300     | Waco | 254-313-4606 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | Title V Program at Family Health Clinics       | 1800 Gurley Lane             | Waco | 254-313-4606 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | Title V Program at Family Health Clinics       | 3400 Bellmead Drive          | Waco | 254-313-4606 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | Title V Program at Family Health Clinics       | 1600 Providence              | Waco | 254-313-4606 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | Washington Street Clinic                       | 1105 Washington Street       | Waco | 254-750-8623 |
| Individuals Living Below Poverty Level | SDH - Income | Help Understanding Government Programs | WIC Waco Drive Clinic                          | 225 West Waco Drive          | Waco | 254-750-5474 |
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services            | Compassion Ministries                          | 1421 Austin Avenue           | Waco | 254-755-7640 |
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services            | Salvation Army/Pathway of Hope Social Services | 4721 West Waco Drive         | Waco | 254-756-7271 |
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services            | Salvation Army/Red Shield Men's Lodge          | 300 Webster Avenue           | Waco | 254-296-9866 |
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services            | Salvation Army/Sally's House                   | 4721 West Waco Drive         | Waco | 254-757-1641 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                  | CATEGORY     | SERVICE                     | FACILITY NAME                                                 | ADDRESS                       | CITY     | PHONE NUMBER |
|----------------------------------------|--------------|-----------------------------|---------------------------------------------------------------|-------------------------------|----------|--------------|
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services | Salvation Army/Veterans Housing Stability Program             | 4721 West Waco Drive          | Waco     | 254-756-7271 |
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services | University Apartments                                         | 2900 Primrose Drive           | Waco     | 254-662-4411 |
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services | Valley Terrace Apartments                                     | 1001 North Valley Mills Drive | Waco     | 254-772-7390 |
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services | Villa Victoria Apartments                                     | 728 Neil Drive                | Waco     | 254-235-8661 |
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services | Waco Apartments                                               | 2724 Robinson Drive           | Waco     | 254-662-3550 |
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services | Whispering Oaks Apartments                                    | 4400 North 19th Street        | Waco     | 254-752-3871 |
| Individuals Living Below Poverty Level | SDH - Income | Housing Insecurity Services | William Booth Garden Apartments                               | 4200 North 19th Street        | Waco     | 254-757-2242 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services     | Adult Education & Literacy for the Heart of Texas             | 1400 College Drive            | Waco     | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services     | Adult Education & Literacy for the Heart of Texas - Bellmead  | 901 Maxfield Street           | Bellmead | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services     | Adult Education & Literacy for the Heart of Texas - Brazos H  | 3005 Edna Avenue              | Waco     | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services     | Adult Education & Literacy for the Heart of Texas - Calvary   | 1001 North 18th-A Street      | Waco     | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services     | Adult Education & Literacy for the Heart of Texas - Caritas   | 300 South 15th Street         | Waco     | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services     | Adult Education & Literacy for the Heart of Texas - Community | 1001 Washington Avenue        | Waco     | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services     | Adult Education & Literacy for the Heart of Texas - Crestview | 1120 New Road                 | Waco     | 254-299-8777 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                  | CATEGORY     | SERVICE                 | FACILITY NAME                                                  | ADDRESS                                 | CITY | PHONE NUMBER |
|----------------------------------------|--------------|-------------------------|----------------------------------------------------------------|-----------------------------------------|------|--------------|
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Adult Education & Literacy for the Heart of Texas - Dewey Co   | 925 North 9th Street                    | Waco | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Adult Education & Literacy for the Heart of Texas - Estella    | 1809 JJ Flewellen                       | Waco | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Adult Education & Literacy for the Heart of Texas - Goodwill   | 1700 South New Road                     | Waco | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Adult Education & Literacy for the Heart of Texas - Highland   | 3014 Maple Avenue                       | Waco | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Adult Education & Literacy for the Heart of Texas - South Waco | 2815 Speight Avenue                     | Waco | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Adult Education & Literacy for the Heart of Texas - Sparks U   | 900 Maxfield Street                     | Waco | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Adult Education & Literacy for the Heart of Texas - Waco       | 1418 South New Road                     | Waco | 254-299-8777 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Christian Men's Job Corps                                      | 1226 Washington Avenue                  | Waco | 254-855-4823 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Christian Women's Job Corps                                    | 1101 Wooded Acres, Suite 107            | Waco | 254-757-0416 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | City of Waco                                                   | 300 Austin Avenue, First floor          | Waco | 254-750-5740 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Heart of Texas Goodwill Industries, Inc.                       | 1700 South New Road                     | Waco | 254-753-7337 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Jack of All Trades Personnel                                   | 2701 Franklin Avenue                    | Waco | 254-754-7997 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services | Job Link Personnel Services, Inc.                              | 510 North Valley Mills Drive, Suite 306 | Waco | 254-399-9675 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                  | CATEGORY     | SERVICE                   | FACILITY NAME                                                         | ADDRESS                                                       | CITY | PHONE NUMBER |
|----------------------------------------|--------------|---------------------------|-----------------------------------------------------------------------|---------------------------------------------------------------|------|--------------|
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services   | Vocational Rehabilitative Services                                    | 1416 South New Road                                           | Waco | 254-296-5200 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services   | Waco Workforce Solutions                                              | 1416 South New Road                                           | Waco | 254-296-5200 |
| Individuals Living Below Poverty Level | SDH - Income | Job Insecurity Services   | Workforce Solutions Heart of Texas                                    | 1416 South New Road                                           | Waco | 254-296-5374 |
| Individuals Living Below Poverty Level | SDH - Income | Job Placement             | Adecco Employment Services                                            | 8301 Mars Drive                                               | Waco | 254-666-0002 |
| Individuals Living Below Poverty Level | SDH - Income | Job Placement             | Heart of Texas Goodwill Industries, Inc.                              | 1700 South New Road                                           | Waco | 254-753-7337 |
| Individuals Living Below Poverty Level | SDH - Income | Job Placement             | Jack of All Trades Personnel                                          | 2701 Franklin Avenue                                          | Waco | 254-754-7997 |
| Individuals Living Below Poverty Level | SDH - Income | Job Placement             | Job Link Personnel Services, Inc.                                     | 510 North Valley Mills Drive, Suite 306                       | Waco | 254-399-9675 |
| Individuals Living Below Poverty Level | SDH - Income | Job Placement             | Sepherion Waco Texas                                                  | 334 Towne Oaks Drive                                          | Waco | 254-776-3621 |
| Individuals Living Below Poverty Level | SDH - Income | Job Placement             | Vocational Rehabilitative Services                                    | 1416 South New Road                                           | Waco | 254-296-5200 |
| Individuals Living Below Poverty Level | SDH - Income | Job Placement             | Waco Workforce Solutions                                              | 1416 South New Road                                           | Waco | 254-296-5200 |
| Individuals Living Below Poverty Level | SDH - Income | Job Placement             | Workforce Solutions Heart of Texas                                    | 1416 South New Road                                           | Waco | 254-296-5374 |
| Individuals Living Below Poverty Level | SDH - Income | Pediatric Social Services | Child Protective Services Texas Dept. of Family & Protective Services | 801 Austin Avenue                                             | Waco | 800-252-5400 |
| Individuals Living Below Poverty Level | SDH - Income | Pediatric Social Services | Methodist Children's Home Family Outreach                             | 1111 Herring Avenue                                           | Waco | 254-750-1278 |
| Individuals Living Below Poverty Level | SDH - Income | Pediatric Social Services | Methodist Children's Home Residential Program                         | 1111 Herring Avenue                                           | Waco | 800-964-9226 |
| Individuals Living Below Poverty Level | SDH - Income | Prescription Assistance   | Baylor Scott & White Pharmacy Prescription Club                       | 1412 North Valley Mills, Suite 116, Town West Shopping Center | Waco | 254-761-5200 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                  | CATEGORY     | SERVICE                 | FACILITY NAME                                                         | ADDRESS                        | CITY | PHONE NUMBER |
|----------------------------------------|--------------|-------------------------|-----------------------------------------------------------------------|--------------------------------|------|--------------|
| Individuals Living Below Poverty Level | SDH - Income | Prescription Assistance | Caritas of Waco                                                       | 300 South 15th Street          | Waco | 254-753-4593 |
| Individuals Living Below Poverty Level | SDH - Income | Prescription Assistance | Community Cancer Association (CCA)                                    | 2911 Herring Avenue, Suite 212 | Waco | 254-202-8082 |
| Individuals Living Below Poverty Level | SDH - Income | Prescription Assistance | The Good Health Card                                                  | 1600 Providence                | Waco | 254-313-4606 |
| Individuals Living Below Poverty Level | SDH - Income | Prescription Assistance | The Good Health Card                                                  | 1800 Gurley Lane               | Waco | 254-313-4606 |
| Individuals Living Below Poverty Level | SDH - Income | Prescription Assistance | The Good Health Card                                                  | 3400 Bellmead Drive            | Waco | 254-313-4606 |
| Individuals Living Below Poverty Level | SDH - Income | Public Housing          | Compassion Ministries                                                 | 1421 Austin Avenue             | Waco | 254-755-7640 |
| Individuals Living Below Poverty Level | SDH - Income | Public Housing          | Dripping Springs Senior Village                                       | 2405 JJ Flewellen Road         | Waco | 254-412-2262 |
| Individuals Living Below Poverty Level | SDH - Income | Public Housing          | University Apartments                                                 | 2900 Primrose Drive            | Waco | 254-662-4411 |
| Individuals Living Below Poverty Level | SDH - Income | Public Housing          | Villa Victoria Apartments                                             | 728 Neil Drive                 | Waco | 254-235-8661 |
| Individuals Living Below Poverty Level | SDH - Income | Public Housing          | Waco Apartments                                                       | 2724 Robinson Drive            | Waco | 254-662-3550 |
| Individuals Living Below Poverty Level | SDH - Income | Public Housing          | Whispering Oaks Apartments                                            | 4400 North 19th Street         | Waco | 254-752-3871 |
| Individuals Living Below Poverty Level | SDH - Income | Public Housing          | William Booth Garden Apartments                                       | 4200 North 19th Street         | Waco | 254-757-2242 |
| Individuals Living Below Poverty Level | SDH - Income | Public Transportation   | Heart of Texas Rural Transit District                                 | 1514 South New Road            | Waco | 254-292-1800 |
| Individuals Living Below Poverty Level | SDH - Income | Public Transportation   | Waco Transit (Demand Response, Rural Transit)                         | 301 South 8th Street           | Waco | 254-750-1620 |
| Individuals Living Below Poverty Level | SDH - Income | Safe Housing: Women     | Family Abuse Center                                                   | Undisclosed                    | Waco | 800-283-8401 |
| Individuals Living Below Poverty Level | SDH - Income | Social Services         | Child Protective Services Texas Dept. of Family & Protective Services | 801 Austin Avenue              | Waco | 800-252-5400 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                  | CATEGORY     | SERVICE                          | FACILITY NAME                                      | ADDRESS                          | CITY     | PHONE NUMBER |
|----------------------------------------|--------------|----------------------------------|----------------------------------------------------|----------------------------------|----------|--------------|
| Individuals Living Below Poverty Level | SDH - Income | Social Services                  | MedMark Treatment Center                           | 2210 Washington Avenue           | Waco     | 254-755-6411 |
| Individuals Living Below Poverty Level | SDH - Income | Social Services                  | Methodist Children's Home Family Outreach          | 1111 Herring Avenue              | Waco     | 254-750-1278 |
| Individuals Living Below Poverty Level | SDH - Income | Social Services                  | Methodist Children's Home Residential Program      | 1111 Herring Avenue              | Waco     | 800-964-9226 |
| Individuals Living Below Poverty Level | SDH - Income | Social Services                  | MHMR - Veterans One Stop                           | 2010 LaSalle Avenue, Suite A     | Waco     | 254-297-7171 |
| Individuals Living Below Poverty Level | SDH - Income | Social Services                  | MHMR - Waco (Heart of Texas Region MHMR Center)    | 110 South 12th Street            | Waco     | 254-752-3451 |
| Individuals Living Below Poverty Level | SDH - Income | Social Services                  | Salvation Army/Red Shield Men's Lodge              | 300 Webster Avenue               | Waco     | 254-296-9866 |
| Individuals Living Below Poverty Level | SDH - Income | Social Services                  | Salvation Army/Sally's House                       | 4721 West Waco Drive             | Waco     | 254-757-1641 |
| Individuals Living Below Poverty Level | SDH - Income | Social Services                  | Texas Home Health                                  | 8300 Central Park Drive, Suite A | Waco     | 254-755-6111 |
| Individuals Living Below Poverty Level | SDH - Income | Social Services                  | The Advocacy Center for Crime Victims and Children | 3312 Hillcrest Drive             | Waco     | 888-867-7233 |
| Individuals Living Below Poverty Level | SDH - Income | Subsidized Public Transportation | Heart of Texas Rural Transit District              | 1514 South New Road              | Waco     | 254-292-1800 |
| Individuals Living Below Poverty Level | SDH - Income | Supplemental Nutrition Programs  | 18th Street Community Clinic                       | 1800 Gurley Lane                 | Waco     | 254-709-9935 |
| Individuals Living Below Poverty Level | SDH - Income | Supplemental Nutrition Programs  | Community Cancer Association (CCA)                 | 2911 Herring Avenue, Suite 212   | Waco     | 254-202-8082 |
| Individuals Living Below Poverty Level | SDH - Income | Supplemental Nutrition Programs  | Mart Clinic                                        | 215 North Elm Street             | Mart     | 254-876-2173 |
| Individuals Living Below Poverty Level | SDH - Income | Supplemental Nutrition Programs  | McGregor Clinic                                    | 219 South Madison Street         | McGregor | 254-840-4433 |
| Individuals Living Below Poverty Level | SDH - Income | Supplemental Nutrition Programs  | Washington Street Clinic                           | 1105 Washington Street           | Waco     | 254-750-8623 |
| Individuals Living Below Poverty Level | SDH - Income | Supplemental Nutrition Programs  | WIC Waco Drive Clinic                              | 225 West Waco Drive              | Waco     | 254-750-5474 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                  | CATEGORY     | SERVICE           | FACILITY NAME                                          | ADDRESS                         | CITY     | PHONE NUMBER |
|----------------------------------------|--------------|-------------------|--------------------------------------------------------|---------------------------------|----------|--------------|
| Individuals Living Below Poverty Level | SDH - Income | Temporary Shelter | Family Abuse Center                                    | Undisclosed                     | Waco     | 800-283-8401 |
| Individuals Living Below Poverty Level | SDH - Income | Temporary Shelter | My Brother's Keeper                                    | 1226 Washington Avenue          | Waco     | 254-296-9866 |
| Individuals Living Below Poverty Level | SDH - Income | Temporary Shelter | Salvation Army/Pathway of Hope Social Services         | 4721 West Waco Drive            | Waco     | 254-756-7271 |
| Individuals Living Below Poverty Level | SDH - Income | Temporary Shelter | Salvation Army/Red Shield Men's Lodge                  | 300 Webster Avenue              | Waco     | 254-296-9866 |
| Individuals Living Below Poverty Level | SDH - Income | Temporary Shelter | Salvation Army/Sally's House                           | 4721 West Waco Drive            | Waco     | 254-757-1641 |
| Individuals Living Below Poverty Level | SDH - Income | Temporary Shelter | Salvation Army/Veterans Housing Stability Program      | 4721 West Waco Drive            | Waco     | 254-756-7271 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations      | Family Health Center                                   | 1600 Providence                 | Waco     | 254-313-4200 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations      | Family Health Center - Austin Avenue Clinic            | 1105 12th Street                | Waco     | 254-313-6350 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations      | Family Health Center - Bellmead Community Clinic       | 3400 Bellmead Drive             | Waco     | 254-313-5400 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations      | Family Health Center - Bell's Hill Community Clinic    | 911 South 20th Street           | Waco     | 254-313-5700 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations      | Family Health Center - Community Clinic at MCC         | 4601 North 19th Street          | Waco     | 254-313-5800 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations      | Family Health Center - Elm Avenue Community Clinic     | 609 Elm Avenue                  | Waco     | 254-313-6900 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations      | Family Health Center - MacArthur Pediatric Clinic      | 2201 MacArthur Drive, Suite 103 | Waco     | 254-313-5300 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations      | Family Health Center - Madison Cooper Community Clinic | 1601 Providence Drive           | Waco     | 254-313-4800 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations      | Family Health Center - McGregor Community Clinic       | 500 South Johnson Drive         | McGregor | 254-313-5200 |

Waco-McLennan County Health Community  
Community Health Needs Assessment

| COMMUNITY HEALTH NEED                  | CATEGORY     | SERVICE         | FACILITY NAME                                                 | ADDRESS                         | CITY           | PHONE NUMBER |
|----------------------------------------|--------------|-----------------|---------------------------------------------------------------|---------------------------------|----------------|--------------|
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations    | Family Health Center - Meyer Center Community Clinic          | 1226 Washington Avenue          | Waco           | 254-313-6300 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations    | Family Health Center - MLK Jr. Community Clinic               | 1911 N. MLK Jr. Blvd.           | Waco           | 254-313-6350 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations    | Family Health Center - Tom Oliver South 18th Community Clinic | 1800 Gurley Lane                | Waco           | 254-313-6000 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations    | Heart of Texas Pediatrics                                     | 601 West. State Highway 6, #102 | Waco           | 254-399-8364 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations    | Providence Pediatric Clinic                                   | 1130 North Loop 340             | Lacey Lakeview | 254-870-6500 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations    | Providence Pediatric Clinic                                   | 6101 Woodway Drive, Suite 230   | Woodway        | 254-537-6400 |
| Individuals Living Below Poverty Level | SDH - Income | Vaccinations    | Waco-McLennan County Public Health Immunization Clinic        | 225 West Waco Drive             | Waco           | 254-750-5410 |
| Individuals Living Below Poverty Level | SDH - Income | Winter Clothing | Caritas of Waco                                               | 300 South 15th Street           | Waco           | 254-753-4593 |
| Individuals Living Below Poverty Level | SDH - Income | Winter Clothing | Clothesline                                                   | 1817 Franklin Avenue            | Waco           | 254-754-5463 |

*Community Healthcare Facilities*

| Facility Name                                   | Type | System               | Street Address                    | City    | State | ZIP   |
|-------------------------------------------------|------|----------------------|-----------------------------------|---------|-------|-------|
| BAYLOR SCOTT & WHITE MEDICAL CENTER - HILLCREST | ST   | Baylor Scott & White | 100 HILLCREST MEDICAL CENTER BLVD | WACO    | TX    | 76712 |
| DEPAUL CENTER                                   | PSY  | Ascension Health     | 301 LONDONDERRY DRIVE             | WACO    | TX    | 76712 |
| EXPRESS ER                                      | ED   | Express ER           | 1411 N VALLEY MILLS DRIVE         | WACO    | TX    | 76710 |
| PREMIER ER PLUS                                 | ED   | Premier ER           | 9110 JORDAN LANE SUITE 100        | WOODWAY | TX    | 76712 |
| PREMIER ER PLUS - WACO LLC                      | ED   | Premier ER           | 221 S JACK KULTGEN EXPY SUITE 100 | WACO    | TX    | 76706 |
| PROVIDENCE HEALTH CENTER                        | ST   | Ascension Health     | 6901 MEDICAL PARKWAY              | WACO    | TX    | 76712 |

Type: ST=short-term; LT=long-term, PSY=psychiatric, KID = pediatric, ED = Freestanding ED

## **Appendix C: Federally Designated Health Professional Shortage Areas and Medically Underserved Areas and Populations**

### Health Professional Shortage Areas (HPSA)<sup>13</sup>

| County Name | HPSA ID    | HPSA Name                       | HPSA Discipline Class | Designation Type                  |
|-------------|------------|---------------------------------|-----------------------|-----------------------------------|
| McLennan    | 1485982391 | Low Income-McLennan             | Primary Care          | Low Income Population HPSA        |
| McLennan    | 7485788046 | Low Income McLennan County      | Mental Health         | Low Income Population HPSA        |
| McLennan    | 148999485Z | Heart of Texas Community Health | Primary Care          | Federally Qualified Health Center |
| McLennan    | 64899948C1 | Heart of Texas Community Health | Dental Health         | Federally Qualified Health Center |
| McLennan    | 748999482U | Heart of Texas Community Health | Mental Health         | Federally Qualified Health Center |

### Medically Underserved Areas and Populations (MUA/P)<sup>14</sup>

| County Name | MUA/P Source Identification Number | Service Area Name     | Designation Type           | Rural Status |
|-------------|------------------------------------|-----------------------|----------------------------|--------------|
| McLennan    | 03507                              | McLennan Service Area | Medically Underserved Area | Non-Rural    |

<sup>13</sup> U.S. Department of Health and Human Services, Health Resources and Services Administration, 2018

<sup>14</sup> U.S. Department of Health and Human Services, Health Resources and Services Administration, 201

## **Appendix D: Public Health Indicators Showing Greater Need When Compared to State Benchmark**

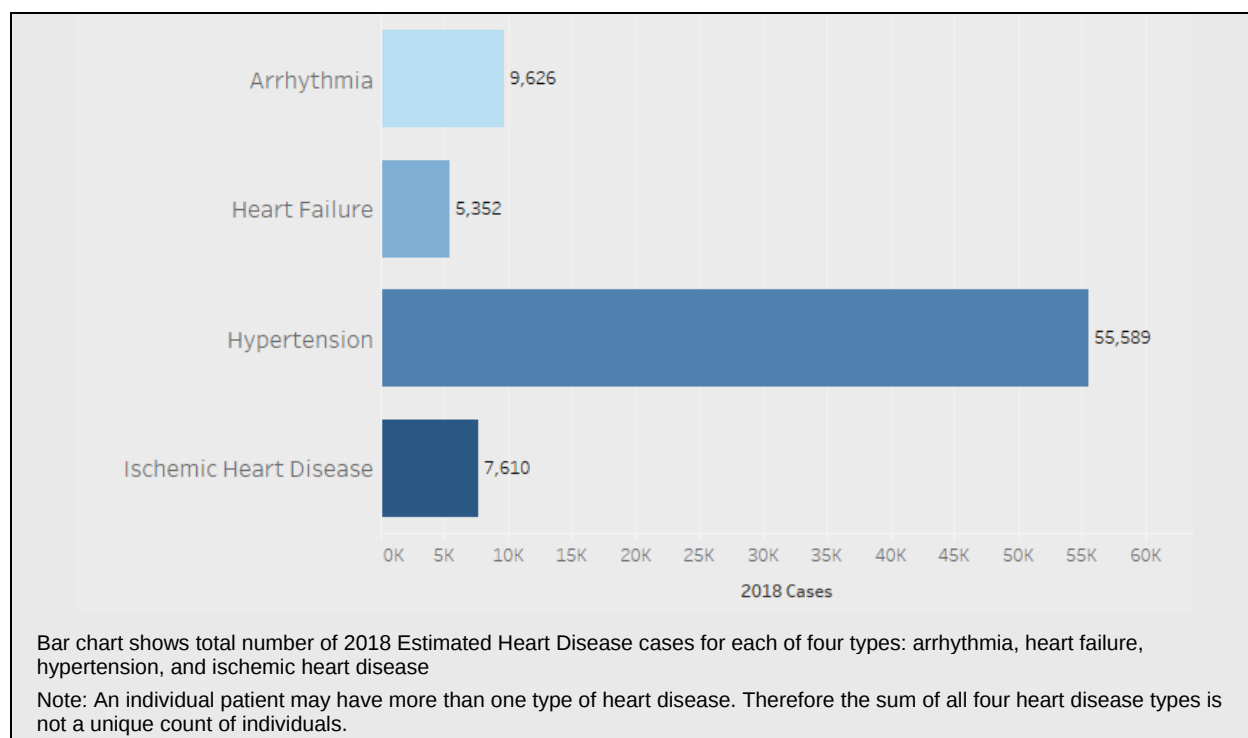
| <b>Waco - McLennan County Health Community</b>                                                |                              |                                                                                                                                              |
|-----------------------------------------------------------------------------------------------|------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Public Health Indicator</b>                                                                | <b>Category</b>              | <b>Indicator Definition</b>                                                                                                                  |
| Limited Access to Healthy Foods (Percent of Low Income)                                       | Environment                  | 2015 Percentage of Population Who are Low-Income and Do Not Live Close to a Grocery Store                                                    |
| Perforated Appendix Admission: Adult (Risk-Adjusted-Rate per 100 Admissions for Appendicitis) | Preventable Hospitalizations | 2016 Number Observed / Adult Population Age 18 and older                                                                                     |
| Diabetes Lower-Extremity Amputation Admission: Adult (Risk-Adjusted-Rate)                     | Preventable Hospitalizations | 2016 Number Observed / Adult Population Age 18 and older                                                                                     |
| No vehicle available                                                                          | Environment                  | 2017 Households with no vehicle available (percent of households)                                                                            |
| Stroke Mortality Rate                                                                         | Injury & Death               | 2013 Cerebrovascular Disease (Stroke) Age Adjusted Death Rate (Per 100,000 - All Ages. Age-adjusted using the 2000 U.S. Standard Population) |
| Food Insecure                                                                                 | Environment                  | 2015 Percentage of Population Who Lack Adequate Access to Food During the Past Year                                                          |
| Uncontrolled Diabetes Admission: Adult (Risk-Adjusted-Rate)                                   | Preventable Hospitalizations | 2016 Number Observed / Adult Population Age 18 and older                                                                                     |
| Sexually Transmitted Infection Incidence                                                      | Health Behaviors             | 2015 Number of Newly Diagnosed Chlamydia Cases per 100,000 Population                                                                        |
| Child Mortality Rate                                                                          | Injury & Death               | 2013-2016 Number of Deaths Among Children under Age 18 per 100,000                                                                           |
| Premature Death (Potential Years Lost)                                                        | Injury & Death               | 2014-2016 Premature Death; Years of Potential Life Lost Before Age 75 per 100,000 Population (Age-Adjusted)                                  |
| Air Pollution - Particulate Matter daily density                                              | Environment                  | 2012 Average Daily Density of Fine Particulate Matter in Micrograms per Cubic Meter (PM2.5)                                                  |
| Infant Mortality Rate                                                                         | Injury & Death               | 2010-2016 Number of All Infant Deaths (Within 1 year), per 1,000 Live Births                                                                 |
| Individuals Living Below Poverty Level                                                        | Population                   | 2012-2016 American Community Survey 5-Year Estimates, Individuals below poverty level                                                        |
| Population with Adequate Access to Locations for Physical Activity                            | Environment                  | 2010 & 2016 Percentage of Population with Adequate Access to Locations for Physical Activity                                                 |
| Household income, median                                                                      | Population                   | 2016 Median Household Income is the income where half of households in a county earn more and half of households earn less.                  |

| Waco - McLennan County Health Community                                           |                                   |                                                                                                                                                      |
|-----------------------------------------------------------------------------------|-----------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| Public Health Indicator                                                           | Category                          | Indicator Definition                                                                                                                                 |
| Civilian veteran population 18+                                                   | Population                        | 2012 Percent of population 18 years and over - Civilian veterans                                                                                     |
| Elderly isolation. 65+ Householder living alone                                   | Environment                       | 2012 Percent of Non-family households - Householder living alone - 65 years and over                                                                 |
| Cancer Incidence - Lung                                                           | Conditions/Diseases               | 2011-2015 Age-Adjusted Lung & Bronchus Cancer Incidence Rate Cases per 100,000.                                                                      |
| Schizophrenia and Other Psychotic Disorders in Medicare Population                | Mental Health Conditions/Diseases | 2007-2015 Prevalence of chronic condition across all Medicare beneficiaries                                                                          |
| Adult Smoking                                                                     | Health Behaviors                  | 2016 Percentage of the Adult Population Report Currently Smoke Every Day/Most Days and Smoked at Least 100 Cigarettes in Their Lifetime.             |
| Chronic Lower Respiratory Disease (CLRD) Mortality Rate                           | Injury & Death                    | 2013 Chronic Lower Respiratory Disease (CLRD) Age Adjusted Death Rate (per 100,000 - All Ages. Age-adjusted using the 2000 U.S. Standard Population) |
| Children in Single-Parent Households                                              | Population                        | 2012-2016 Percentage of Children that Live in a Household Headed by Single Parent                                                                    |
| Average Number of Mentally Unhealthy Days Reported in Past 30 days (Age-Adjusted) | Mental Health Conditions/Diseases | 2016 Average Number of Mentally Unhealthy Days Reported in Past 30 Days (Age-Adjusted)                                                               |
| Food Environment Index                                                            | Environment                       | 2015 Index of Factors that Contribute to a Healthy Food Environment, 0 (Worst) to 10 (Best)                                                          |
| Alzheimer's Disease/Dementia in Medicare Population                               | Mental Health Conditions/Diseases | 2007-2015 Prevalence of chronic condition across all Medicare beneficiaries                                                                          |
| Cancer Incidence - Prostate                                                       | Conditions/Diseases               | 2011-2015 Age-Adjusted Prostate Cancer Incidence Rate Cases per 100,000.                                                                             |

## Appendix E: Watson Health Community Data

Watson Health Heart Disease Estimates identified hypertension as the most prevalent heart disease diagnoses; there were over 55,000 estimated cases in the community overall. East Waco ZIP codes had the most estimated cases of each heart disease type, likely driven by population size. However, despite fewer number of cases, the 76682 ZIP code in East McLennan had the highest prevalence for Hypertension (2,598 diagnoses per 10,000 population) and Ischemic Heart Disease (399 diagnoses per 10,000 population). Meanwhile, the 76710 ZIP code in West Waco had the highest prevalence for Heart failure (271 cases per 10,000 population) and Arrhythmia (478 cases per 10,000 population).

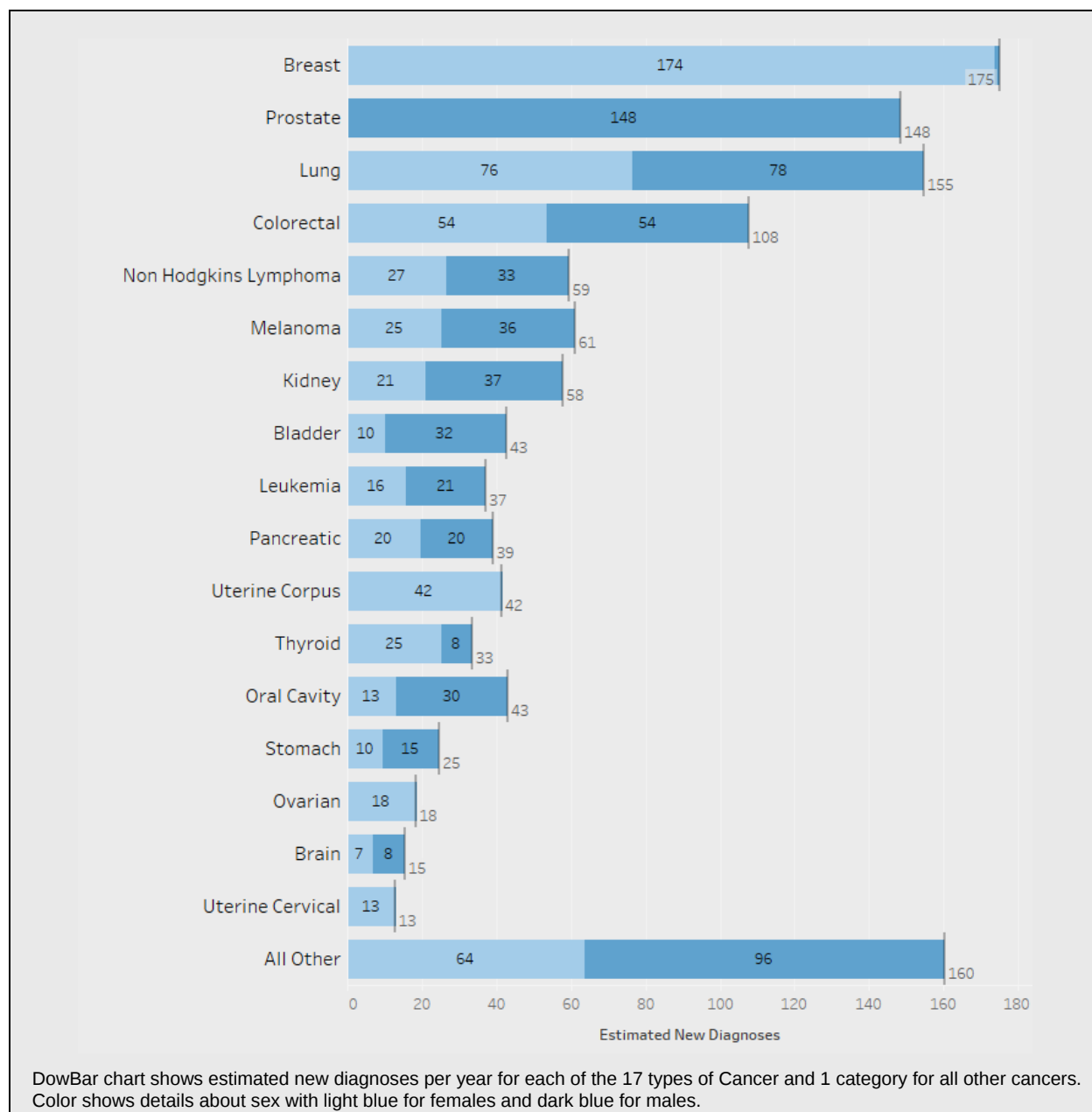
*2018 Estimated Heart Disease Cases*



Source: IBM Watson Health, 2018

For this community, Watson Health's 2018 Cancer Estimates revealed the cancers projected to have the greatest rate of growth in the next five years were thyroid, melanoma, pancreatic, and bladder; based on both population changes and disease rates. The cancers estimated to have the greatest number of new cases in 2018 were breast, prostate, and lung.

*2018 Estimated New Cancer Cases*



Source: IBM Watson Health, 2018

*Estimated Cancer Cases and Projected 5 Year Change by Type*

| Cancer Type            | 2018 Estimated New Cases | 2023 Estimated New Cases | 5 Year Growth (%) |
|------------------------|--------------------------|--------------------------|-------------------|
| Bladder                | 43                       | 48                       | 11.6%             |
| Brain                  | 15                       | 16                       | 6.7%              |
| Breast                 | 175                      | 190                      | 8.6%              |
| Colorectal             | 108                      | 103                      | -4.6%             |
| Kidney                 | 58                       | 64                       | 10.3%             |
| Leukemia               | 37                       | 41                       | 10.8%             |
| Lung                   | 155                      | 166                      | 7.1%              |
| Melanoma               | 61                       | 69                       | 13.1%             |
| Non-Hodgkin's Lymphoma | 59                       | 65                       | 10.2%             |
| Oral Cavity            | 43                       | 47                       | 9.3%              |
| Ovarian                | 18                       | 20                       | 11.1%             |
| Pancreatic             | 39                       | 44                       | 12.8%             |
| Prostate               | 148                      | 149                      | 0.7%              |
| Stomach                | 25                       | 26                       | 4.0%              |
| Thyroid                | 33                       | 38                       | 15.2%             |
| Uterine Cervical       | 13                       | 13                       | 0.0%              |
| Uterine Corpus         | 42                       | 46                       | 9.5%              |
| All Other              | 160                      | 177                      | 10.6%             |
| Grand Total            | 1,232                    | 1,323                    | 7.4%              |

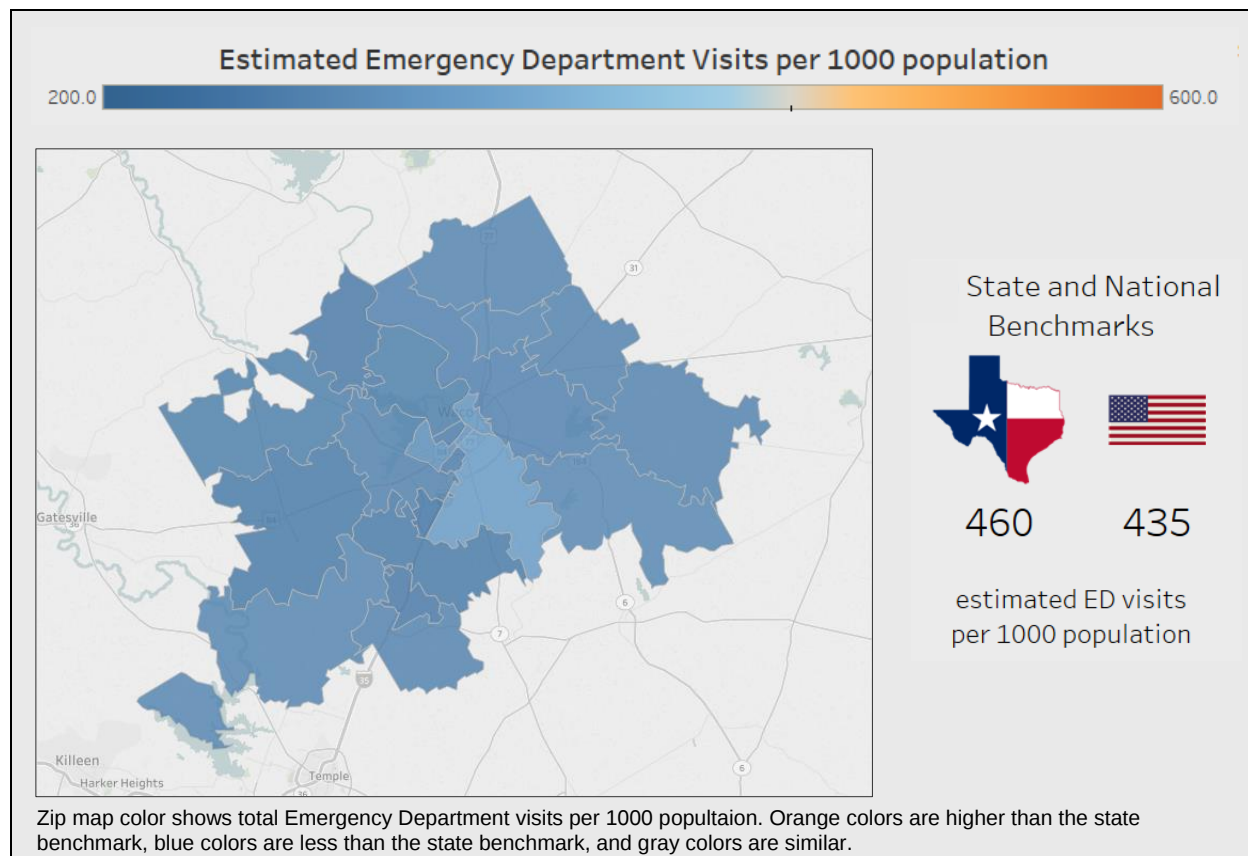
Source: IBM Watson Health, 2018

Based on population characteristics and regional utilization rates, Watson Health projected all emergency department (ED) visits in this community to increase by 7.3% over the next five years. The highest estimated ED use rates were in the ZIP code of South Waco-Robinson (333.3 ED visits per 1,000 residents), still lower than the Texas state benchmark of 460 visits and the U.S. benchmark 435 visits per 1,000.

These ED visits consisted of three main types: those resulting in an inpatient admission, emergent outpatient treated and released ED visits, and non-emergent outpatient ED visits that were lower acuity. Non-emergent ED visits present to the ED but can be treated in more appropriate and less intensive outpatient settings.

Non-emergent outpatient ED visits could be an indication of systematic issues within the community regarding access to primary care, managing chronic conditions, or other access to care issues such as ability to pay. Watson Health estimated non-emergent ED visits to increase by 3.4% over the next five years in this community.

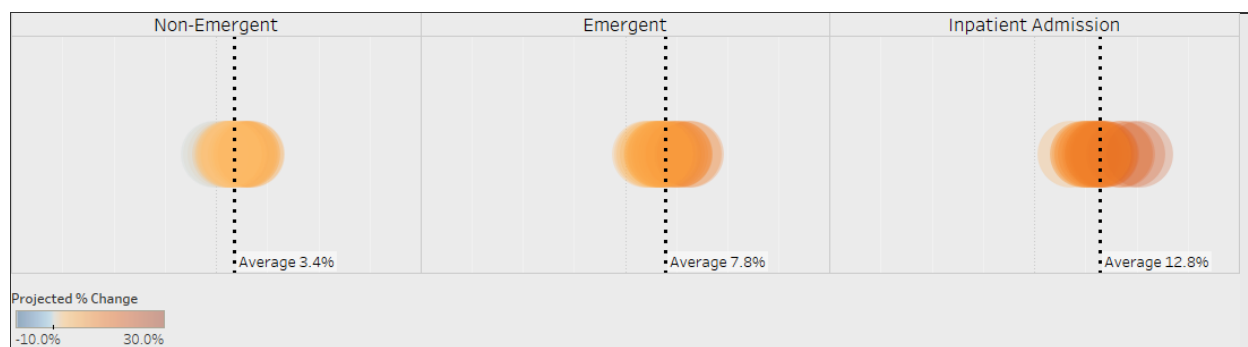
### Estimated 2018 Emergency Department Visit Rate



*Note: These are not actual BSWH ED visit rates. These are statistical estimates of ED visits for the population.*

*Source: IBM Watson Health, 2018*

### Projected 5 Year Change in Emergency Department Visits by Type and ZIP Code



Three panels show the percent change in Emergency Department visits by 2013 at the ZIP level. The average for all ZIPs in the Health Community is labeled. ED visits are defined by the presence of specific CPT® codes in claims. Non-emergency visits to the ED do not necessarily require treatment in a hospital emergency department and can potentially be treated in a fast-track ED, an urgent care treatment center, or a clinical or a physician's private office. Emergent visits require immediate treatment in a hospital emergency department due to the severity of illness. ED visits that result in inpatient admissions do not receive a CPT® code, but typically can be assumed to have resulted from an emergent encounter.

*Note: These are not actual BSWH ED visit rates. These are statistical estimates of ED visits for the population.*

*Source: IBM Watson Health, 2018*

## **Appendix F: Evaluation of Prior Implementation Strategy Impact**

### *Evaluation of Prior CHNA Implementation*

Total Resources Contributed to Addressing Needs: \$68,058,880

#### *Identified Need Addressed: Access to Care*

|                                                                                                                                                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| Program Name: Prosper Waco                                                                                                                                |
| Description: BS&W supports the community health worker initiative of Prosper Waco to improve access to services for Waco area residents                   |
| Impact/Outcomes: 12 community health workers have been placed in high-need Waco zip codes to connect community members to accessible healthcare resources |
| Supported by: Baylor Scott & White Medical Center - Hillcrest                                                                                             |
| Resources Contributed: \$50,000                                                                                                                           |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Program Name: Faith Community Health                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Description: Faith Community Health is a branch of Faith In Action Initiatives in the Office of Mission and Ministries of Baylor Scott & White Health (BSWH). Faith Community Health strives to form relationships and collaborate with faith communities to improve the health of those people in their congregations and communities. Congregations and communities are supported by integrating faith and health through health educators, faith community nurses, home visits, and church volunteer members. This program is designed to help our communities reach optimal health through education, spiritual support, and guidance by integrating faith and health. |
| Impact/Outcomes: 275 people served                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Supported by: Baylor Scott & White Medical Center - Hillcrest                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Resources Contributed: Resources valued at \$8,485 of Community Benefit plus a full-time program coordinator.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

|                                                                                                                                                                                                                                                                                                         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Program Name: Faith in Action – Second Life Resources                                                                                                                                                                                                                                                   |
| Description: In collaboration with other not for profit organizations, FIAI's Second Life Resources program has stretched medical resources and expertise to communities across the state of Texas which are underserved or in need due to natural disaster or economic and government-imposed burdens. |
| Impact/Outcomes: 650+ people served                                                                                                                                                                                                                                                                     |
| Supported by: Baylor Scott & White Medical Center - Hillcrest                                                                                                                                                                                                                                           |
| Resources Contributed: Supplies valued at \$55,587 were donated to other non-profits                                                                                                                                                                                                                    |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Program Name: Nurse Family Partnership                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Description: Nurse Family Partnership is an evidence-based community healthcare program that empowers low income, first time mothers to become confident parents and strong women by partnering with nurse home visits. Nurse home visits begin early in the mother's pregnancy and continue visitation until the child's second birthday. Nurses provide support, resource connections, education and counseling on health, behavioral and self-sufficiency issues. NFP is one the most rigorously tested programs of its kind—randomized; controlled trials conducted over the past 30 years demonstrate positive multi-generational outcomes for families and their communities. These include improved prenatal health, fewer subsequent pregnancies, increased maternal employment, improved child school readiness, reduced criminal involvement, and less child abuse, neglect and injuries. |
| Impact/Outcomes: more than 1,000 mothers served                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Supported by: Baylor Scott & White Medical Center - Hillcrest                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |

Resources Contributed: Staff time and resources valued at \$1,131,262 of community benefit

**Program Name: Nurse Navigation (Oncology & Cardiology)**

**Description:** Oncology Nurse Navigators and Cardiac Nurse Navigators connect patients without primary care providers within the areas of service to primary care providers. This program develops quick pathways of care between all specialty services and primary care networks to connect patients to primary care providers. Oncology Nurse Navigators and Cardiac Nurse Navigators partner with the following organizations in various ways to get patients the primary care they need: Hillcrest Family Health Centers; Waco Family Health Center; S&W Primary Care; Prosper Waco.

**Impact/Outcomes:** 761

**Supported by:** Baylor Scott & White Medical Center – Hillcrest and Hillcrest Physician Services

**Resources Contributed:** Staff time of 3 oncology nurses providing estimated 15 hours per patient each year = \$476,805 a year.

**Program Name: Enhanced Access**

**Description:** The hospitals consistently look for opportunities to provide better access to care for the community in the form of locations, ease of scheduling, and number of providers available. Below is a list of some ongoing efforts to tackle the issue of access to primary care providers:

- Same Day Access- Community members requesting an appointment to be seen that day will be provided an appointment.
- Online Scheduling- Community members may schedule an appointment on-line to establish care, for follow-up and for acute visits.
- My Chart Scheduling – Via the patient portal within MyChart, patients may schedule appointments with providers with whom they have established care.
- E Visits – BSWH employees with BSWH Health Plan may schedule an E Visit with a nurse practitioner or physician assistant is being piloted within the region.
- Evaluate the possibility of expanding night and weekend availability
- The HPS MacArthur Clinic accepts patients upon discharge from the hospital who need to establish primary care or be seen for continuing internal medicine care.

**Impact/Outcomes:** patients are able to schedule visits faster

**Supported by:** Baylor Scott & White Medical Center – Hillcrest, Hillcrest Family Health Center, and Hillcrest Physician Services

**Resources Contributed:**

Hillcrest- IT staff for the development and enhancement of online scheduling

Hillcrest- software upgrades as needed

Clinic-The hiring of additional MD, NP and PA staff for manning the clinics

**Program Name: Drive Thru Flu**

**Description:** BS&W hosts an Annual Drive Thru Flu Clinic to provide easy access to vaccinations for the entire community.

**Impact/Outcomes:** 1,109 vaccines administered

**Supported by:** Scott & White Clinic

**Resources Contributed:** \$7,341 in staff time plus the cost of flu vaccines

*Identified Need Addressed: Chronic Disease Management and Prevention*

**Program Name: Diabetes Education**

**Description:** BSWH provides diabetes education seminars and presentations open to the public or for a specific group in need to educate the community about the signs and symptoms of diabetes and how to prevent diabetes from happening. The intent is to increase community knowledge of dangers and symptoms of diabetes to lower hospitalization rates due to the disease.

Impact/Outcomes: unknown

Supported by: Baylor Scott & White Medical Center – Hillcrest

Resources Contributed: Staff time and materials valued at \$5,000 of Community Benefit

**Program Name: Por Tu Familia**

Description: Presented by Baylor Scott & White, Por tu Familia, or “for your family”, is the signature comprehensive diabetes prevention and management program of the American Diabetes Association’s Latino initiatives. It is a comprehensive program developed for and targeted to Latinos. It is geared towards people who have been diagnosed with diabetes or pre-diabetes, caregivers of people with diabetes, as well as anyone who believes they might be at risk.

Impact/Outcomes: 55 participants

Supported by: Baylor Scott & White Medical Center – Hillcrest

Resources Contributed: Staff time and materials valued at \$5,000 of Community Benefit

**Program Name: Diabetes Food Box Program**

Description: BSW Hillcrest partnered with the Central Texas Food Bank and Caritas to: (1) facilitate screening and enrollment of food insecure patients for diabetes; (2) prompt primary care referral from on-site food pantries and coordination of care; (3) distribution of diabetic-friendly food boxes, and (4) provision of diabetes education, including written materials, group classes, and one-on-one reinforcement of diabetes self-care behaviors.

Impact/Outcomes: 200 diabetics received food boxes

Supported by: Baylor Scott & White Medical Center – Hillcrest

Resources Contributed: Staff time and materials valued at \$12,500 of Community Benefit

**Program Name: McClinton Cancer Center Operations and Community Outreach**

Description: The Baylor Scott & White Health McClinton Cancer Center provides excellent care of cancer patients including focusing on the leading causes of cancer related deaths for women and for men in the Central Texas community. The Center provides cancer screenings and prevention information to organizations and at events across the community. Information includes proper screening guidelines and how to access services to reduce the incidence of late stage cancer going undetected. The Center also provides regular programming for people living with cancer and their family members including support groups, appropriate exercise, etc.

Impact/Outcomes: More than 8,000 served

Supported by: Baylor Scott & White Medical Center - Hillcrest

Resources Contributed: Resources valued at \$64,027,299 of community benefit

**Program Name: Advanced Care Planning**

Description: Advanced care planning is provided for patients with high risk and chronic illness, and underserved populations. The palliative care professionals are experts in discussing with patients their future health care options such as advanced directives, living will, power of attorney, and end-of-life discussion.

Impact/Outcomes: unknown

Supported by: Baylor Scott & White Medical Center - Hillcrest

Resources Contributed: Resources valued at \$600,000 annually of community benefit and 1 FTE Nurse Practitioner

**Program Name: DSRIP Comprehensive Chronic Disease Program**

Description: As part of the HHSC 1115 Waiver and through the Regional Health Partnership needs assessment, BSWH Hillcrest identified the following key needs: (1) Improve the management of chronic conditions and patient outcomes specifically related to diabetes, heart disease and obesity, (2) Improve

access to behavioral health providers and support systems, (3) Improve patient outcomes related to potentially preventable hospital admissions and readmissions, hospital acquired conditions and emergency room utilization 4) appropriate patient access by providing the right care at the right time in the right location. BSWH Hillcrest directly addressed these needs through the HHSC 1115 Waiver allowing past and current expansion of care including palliative, pediatric and specialty care services, orthopedics, general surgery, and more were provided to the most vulnerable in this community.

Impact/Outcomes: 7,584

Supported by: Baylor Scott & White Medical Center - Hillcrest

Resources Contributed: Staff time and materials contributed toward ongoing management of this program

#### Program Name: Community Health Fairs

Description: BS&W regularly participates in health fairs in the communities we serve in order to provide screening and access to educational materials that will help impact healthy lifestyle habits.

Through *It's A Guy Thing* and *For Women for Life* the Hospitals provide health services, screenings, and treatments, assisting men and women in taking steps that help their chances for living a longer, healthier life and preventing the onset of some chronic conditions. These events for men and women focus on proactive health care including preventive health screenings, seminars and healthy lifestyle information.

Impact/Outcomes: 1,917

Supported by: Baylor Scott & White Medical Center – Hillcrest and Scott & White Clinic

Resources Contributed: Staff time and materials valued at \$57,419 of Community Benefit

#### Program Name: Health Screenings

Description: BS&W offers an annual screening day to reach out to both men and women of Central Texas on the importance of early detection and preventive care of cancer.

Impact/Outcomes: 329 people screened

Supported by: Baylor Scott & White Medical Center – Hillcrest

Resources Contributed: Staff time and materials valued at \$7,161 of Community Benefit

#### Program Name: Support Groups

Description: Baylor Scott & White Healthcare provides cancer support group services for patients and their families.

Impact/Outcomes: 180 people every month

Supported by: Baylor Scott & White Medical Center – Hillcrest

Resources Contributed: Staff time and materials valued at \$6,929 of Community Benefit

### Identified Need Addressed: Mental Health Resources

#### Program Name: Tele Psych

Description: The ED treats many patients that come in suffering from anxiety and depression. Due to the lack of resources to meet mental health needs it is not uncommon for patients to wait days or weeks before being able to secure available space for continued mental health care. The hospital is utilizing a Tele Psych component to expedite placement and to help Trauma and ED providers determine need for a patient's placement in a mental health facility by allowing patients in the unit to consult directly with a mental health provider remotely.

Impact/Outcomes: An estimated 900 psychiatric patients have utilized a Tele psych visit since October 2016. Achieved reduced wait times for patients to establish continued mental health care.

Supported by: Baylor Scott & White Medical Center – Hillcrest and Hillcrest Physician Services

Resources Contributed: Staff including 1 Director, 10 Social Workers, and 8 RN case managers

**Program Name: Faith Community Health**

Description: Faith Community Health is a branch of Faith In Action Initiatives in the Office of Mission and Ministries of Baylor Scott & White Health (BSWH). Faith Community Health strives to form relationships and collaborate with faith communities to improve the health of those people in their congregations and communities. Congregations and communities are supported by integrating faith and health through health educators, faith community nurses, home visits, and church volunteer members. This program is designed to help our communities reach optimal health through education, spiritual support, and guidance by integrating faith and health.

Impact/Outcomes: 297 people served

Supported by: Baylor Scott & White Medical Center - Hillcrest

Resources Contributed: Resources valued at \$8,485 of Community Benefit plus a full-time program coordinator.

**Program Name: Prosper Waco – Mental Health Collaborative**

Description: Prosper Waco is a community collaboration to impact the education, financial security and health (physical and mental) of McLennan County and in particular, the city of Waco. Monthly meetings of steering committees for each targeted area of impact occur and are open to the public for true community impact. OKAY TO SAY campaign: Developed by the Meadows Mental Health Policy Institute, is a community-wide campaign raises awareness about mental health and aims to erase the taboo of talking about mental health issues. Alongside Baylor Scott & White-Hillcrest, NAMI-Waco, Providence Healthcare Network, and Lowe's of Waco and a number of other local organizations, employers and clinics are working together to implement the Okay to Say campaign in the Waco community. On each piece of collateral placed in the partner sites around Waco, there is a 24/7 crisis text line referenced that people can use if they are having a mental health crisis. Callers will get an immediate response from a crisis counselor.

Impact/Outcomes: continued work on improving # of mentally unhealthy days

Supported by: Baylor Scott & White Medical Center – Hillcrest

Resources Contributed: staff time in meetings, educational resources for community health, data acquisition, validation and analysis.

**Program Name: Mental Health Services in Primary Care**

Description: Five mental health service providers have been embedded into the Scott & White Waco regional family medicine clinic. It is our intent and goal to eventually add mental health providers into all family medicine clinic locations. The clinics that have embedded mental health have built a valuable working relationship between the primary care providers and mental health providers that enhances the overall patient care model.

The Hillcrest Family Health Center recognizes the need for added mental health services in the primary care setting and is evaluating adding mental health providers to some of the primary care locations over the next few years.

Hillcrest Physician Services currently has a mental health social worker embedded in the MacArthur Clinic which primarily treats senior citizens.

Impact/Outcomes: improved access to mental health providers

Supported by: Baylor Scott & White Medical Center – Hillcrest, Hillcrest Family Health Center, and Hillcrest Physician Services

Resources Contributed: salaries for 5 FTE's

*Identified Need Addressed: Obesity*

Program Name: Community Health Education in Community and Schools

**Description:** Baylor Scott & White Health consistently looks for opportunities to educate the community on health issues to support our mission and vision. The programs and services that fall into this category extend beyond patient care activities and include services directed to both individuals and larger populations in the community. They include such things as educational information about preventive health care, lectures, or presentations held by BSWH physicians and staff about health related topics like understanding various conditions and diseases, when to seek treatment, and the treatment options available.

**Impact/Outcomes:** 5,432 people served

**Supported by:** Baylor Scott & White Medical Center – Hillcrest and Scott & White Clinic

**Resources Contributed:** Resources valued at \$10,648 of Community Benefit

**Program Name: Donations for Community Health Improvement**

**Description:** BSWH donates funds often to local charitable, not for profit organizations whose efforts to improve community health align with the identified health needs in our community. We do so to support their efforts to improve the overall health of the community through education, prevention, health advocacy, or disease management education. Funds that go to improving the health infrastructure of our community are counted after subtracting the fair market value of participation by employees or the organization.

**Impact/Outcomes:** 14,150 people served

**Supported by:** Baylor Scott & White Medical Center – Hillcrest

**Resources Contributed:** Resources valued at \$378,342 of Community Benefit

**Program Name: Farmers Markets**

**Description:** Farmers Markets were provided on the hospital campus to make available fresh fruits and vegetables to the community.

**Impact/Outcomes:** 500 farmers market visitors per week

**Supported by:** Baylor Scott & White Medical Center – Hillcrest

**Resources Contributed:** Resources valued at \$1,840 of Community Benefit

**Program Name: Wellness Programs**

**Description:** Baylor Scott & White Health offers free and/or reduced cost services and programs geared towards enhancing the wellbeing of individuals in the community

**Impact/Outcomes:** 2,660

**Supported by:** Baylor Scott & White Medical Center – Hillcrest

**Resources Contributed:** Resources and materials valued at \$60,000 of Community Benefit including 1 FTE

|                                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Program Name:</b> YMCA Partnership                                                                                                                                                                                                                                                                                                                                            |
| <b>Description:</b> Annual service on the YMCA of Central Texas' Advisory Board and operation support.                                                                                                                                                                                                                                                                           |
| <b>Impact/Outcomes:</b> Leveraging the healthcare-related resources and programs of other non-governmental organizations, particularly physical fitness, emotional health, and obesity and diabetes-prevention programs, to serve patients and family members who may also be receiving care within BSWH Waco Region facilities and needing free or low-cost community services. |
| <b>Supported by:</b> Baylor Scott & White Medical Center – Hillcrest                                                                                                                                                                                                                                                                                                             |
| <b>Resources Contributed:</b> Resources valued at \$15,000 of Community Benefit                                                                                                                                                                                                                                                                                                  |

### *Identified Need Addressed: Prenatal Care*

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Program Name:</b> Nurse Family Partnership                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Description:</b> Nurse Family Partnership is an evidence-based community healthcare program that empowers low income, first time mothers to become confident parents and strong women by partnering with nurse home visits. Nurse home visits begin early in the mother's pregnancy and continue visitation until the child's second birthday. Nurses provide support, resource connections, education and counseling on health, behavioral and self-sufficiency issues. NFP is one the most rigorously tested programs of its kind—randomized; controlled trials conducted over the past 30 years demonstrate positive multi-generational outcomes for families and their communities. These include improved prenatal health, fewer subsequent pregnancies, increased maternal employment, improved child school readiness, reduced criminal involvement, and less child abuse, neglect and injuries. |
| <b>Impact/Outcomes:</b> 2,448 mothers served                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Supported by:</b> Baylor Scott & White Medical Center - Hillcrest                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Resources Contributed:</b> Staff time and resources valued at \$1,131,262 of community benefit                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Program Name:</b> Women's and Children's Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Description:</b> Hillcrest Women's & Children's Center offers comprehensive women's health care in obstetrics and gynecology. One aspect of care provided is prenatal care. Prenatal care focuses on preventative healthcare with the goal of providing regular check-ups from Physicians to treat and prevent potential health problems throughout the course of the pregnancy. Through this supportive care patients get advice on nutrition, exercise for a healthy pregnancy, controlling pre-existing conditions and/or treating pregnancy related conditions that may develop, and to make sure the baby is growing and developing appropriately. |
| <b>Impact/Outcomes:</b> increased overall % of full-term delivery rates over the past 3 years                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Supported by:</b> Baylor Scott & White Medical Center – Hillcrest and Hillcrest Physician Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Resources Contributed:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

Hillcrest -100+ FTEs (L&D Nursing unit, Moth/Baby Nursing Unit)  
HPS – 6 FTE NPs (\$500,000) for NICU

**Program Name: Low Birth-Weight Clinic**

**Description:** The hospital and healthcare specialists in the NICU make follow-up care available to all babies born at Hillcrest with a low-birth weight.

**Impact/Outcomes:** improved infant weight gain

**Supported by:** Baylor Scott & White Medical Center – Hillcrest and Hillcrest Physician Services

**Resources Contributed:** .75 FTE

*Identified Need Addressed: Tobacco Cessation*

**Program Name: Smoking Cessation at Gettermann Wellness**

**Description:** Community members can register themselves or join this program on referral from a physician. Participants are evaluated by staff and set up with individual goals. A quit day must be imminent in order for them to qualify to participate. Participants attend class (1 ½ hours) once a week for 6 weeks.

**Impact/Outcomes:** class is made available but has not been utilized in the past 3 years

**Supported by:** Baylor Scott & White Medical Center – Hillcrest

**Resources Contributed:** \$285 per class as needed

**Program Name: Texas Quitline**

**Description:** The hospital implemented Quitline within our electronic health record system which offers free and confidential phone counseling services and resources such as nicotine patches, gums, or lozenges, to those who register desiring to quit smoking. The program is integrated into the hospital's EMR to allow for easy referral to the program.

**Impact/Outcomes:** unknown

**Supported by:** Baylor Scott & White Medical Center – Hillcrest

**Resources Contributed:** \$11,000 for implementation plus

-staff time for programming within Epic (estimated 31 hours)

-staff time testing between BSWH and the QuitLine (estimated 13 hours)

-Training Time (for docs, nurses, and support staff) estimated 81 hours

## **Appendix G: Center for Community Research and Development Survey Findings**

Five local partners commissioned a community survey to be completed by Baylor University's Center for Community Research and Development (CCRD) to supplement the data collection and enhance the community input provided in this report.

A total of 728 surveys were completed in an address-based sampling approach

Responses were collected online, by phone, and through door-to-door in person interviews. Spanish language translation was provided.

### Key Findings:

#### 1) Access to Healthcare

Nearly 8 percent of respondents indicated that they had had a problem accessing a health care professional in the last 12 months. Those between the ages of 25 and 44 or living in the east or central portions of the county were most likely to have indicated such a problem.

#### 2) Lifestyle and Healthy Behavior

Physical health measurements showed that respondents' overall health was negatively associated with health insurance disruption. Findings on physical activity among respondents showed that more than 20 percent do no physical activity during a typical week.

#### 3) Women's Health

Survey results showed that insurance possession and education level are relevant indicators for having had a well-woman exam in the past 12 months. Consistently insured respondents were more than twice as likely as the uninsured to have received a well-woman exam in the last 12 months.

The full report can be downloaded from the Waco-McLennan County Public Health District at  
**<https://www.waco-texas.com/cms-healthdepartment/>**