



Baylor Scott & White

COLON & RECTAL SURGICAL CONSULTANTS
OF NORTH TEXAS

PLANO

A member of HealthTexas Provider Network

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469.800.4770
469.800.4778 Fax

Your colonoscopy is scheduled: _____ Arrival Time: _____

Baylor Surgicare at Plano

1701 Ohio. Dr.

Plano, TX 75093

214-291-3000

North Central Surgical Center

9301 North Central Expwy, Ste. 670

Dallas, TX 75231

214-265-2832

CLENPIQ PREP SPLIT DOSE

Please follow these instructions to prepare:

♦ ♦ For SEVEN DAYS prior to surgery, NO ASPIRIN PRODUCTS. You may take Tylenol.

*if you are a diabetic or on blood thinning medication such as Plavix, Aspirin, Coumadin, Motrin, Nuprin, Advil or

Other anti-inflammatory drugs inform the doctor NOW.

*Prep has been called into your pharmacy.

The morning before your colonoscopy. (You can have breakfast if you are not constipated)

1. Begin a clear liquid diet. This consists of items such as tea, coffee, clear sodas, clear broth, plain jello, apple juice, white cranberry juice, white grape juice, hard candy. Nothing red or purple. No Dairy.
2. That evening (5:00pm or 6:00pm), Drink one bottle of Clenplq. Then, keep hydrating. Drink 5 cups (8 oz each) of clear liquid. Finish liquids over the next 5 hours slowly. This allows the prep to flush through.
3. You may continue to sip on clear liquids throughout the evening as tolerated in small amounts.

The day of your colonoscopy:

1. At 4 hours before your arrival time, drink the other bottle of Clenpiq right from the bottle. Then, keep hydrating. Drink at least 3 cups (8 oz. each) of clear liquids over the next 1 hour. Be sure to finish all liquids 3 hours before your arrival time. Drink nothing during this 3-hour time frame.
2. You may take your usual medications with a small amount of water.
3. No Breakfast, (if your scope is later in the day, you may have clear liquids up until 3 hours prior to your colonoscopy.)
4. Someone will need to come with you to drive you home.

If you have any questions, please call 469-800-4770.