


Suprep, Suflave or Clenpiq Morning Prep Instructions

The Week BEFORE Colonoscopy	<ul style="list-style-type: none"> • Pick up your prescription from your pharmacy • 48 HOURS PRIOR TO PROCEDURE PLEASE DO NOT HAVE ANY NUTS, POPCORN, OR ANY TYPE OF SEEDS. • STOP ALL BLOOD THINNERS 7 DAYS PRIOR TO PROCEDURE
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2 Days Before your Procedure	<ul style="list-style-type: none"> • PLEASE DO NOT HAVE ANY NUTS, POPCORN, OR ANY TYPE OF SEEDS
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The Day BEFORE Colonoscopy	When you wake up	<ul style="list-style-type: none"> • Start clear liquid diet Clear liquids include all of the following that are NOT colored RED OR PURPLE: <table style="width: 100%; border: none;"> <tr> <td>Gatorade</td> <td>Plain jell-o</td> <td>Popsicles</td> <td>Coffee (no Cream)</td> </tr> <tr> <td>Apple Juice</td> <td>Kool-Aid</td> <td>Soda Pop</td> <td>Clear broth</td> </tr> <tr> <td>Tea</td> <td>Water</td> <td>Crystal Light</td> <td>Lemonade (no Pulp)</td> </tr> <tr> <td>Soda</td> <td></td> <td></td> <td></td> </tr> </table> <p style="background-color: yellow;">Remember: Do not eat any solid foods the entire day, do not drink orange juice, milk or any milk products.</p> <ul style="list-style-type: none"> • Diabetics: skip your dose of diabetic medication the day before and the morning of the procedure • The more you drink and hydrate the better your prep will be! 	Gatorade	Plain jell-o	Popsicles	Coffee (no Cream)	Apple Juice	Kool-Aid	Soda Pop	Clear broth	Tea	Water	Crystal Light	Lemonade (no Pulp)	Soda			
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6:00 PM	<ul style="list-style-type: none"> • Use the Split dose instructions on the box of Suprep, Suflave or Clenpiq • Take first dose at 6PM 																	
10:00 PM	<ul style="list-style-type: none"> • Take second dose of prep at 10:00PM 																	
12:00 PM	<ul style="list-style-type: none"> • NOTHING TO EAT OR DRINK AFTER MIDNIGHT UNTIL AFTER YOUR PROCEDURE • It is ok to take your regular medication with a sip of water 																	

The Day of Your Colonoscopy		You must have a responsible person to drive you home after your procedure. From check in to check out it will take approximately 3-4 hours total. Be aware that the facility WILL NOT let you leave under any circumstances
		<p>Arrive at the surgery center</p> <p style="text-align: center; background-color: yellow;">Baylor Scott & White Surgicare Rockwall Center</p> <p style="text-align: center; background-color: yellow;">825 W Yellowjacket Lane</p> <p style="text-align: center; background-color: yellow;">Rockwall, Texas 75087</p>

Patient signature

Date