

DIGESTIVE DISEASES and Medical Weight Loss
4708 Alliance Blvd. Pavilion I, Suite #550
Plano, TX 75093

Terilyn R. Scott-Winful, MD

INSTRUCTIONS FOR COLONOSCOPY WITH CLENPIQ *SPLIT – DOSE****

- 1. Medication:** Please notify us if you are on the following medications: **Plavix, Aggrenox, Pletal (cilostazol), Coumadin (Warfarin), Pradaxa, Effient, Xarelto, Brilinta or Eliquis.** These medications will need to be held **5 days prior** to your procedure. Please verify with your cardiologist or PCP whether these medications are safe to hold due to your medical condition. You should not use **Lovenox** or **Fragmin** the day of your procedure. If you take a baby aspirin, you should continue it unless recommended otherwise by your cardiologist or PCP. If you are Diabetic, please consult your primary care physician regarding your medication and diet. If you are taking **Phentermine** you need to hold the medication 5 days before your procedure. **You may continue to take all other medications.** Please call our office with any questions you may have.
- 2. Diet:** The day before colonoscopy, consume **CLEAR LIQUIDS ONLY! DO NOT EAT ANYTHING!** Avoid **dairy and pulp products and anything that is red or purple!!** Drink plenty of fluids all day. Examples include: **water, tea, sodas, Gatorade, strained fruit juices (no pulp), beef or chicken broth, Jell-O, popsicles and coffee without cream.** From the time you wake up until **12 midnight.**
- 3. Prep Instructions: DAY BEFORE:** You may refrigerate both bottle of **CLENPIQ.** You will begin drinking your **first dose of CLENPIQ at 6:00 p.m.** When finished drink (5) five cups (40 oz.) of water. **MORNING OF PROCEDURE:** At _____ am, drink the second dose of the prep. Follow with (3) three cups (24 oz.) of water. Be sure to drink clear liquids between doses of prep to ensure adequate hydration. **YOU SHOULD NOT HAVE ANYTHING TO DRINK 4 HOURS PRIOR TO THE PROCEDURE.** Please remove all jewelry prior to the procedure.
- 4. Procedure Fees:** There is a possibility of four fees: physician, facility, pathology & anesthesia. Physician and facility fees will be due before the procedure(s). You will receive a call from the physician's office and the facility to collect.
- 5. Transportation:** You must have someone you know drive you home. Taxicabs; Uber; Lyft or buses are not acceptable. You can expect to be at the facility 3-4 hours from the time you arrive.
- 6. COVID Test:** The facility will contact you to schedule your COVID test no later than 72 hours before your procedure. If you do not receive a call please call the phone number listed next to the facility below.

Please Report To:

- Castle Hills Surgicare, 4221 Medical Parkway Suite 100, Carrollton, TX 75010 (972) 939-2141
- Baylor Ambulatory Endoscopy Center, 4708 Alliance Blvd., Medical Pavilion 1, Ste 210 Plano, TX 75093 (469) 800-6021. (www.baylorendoscopycenter.com)
- Baylor Scott & White Medical Center Plano, 4700 Alliance Blvd., 2nd Floor, Day Surgery (469) 814-5200.

DATE: _____ **TIME:** _____ **Check In:** _____

DR: _____ Scott-Winful _____

TO AVOID A NO SHOW/CANCELLATION FEE PLEASE CALL THE OFFICE 48 BUSINESS HOURS BEFORE YOUR PROCEDURE IF YOU NEED TO CANCEL OR RESCHEDULE AT (469) 800-6580.