

DIGESTIVE DISEASES and MEDICAL WEIGHT LOSS  
4708 Alliance Blvd Pavilion I Suite 550  
Plano, TX 75093

Terilyn R. Scott-Winful, MD

**INSTRUCTIONS FOR COLONOSCOPY WITH SUTAB \*\*\*SPLIT – DOSE\*\***

- 1. Medication:** Please notify us if you are on the following medications: **Plavix, Aggrenox, Pletal (cilostazol), Coumadin (Warfarin), Pradaxa, Effient, Xarelto, Brilinta or Eliquis.** These medications will need to be held **5 days prior** to your procedure. Please verify with your cardiologist or PCP whether these medications are safe to hold due to your medical condition. You should not use **Lovenox or Fragmin** the day of your procedure. If you take a baby aspirin, you should continue it unless recommended otherwise by your cardiologist or PCP. If you are Diabetic, please consult your primary care physician regarding your medication and diet. If you are taking **Phentermine** you need to hold the medication 5 days before your procedure. **You may continue to take all other medications.** Please call our office with any questions you may have.
- 2. Diet:** The day before colonoscopy, consume **CLEAR LIQUIDS ONLY! DO NOT EAT ANYTHING! Avoid dairy and pulp products and anything that is red or purple!!** Drink plenty of fluids all day. Examples include: water, tea, sodas, Gatorade, strained fruit juices (no pulp), beef or chicken broth, Jell-O, popsicles and coffee without cream.
- 3. Prep Instructions: DAY BEFORE:** Fill the provided container with 16 ounces of water (up to the fill line). You may refrigerate. You will begin your **first dose at 6:00 p.m.** Swallow each tablet with a sip of water and drink the entire amount (1 bottle= 12 tablets) over 15 to 20 minutes. 30 minutes after you take the last tablet drink another 16 ounces of water over 30 minutes. 30 minutes after drinking the container of water drink another 16 ounces over 30 minutes. **MORNING OF PROCEDURE: At \_\_\_\_am.** Repeat the steps from your first dose. Be sure to drink clear liquids between doses of prep to ensure adequate hydration. **YOU SHOULD NOT HAVE ANYTHING TO DRINK 4 HOURS PRIOR TO THE PROCEDURE.** Please remove all jewelry prior to the procedure.
- 4. Procedure Fees:** There is a possibility of four fees: physician, facility, pathology & anesthesia. Physician and facility fees will be due before the procedure(s). You will receive a call from the physician's office and the facility to collect.
- 5. Transportation:** You must have someone you know drive you home. Taxicabs; Uber; Lyft or buses are not acceptable. You can expect to be at the facility 3-4 hours from the time you arrive.
- 6. COVID CONCERNS:** If you have had a positive COVID test within 21 days of your procedure day please call our office to reschedule.
- 7. COVID Test:** The facility will contact you to schedule your COVID test no later than 72 hours before your procedure. If you do not receive a call please call the phone number listed next to the facility below.

**Please Report To:**

- Castle Hills Surgicare, 4221 Medical Parkway Suite 100, Carrollton, TX 75010 (972) 939-2141
- Baylor Ambulatory Endoscopy Center, 4708 Alliance Blvd., Medical Pavilion 1, Ste 210 Plano, TX 75093 (469) 800-6021. ([www.baylorendoscopycenter.com](http://www.baylorendoscopycenter.com))
- Baylor Scott & White Medical Center Plano, 4700 Alliance Blvd., 2nd Floor, Day Surgery (469) 814-5200.

**DATE:** \_\_\_\_\_ **TIME:** \_\_\_\_\_ **Check In:** \_\_\_\_\_

05/06/2021 SMH

**DR:** \_\_\_\_\_Scott-Winful\_\_\_\_\_

**TO AVOID A NO SHOW/CANCELLATION FEE PLEASE CALL THE OFFICE 48 BUSINESS HOURS BEFORE YOUR PROCEDURE IF YOU NEED TO CANCEL OR RESCHEDULE AT (469) 800-6580.**