

**DIGESTIVE DISEASES GROUP**  
**4708 Alliance Blvd, Suite 550**  
**Plano, TX 75010**

Terilyn R. Scott-Winful, M.D

**Instructions for Upper Endoscopy (EGD)**

1. **Medication:** Please notify us if you are on the following medications: **Plavix, Aggrenox, Pletal (cilostazol), Coumadin (Warfarin), Pradaxa, Effient , Xarelto, Brilinta or Eliquis.** These medications may need to be held 2-5 days prior to your procedure. Please verify with your cardiologist or PCP whether these medications are safe to hold due to your medical condition. You should not use **Lovenox** or **Fragmin** the day of your procedure. If you are taking aspirin, you should continue it unless recommended otherwise by your cardiologist or PCP. If you are Diabetic, please consult your primary care physician regarding your medication and diet. If you are taking **Phentermine** you need to hold the medication 5 days before your procedure. **You may continue to take all other medications.** Please call our office with any questions you may have.
2. **Diet:** You cannot have anything to eat or drink, including water, after midnight.
3. **Additional Instructions:** Please remove all jewelry prior to the procedure.
4. **Procedure Fees:** There is a possibility of four fees: physician, facility, pathology and anesthesia. Physician and facility fees will be due before the procedure(s). You will receive a call from the physician's office and the facility to collect.
5. **Transportation:** You must have someone you know drive you home. Taxicabs, Uber, Lyft & buses are not acceptable. You can expect to be at the facility 2-4 hours from your arrival time.
6. **COVID Test:** The facility will contact you to schedule your COVID test no later than 72 hours before your procedure. If you do not receive a call please call the phone number listed next to the facility below.

**Please Report To:**

- Castle Hills Surgicare, 4221 Medical Parkway Suite 100, Carrollton, TX 75010 (972) 939-2121
- Baylor Ambulatory Endoscopy Center, 4708 Alliance Blvd., Medical Pavilion 1, Ste 210 Plano, TX 75093 (469) 800-6021. ([www.baylorendoscopycenter.com](http://www.baylorendoscopycenter.com))
- Baylor Scott & White Medical Center Plano, 4700 Alliance Blvd., 2<sup>nd</sup> Floor, Day Surgery (469) 814-5200.

**DATE:** \_\_\_\_\_ **TIME:** \_\_\_\_\_ **Check In:** \_\_\_\_\_

**DR:** \_\_\_\_\_

**TO AVOID A NO SHOW/CANCELLATION FEE PLEASE CALL THE OFFICE 48 BUSINESS HOURS BEFORE YOUR PROCEDURE IF YOU NEED TO CANCEL OR RESCHEDULE AT (469) 800-6580.**