

EGD PREOP INSTRUCTIONS –

24 HOUR CLEAR DIET

BSW Digestive Disease – Waxahachie

PREPARATION:

You must have someone drive you for your procedure. You will be sedated for your procedure and will not be allowed to drive yourself home.

THE DAY BEFORE YOUR PROCEDURE:

No solid food the day before procedure from the moment you wake up.

ALLOWED:	NOT ALLOWED:
<ul style="list-style-type: none">• Apple juice• Yellow grape juice• Lemonade• Gatorade or any sports drink• Water: still or sparkling• Tea (no milk)• Coffee (no creamer)• Clear soft drinks (sprite, ginger ale, 7UP)• Clear beef or chicken broth (must be strained)• Popsicles, Jell-O, and hard candy	<ul style="list-style-type: none">• Dairy products (milk, almond milk, soy milk, cheese, cream, coffee creamer, yogurt, butter)• Anything RED or PURPLE• Alcohol (any kind)• Drinks with pulp (orange juice)

THE MORNING OF YOUR PROCEDURE:

You may take any heart, blood pressure, thyroid, anxiety/mood, chronic pain, seizure medication, and/or acid reflux medication before you come in with a small sip of water. Do not drink anything else 3 hours prior to your arrival time.

CANCELLATION POLICY:

Procedure scheduling requires careful coordination between staff, doctors, and the facility. If you need to cancel or reschedule, **call at least 10 days before your procedure at 469-800-9950**. Failure to provide notice may result in a fee, which is **not covered by insurance** and must be paid before rescheduling.

Waxahachie Anesthesia Consultants: (972) 937-7240
Baylor Hospital Billing: (844) 825-0002

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MEDICATION TIMELINE:

7 DAYS PRIOR:	STOP taking ALL WEIGHT LOSS MEDICATION ex: PHENTERMINE, QSYMIA, phendimetrazine tartrate
5 DAYS PRIOR:	Warfarin (Coumadin), Eliquis (Apixaban), Xarelto (Rivaroxaban), Pradaxa (Dabigatran), Savaysa (Edoxaban), Bevyxxa (Betrixaban), Aggrenox, Heparin, Lovenox On anti-platelet agents such as Plavix (Clopidogrel), Effient (Prasugrel), Brilinta (Ticagrelor), and Ticlid (Ticlopidine), a clearance from the prescribing provider to stop the medication before the procedure is REQUIRED BEFORE THE PROCEDURE CAN BE SCHEDULED .
4 DAYS PRIOR:	Steglatro (Ertugliflozin), Farxiga (Dapagliflozin), Invokana (canagliflozin), Jardiance (Empagliflozin), Segluromet (Ertugliflozin), Steglujan (Ertugliflozin/Sitagliptin)
3 DAYS PRIOR:	STOP taking any iron supplements. Jardiance (Empagliflozin Metformin), Xigduo XR (Dapagliflozin – Metformin), Synjardy (Empagliflozin-metformin), Synjardy XR (Empagliflozin/Metformin), Glyxambi (Empagliflozin-linagliptin), Trijardy XR (Empagliflozin-linagliptin-metformin), Invokamet XR (Canagliflozin/Metformin), Kombiglyze XR (Saxagliptin/Metformin), Saxagliptin (Onglyza), Qtern (Dapagliflozin/Saxagliptin)

IF YOU ARE DIABETIC: Day before your procedure **reduce your insulin by 50%**.

DAY OF PROCEDURE: Do **NOT** take any insulin or Metformin until after your procedure.



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HEALTH