

EGD PREOP INSTRUCTIONS

BSW Digestive Disease – Waxahachie

Welcome! You've taken an important step toward better health, and we're here to support you every step of the way!

Since you're scheduled for an Esophagogastroduodenoscopy (EGD), we're here to guide you through the preparation process to ensure the best possible results. Below, you'll find the essential instructions to follow before your procedure, including fasting guidelines and any necessary medication adjustments. Proper preparation is crucial, as it allows your provider to clearly examine your esophagus, stomach, and the beginning of your small intestine for any concerns, such as inflammation, ulcers, or other conditions. Let's get you set for a smooth and successful EGD!

If you have any questions or need assistance, please don't hesitate to call our office at **469-800-9950** or send us a message through the patient portal via the **MyBSWHealth app or website**. We're happy to assist you and answer any questions you may have! Thank you for trusting us with your healthcare!

PREPARATION:

- You must have someone drive you for your procedure. You will be sedated for your procedure and will not be allowed to drive yourself home.
- STOP taking weight loss medications 7 days prior to procedure.
- STOP taking oral iron pills or vitamins containing iron 3 days prior to procedure.
- STOP taking blood thinner medication 3-5 day prior to procedure.
- STOP taking oral diabetic medication 3-4 days prior to procedure.

THE EVENING BEFORE YOUR PROCEDURE:

DO NOT eat or drink anything after midnight (12:00 am) until after the procedure.

THE MORNING OF YOUR PROCEDURE:

You may take any heart, blood pressure, thyroid, anxiety/mood, chronic pain, seizure medication, and/or acid reflux medication before you come in with a small sip of water. Do not drink anything else 3 hours prior to your arrival time.

CANCELLATION POLICY:

Procedure scheduling requires careful coordination between staff, doctors, and the facility. If you need to cancel or reschedule, **call at least 10 days before your procedure at 469-800-9950**. Failure to provide notice may result in a fee, which is **not covered by insurance** and must be paid before rescheduling.

WAXAHACHIE ANESTHESIA CONSULTANTS: 972-937-7240
BAYLOR HOSPITAL BILLING: 844-825-0002

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MEDICATION TIMELINE:

Review the chart listed below for any medications you are currently taking and be aware of the amount of time prior to your procedure **REQUIRED** to hold (stop taking) your medication.

All blood thinner medication REQUIRE A CLEARANCE TO HOLD from the prescribing provider (cardiologist, primary care provider, etc.) to stop the medication before the procedure. *

STOP 7 DAYS PRIOR:	All weight loss medication: examples include Phentermine (Adipex) and Qsymia (Phentermine / Topiramate), Dulaglutide (Trulicity), Exenatide (Bydureon, Byetta), Liraglutide (Saxenda, Victoza), Lixisenatide (Adlyxin), Semaglutide (Ozempic, Wegovy), Tirzepatide (Mounjaro). Some of those medications are used to treat diabetes. You will need to hold them and inform your diabetes doctor to determine if an alternative is needed.
STOP 5 DAYS PRIOR:	The following blood thinners: Warfarin (Coumadin), Plavix (Clopidogrel), Effient (Prasugrel), Brilinta (Ticagrelor), Pletal (Cilostazol), Aggrenox (Aspirin/Dipyridamole). You will resume after procedure is done.
STOP 3 DAYS PRIOR:	Oral Iron supplement and diabetic medications: Invokana (canagliflozin), Jardiance (Empagliflozin), Farxiga (Dapagliflozin), Steglatro (Ertugliflozin), Segluromet (Ertugliflozin/Metformin), Xigduo XR (Dapagliflozin / Metformin). Ritalin (Methylphenidate). You will resume after procedure
STOP 2-3 DAYS PRIOR:	The following blood thinners: Eliquis (Apixaban), Xarelto (Rivaroxaban), Pradaxa (Dabigatran). You will resume after procedure is done.
STOP 1 DAY PRIOR:	The following blood thinners: Heparin, Lovenox. You will resume after procedure is done.
STOP DAY BEFORE PROCEDURE:	Insulin dependent patients MUST reduce long-acting insulin dose by 50% the night before procedure and you will resume after. Check your blood sugars at least twice: in the morning before beginning your clear liquids and at bedtime.
STOP MORNING OF PROCEDURE:	Don't take long-acting insulin, oral diabetes medications, such as Glucophage (Metformin), Glucotrol (Glipizide), or Actos (Pioglitazone). Check your blood sugar in the morning before arrival time.

IF YOU ARE DIABETIC: Day before your procedure **reduce your insulin by 50%.**

DAY OF PROCEDURE: Do **NOT** take any insulin or Metformin until after your procedure.