



# Baylor Scott & White

## THE VOICE CENTER

*A member of HealthTexas Provider Network*

### What to expect at your first visit:

Patients will be asked to fill out a detailed voice and/or upper airway assessment and general medical history questionnaires. Please have these filled out completely prior to your appointment in order to expedite your visit. Please note: We do not validate parking at our facility. Please plan on your consult and evaluation to be about two hours.

You will meet one of the following specialists based off your specific care needs and one of our specialized speech pathologists, Kim Coker, Stephanie Fort or Maeve Murtagh who will work together to assess and treat you with the highest level of care.

The voice team will listen to your voice and symptoms. You will be asked to repeat some specially worded phrases and asked to complete exercises to further assess the problem or see if symptoms can be improved. Dr. Arviso, Dr. Rodney or Dr. Hopewell will perform a detailed head and neck exam. You will then have a procedure to evaluate and record the appearance and movement of your voice box called a Videostroboscopy. This is essential for a thorough examination of any voice disorder. Videostroboscopy may be done with a scope in your mouth or through your nose. This does not require sedation. There will not be any limitations or restrictions on your daily activity following your visit. By the end of your evaluation, you will understand the nature of your voice problem, and the potential roles of interventions such as medications, voice therapy, and/or surgical intervention. Additional testing may be necessary.

### Our team:

**Lindsey Arviso, MD** attended medical school at University of Texas Medical Branch in Galveston. She then went on to complete her internship and residency at Emory University. Her fellowship in laryngology and voice care took place at the Vanderbilt Voice Center at Vanderbilt University. She specializes in voice care for professional voice users, as well as vocal cord paralysis, other voice disorders, swallowing, and upper airway disorders.

**Jennifer Rodney, MD** attended medical school at University of Florida in Gainesville Florida. She then went on to complete her internship and residency at the University of Oklahoma. Her fellowship in laryngology and voice care took place at the Vanderbilt Voice Center at Vanderbilt University. She specializes in voice care, swallowing, and upper airway disorders.

**Bridget Hopewell, MD** attended medical school at Yale University of Medicine in New Haven, CT. She then went on to complete residency at the University of Missouri Department of Otolaryngology-Head and Neck Surgery in Columbia, MO. Her fellowship in otolaryngology and voice care took place at Vanderbilt University. She specializes in chronic cough and professional voice care and empowers patients through education for their medical condition.

**Kim Coker, SLP** is a speech language pathologist specializing in care of the voice and upper airway disorders. She received a Bachelor's degree in Communication and Hearing Sciences at Texas Christian University followed by a Master's degree in Speech Language Pathology from Vanderbilt University. She has 25 years' experience working exclusively with professional voice users including speakers and singers, upper airway (including chronic cough, vocal cord dysfunction, and dysfunctional breathing) and swallowing disorders.

**Stephanie J. Fort, SLP** is a singer teacher, performer, and speech-language pathologist. She holds a Master's degree in voice performance and pedagogy from Penn State University and a Master's degree in communicative disorders from University of Wisconsin-Madison. She also serves as an assistant professor of music-voice for 3 years. Ms. Fort enjoys working with a wide variety of patients and specializes in singing and professional voice.

**Maeve Murtagh, SLP** is a licensed speech-language pathologist. She holds a Bachelor's degree in Communication Sciences and Disorders from Texas Christian University followed by a Master's degree in Speech Language Pathology. She has a wide-variety of clinical experiences working with individuals with progressive neurological diseases, voice, upper-airway disorders, as well as swallowing disorders, and rehabilitation of head and neck cancer.

### Fees:

There will be a charge to you or your insurance carrier for a Videostroboscopy, voice/speech evaluation performed by Speech Pathologist and an Evaluation and Management code by Dr. Arviso, Dr Rodney, or Dr. Hopewell. Some insurance company will change an additional copay for services performed by a Speech Pathologist. Most insurance carriers will apply Videostroboscopy to your deductible. We will collect copays, co-insurances or deductibles at the time of service. Thank you for allowing us to participate in the care of your medical needs. We look forward to seeing you at your appointment.

### Baylor Scott & White- The Voice Center

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\*Please visit our website for more information and to download patient forms and additional documents at [bswvoicecenter.com](http://bswvoicecenter.com)

\*Please also use the MyBSWHealth app to communication with your care team. Ask any medical related questions or obtain refill of medications.