

Jalisa Jackson

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RESEARCH AND CLINICAL INTERESTS

Overall interests centered on the influence of complex trauma and adversity on mental health. I'd like to explore this influence in order to delineate strategies towards resilience and coping mechanisms amongst marginalized communities (i.e. African Americans, women, low-income), understand intersections of race and gender in access to, diagnosis and evidence-based treatment of mental illness, and promote further development of community-clinical partnerships and interventions for more equitable healthcare.

EDUCATION

Duke University, Trinity College of Arts and Sciences, Durham, NC

Bachelor of Arts (BA) - Psychology and African & African American Studies, 2021

Honors: *Dean's List (2017-2021), Magna Cum Laude*

RESEARCH EXPERIENCE

Clinical Research Assistant I

June 2023 – August 2024

Senior Clinical Research Assistant

August 2024 - present

Warriors Research Institute under the direction of Dr. Suzy Bird Gulliver

- Assist as key study personnel (KSP) with multiple grant-funded research projects focused on trauma-exposed public safety personnel including firefighters, veterans and national park service employees presenting with anxiety, depression and substance use
- Recruit and retain study participants by facilitating the onboarding and assessment processes
- Assist with grant-writing to nationally renowned funding agencies such as CDC, CPRIT and FEMA by conducting literature reviews and writing sections such as background, method, and results.
- Collaborate with team members on writing tasks for peer-reviewed publications
- Perform Adult Needs and Strengths Assessments (ANSAs) prior to treatment onset
- Ensure study protocol compliance via immediate and annual IRB reporting i.e continuing reviews, submitting amendments and proof of training
- Prepare, wrangle and analyze cross-sectional and longitudinal data for dissemination via peer-reviewed journals, community presentations and variety of conferences including ABCT, APA, Combat PTSD, and ISTSS
- Conduct ongoing aftercare to career firefighters following discharge from national in-patient care facility
- Facilitate efficient research practices (i.e. timely communication, problem-solving, verbal and written documentation of clinical matters), across working group by thorough attention to detail and comprehension short- and long-term priorities

- Train undergraduate interns and fellow research assistants on both a breadth and depth of administrative and research-related tasks such as participant assessment follow-up, clinical assessment, and data entry
- Coordinate study participant compensation and incentivization (i.e. gift cards, challenge coins, holiday cards and letters)

Clinical Research Specialist, Sr.

June 2021 – June 2023

Duke Center for Eating Disorders under the direction of Dr. Nancy Zucker

– ***Lab Manager***

- Organized and coordinated research-related assignments for undergraduate students such as literature reviews, video coding, study participant correspondence and independent study/thesis projects
- Maintained Duke Center for Eating Disorders' clinical community website
- Mentored undergraduate students on their independent study projects and semester-long practicums with the Eating Disorder Research Lab
- Assisted with the growing student-driven, and faculty-/administrator-backed text line, DukeLine, that facilitated peer support to Duke students anonymously by collecting data on student coaches and coordinating team of student researchers
- Co-led content creation team for the Center's social media and website pages

– ***Chompions Study***

- Recruited and screened families across the United States for two-arm intervention study (*Project #5R33MH121549-02*) for Avoidant Restrictive Food Intake Disorder (ARFID) in young children ages 5 to 9 as KSP
- Tracked baseline and follow-up treatment data more than 50 families with children who have symptoms of ARFID
- Maintained websites for study participants to access relevant information about study procedures
- Conducted virtual consent calls, dietary recalls and diagnostic interviews including the Pica, ARFID and Rumination Disorder Interview (PARDI)
- Cleaned pre and post survey data on children food approaches
- Assisted in preparation for Data Safety Monitoring Board and medical review meetings by creating participant summaries based on completed assessments

- ***Food Scientists Study***

- Collected video and survey data for more than 100 families with children who have symptoms of ARFID as KSP
- Facilitated 75+ dietary recalls via National Institute of Health's ASA24 System to collect children's nutritional data
- Partnered with community organizations including Hayti Heritage Center, Breastfeed Durham and Chapel Hill and Carrboro City Schools to expand local recruitment efforts
- Coded and analyzed 100+ videos of child-led food approaches

- Trained and supervised undergraduate lab members on behavioral video coding for children's food approaches; performed reconciliation using members' initial five videos coded to ensure accuracy and quality of coding and overall understanding
- Provided feedback and held routine meetings with principal investigators and team on participant food approach data
- Made improvements to established coding methods for behavioral video coding by defining behavior thresholds and formulating coding manual determining child's comfort during food approach
- Reviewed 30+ PARDI assessments to confirm original assessment rating results using updated version of interview

- ***Social Media Intervention Study***
 - Created a brief, animated module to intervene upon social comparisons made during social media use by practicing social savoring
 - Submitted an abstract to Academy for Eating Disorders and presented at 2022 International Conference on Eating Disorders
 - Assisted with preparation of manuscript to be submitted to peer-reviewed journal

Undergraduate Honors Thesis: *Coping at the Margins: Impact of Race on Students' Coping, Sense of Self-efficacy and Belonging* **July 2020 - April 2021**

Duke University under the direction of Savannah Erwin and Drs. Sarah Gaither and Nancy Zucker

- Formulated primary and secondary research questions, collected and analyzed data from more than 140 undergraduate students using R software
- Presented findings regarding coping mechanisms for mental wellness among marginalized students compared to non-marginalized students at a historically white institution to advising committee

Bass Connections (Research Team: Peer Coaches: Improving Mental Health Treatment for College Students) **August 2019 - April 2021**

Duke University, Office of Interdisciplinary Studies

- Compiled resource database including both on and off-campus resources for Duke University undergraduate students related to mental health, academics, and personal/social life
- Assisted in development of DukeLine, a free and confidential texting platform for students to connect with peer coaches, trained by mental health professionals, increasing access to mental health support

Psychology Vertical Integration Program (VIP) Student

May 2020 - July 2020

Duke University, Department of Psychology and Neuroscience

- Attended weekly sessions led by research faculty on ongoing research in different areas of psychology including cognitive, development, social and clinical
- Attended biweekly sessions to advance knowledge of R Studio for analyzing data
- Received professional development training as it relates to furthering education in psychology and navigating careers in psychology

- Collaborated with faculty and graduate student mentors to complete research and develop own research project

Undergraduate Intern

May 2019 - July 2019

Tennessee Voices (formerly Tennessee Voices for Children)

- Created presentations for professionals related to childhood trauma and trauma-informed care
- Developed resource databases for providers to share with clients, particularly in rural areas across the state
- Shadowed clinical social workers and other mental health providers closely
- Learned more about organization programs including early childhood interventions, juvenile justice, mental health screening, young adult transitions and wraparound care for victims of crime
- Assisted with community outreach efforts by tabling at community festivals and fairs
- Attended quarterly meetings/conferences for state social services
- Attended monthly community-centered sessions for young adults

PUBLICATIONS

Torres, V. A., Coe, E., **Jackson, J.**, Leonard, K., Rostockyj, J., Swensen, K., Meyer, E. C., Gulliver, S. B., & Jones, S. (under review). Evidence-based treatment selection for PTSD and comorbid symptoms. *Journal of Traumatic Stress*.

Thomas, K. L., Coe, E., **Jackson, J.**, Hindle, E., Gulliver, S. B. (under review). Primary Care Providers' Knowledge and Attitudes Regarding Women Veteran Cardiovascular Health. *Health Education and Behavior*

Torres, V. A., Hernandez, E., Renner, S., Flores, A., **Jackson, J.**, Swensen, K., Coe, E., & Gulliver, S. B. (under review). A Multigenerational Clinical Team's Perspectives on Culturally Competent, Evidence Based Care for Veterans and Veteran Family Members. *JMVFH*.

Torres, V. A., Swensen, K., Lewis, J., Beattie, E., Kuslak, B., **Jackson, J.**, Thomas, K., Ard, G., Gupman, R., Leto, F., & Gulliver, S. B. (under review). Benefits and Costs of Working in National Park Service: Focus Group Findings.

Andrade, F.C., Erwin, S., Burnell, K., **Jackson, J.**, Storch, M., Nicholas, J., Zucker, N. *Intervening on Social Comparisons on Social Media: An Electronic Daily Diary Pilot Study*, 2022 (accepted)

Gianneschi, Julia, Washington, Kara, Pilato, Ilana, Rivera-Cancel, Alannah, **Jackson, Jalisa**, Mines, Ellen, Nicholas, Julia, Kyung Kim, Young, di Martino, Matias, Zucker, Nancy, Sapiro, Guillermo. *Assessing Fear of Negative Consequences and Anxiety in Children with ARFID Symptoms*, 2022 (manuscript in progress)

Kim, Young Kyung J., Martino, Matias, Nicholas, Julia K., Pilato, Ilana, Rivera-Cancel, Alannah M., Gianneschi, Julia, **Jackson, Jalisa**, Mines, Ellen, LeMay-Russell, Sarah, Katzman, Debra, Bryant-Waugh, Rachel, Marcus, Marsha D., Zucker, Nancy L., Sapiro, Guillermo. *A Tale of Two Food*

Adventurers: The Challenges and Triumphs of Repeated Food Exposures in Avoidant/Restrictive Food Intake Disorder, 2022 (manuscript in progress)

PRESENTATIONS

Katz, J.M., Coe, E., Thomas, K.L., Owusu-Sekyere, E., Milton, J., **Jackson, J.E.**, & Gulliver, S.B. (2024). *PCP Characteristics and Women-Veteran Specific CVD Risk Knowledge* [Poster Presentation]. 9th Annual San Antonio Combat PTSD Conference, San Antonio, TX, United States of America.

Milton, J., **Jackson, J.E.**, Katz, J., Coe, E., Gulliver, S.B. (2024). *The Relationship between Moral Injury and Self-Compassion in Treatment-Seeking Veterans* [Poster Presentation]. 9th Annual San Antonio Combat PTSD Conference, San Antonio, TX, United States of America.

Torres, V. A., Thomas, K., **Jackson, J.E.**, Beattie, E., Lewis, J., Kuslak, B., Ard, G., Swensen, K., Gupman, J. R., & Gulliver, S. B. (2024, August 8-10). Peer Support for National Park Service (NPS) Workers Living in a Frontier Community. [Poster presentation]. American Psychological Association Conference, Seattle, WA, USA.

Jackson, L., **Jackson, J.E.**, Torres, V.A., Coe, E., Gulliver, S.B. (2024). *Is This a Safe Space?: The Relationship between Patient's Therapeutic Alliance and Experiential Avoidance* [Poster session]. Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA, United States of America.

Jackson, J., Hindle, E., Alvarez, M., Walker, I., Coe, E., Gulliver, S. (2024). Mental Health Across Landscapes: Assessing Treatment Satisfaction and Completion Among Rural and Urban Veterans and Families. Baylor Scott & White Scholars Day, Temple, TX, United States of America.

Hindle, E., Thomas, K., **Jackson, J.**, Coe, E., Walker, I., & Gulliver, S. (2024). Primary Care Providers' Knowledge of CVD Risk Factors of Women Veterans. Baylor Scott & White Scholars Day, Temple, TX, USA.

Jackson, J., Ard, G., Swensen, K., Jones, S., Rostockyj, J., Coe, E., & Gulliver, S. (2023). *Combatting PTSD Severity with Access: Examining PTSD Symptoms and Access to Services Among Treatment Seeking Veterans and Families*. Combat PTSD, San Antonio, United States of America.

Swensen, K., Kuslak, B., **Jackson, J.**, Milton, J., Jones, S., & Coe, E. (2023). *There's Equity in Access: Impact of Access to Services on Depressive Symptoms in Texas Veterans and Their Families*. Texas SOPHE, Austin, United States of America.

Jackson, J., Andrade, F.C., Erwin, S., Burnell, K., Storch, M., Nicholas, J., Zucker, N. (2022). "Scrolling to Savor: From Social Comparisons to Social Savoring on Social Media," Academy for Eating Disorders, International Conference on Eating Disorders.

HONORS & AWARDS

Academy for Eating Disorders (AED) Award for a student/trainee/early career professional top-scoring paper abstract in Innovative Use of Technology and Social Media, 2022

Duke International House's Community Engagement Award, 2020

Diversity in Psychology Program at the University of Minnesota, 2019

SKILLS

Qualtrics, Research Electronic Data Capture (REDCap), and SPSS Softwares

CERTIFICATIONS

Engagement, Recruitment and Retention in Clinical Research, 2022

Mental Health First Aid Training, 2019