Preparation for this test is important. Please read the instructions carefully and call our office if you have any questions.

**PLEASE ARRIVE 15 MINUTES PRIOR TO YOUR APPT TIME**
Patients arriving after their scheduled appointment time will be rescheduled.

- Comfortable clothing and shoes should be worn. Please do **NOT** wear heels, boots, sandals, flip-flops, overalls or dresses.
- **DO NOT** have caffeine or smoke for 12 hours prior to your test.
- **DO NOT** apply body lotion or oils to the chest area the day of the exam.
- **DO NOT** eat or drink 4 hours prior to the test. (You can drink a small amount water)
- Continue your medications unless otherwise instructed by your physician.

Date:_________________ Time:_________________

Patients with a financial obligation of greater than $100 will receive a pre-visit courtesy call informing them of the estimated amount to be collected upon arrival.