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469-800-4770
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ColonRectalSurgeryNT.com

Your colonoscopy is scheduled _____. You should check into the facility below at _____ For your colonoscopy.

Baylor Surgicare at Plano

1701 Ohio. Dr.

Plano, TX 75093

214-291-3000

North Central Surgical Center

9301 North Central Expwy, Ste. 670

Dallas, TX 75231

214-265-2832

SUPREP PREP SPLIT DOSE

Please follow these instructions to prepare:

♦♦ For SEVEN DAYS prior to surgery, NO ASPIRIN PRODUCTS. You may take Tylenol.

**if you are a diabetic or on blood thinning medication such as Plavix, Aspirin, Coumadin, Motrin, Nuprin, Advil or Other anti-inflammatory drugs, Inform the doctor NOW.

*Prep has been called into your pharmacy.

Starting In the morning the day before your colonoscopy. (You can have breakfast if you are not constipated)

1. Begin a clear liquid diet. This consists of items such as tea, coffee, clear sodas, clear broth, plain jello, apple juice, white cranberry juice, white grape Juice, and hard candy. Nothing red or purple. No Dairy.
2. That evening (5:00pm-6:00pm) Pour one (1) 6-ounce bottle of Suprep liquid into the mixing container. Add cool drinking water to the 16-ounce line on the container and mix. Drink all the liquid in the container. You MUST drink two (2) more 16-ounce containers of water over the next 1 hour.
3. Nothing after midnight except your SUPREP the morning of your colonoscopy. (If your scope is later in the day, you may have clear liquids up until 3 hours prior to your colonoscopy.)

The day of your colonoscopy:

1. At three hours prior to your arrival time, pour One (1) 6-ounce bottle of Suprep Liquid into the mixing container. Add cool drinking water to the 16-ounce line on the container and mix. Drink all the liquid in the container. You MUST drink two (2) more 16-ounce containers of water over the next 1 hour.
2. You may take your usual medications with a small amount of water.
3. No Breakfast.
4. Someone will need to come with you to drive you home.

If you have any questions, please call 469-800-4770.