

# DALLAS DIAGNOSTIC ASSOCIATION

## HEALTH HISTORY FORM

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

Welcome to our practice!! We are happy you chose us to assist you with your health care needs. Please help us by completing both sides of this form. This is a confidential record that will be kept in your chart in this office.

Who referred you? \_\_\_\_\_

**Past Medical History:** Have you ever had the following? (Circle yes or no. Leave blank if you are unsure.)

Chicken pox . . . . .	no	yes	Hives or Eczema . . . . .	no	yes	Any other disease (please list)
Measles . . . . .	no	yes	Migraines . . . . .	no	yes	_____
Mumps . . . . .	no	yes	Seizures . . . . .	no	yes	_____
Infectious Mono . . . . .	no	yes	Stroke . . . . .	no	yes	When was your last:
Tuberculosis . . . . .	no	yes	Anemia . . . . .	no	yes	Pap smear _____
Pneumonia . . . . .	no	yes	Bleeding tendency . . . . .	no	yes	Mammogram _____
Asthma . . . . .	no	yes	Blood transfusion . . . . .	no	yes	Breast exam _____
Emphysema . . . . .	no	yes	AIDS/HIV . . . . .	no	yes	Prostate exam _____
Rheumatic Fever . . . . .	no	yes	Venereal disease . . . . .	no	yes	PSA test _____
Mitral valve prolapse . . . . .	no	yes	Bladder infections . . . . .	no	yes	Stool test for blood _____
Heart Disease . . . . .	no	yes	Kidney disease . . . . .	no	yes	Colonoscopy _____
Heart Attack . . . . .	no	yes	Ulcer . . . . .	no	yes	Chest Xray _____
High blood pressure . . . . .	no	yes	Hepatitis . . . . .	no	yes	Tuberculosis skin test (PPD) _____
High cholesterol . . . . .	no	yes	Liver disease . . . . .	no	yes	Tetanus shot _____
Thyroid disease . . . . .	no	yes	Gallbladder problem . . . . .	no	yes	Pneumonia shot _____
Diabetes . . . . .	no	yes	Hemorrhoids . . . . .	no	yes	Flu shot _____
Cancer . . . . .	no	yes	Hernia . . . . .	no	yes	Hepatitis A & B shots _____
Emotional problem . . . . .	no	yes	Osteoporosis . . . . .	no	yes	Vaccinations _____
Glaucoma . . . . .	no	yes	Back problems . . . . .	no	yes	Bone Density _____
Allergies/Hayfever . . . . .	no	yes	Arthritis . . . . .	no	yes	EKG/Stress test _____

**Serious Illnesses, Surgeries & Hospitalization:** (please list with date of occurrence)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Allergies:** (foods, drugs) Please indicate type of reaction.

\_\_\_\_\_

\_\_\_\_\_

**Family History:** Please indicate in the spaces below any family members with a history of: tuberculosis, diabetes, heart disease, cancer, emphysema, kidney disease, asthma, bleeding tendencies, anemia, epilepsy, glaucoma, high blood pressure, gout, arthritis, ulcer, stroke, nervous breakdown, gall bladder disease.

	Age	Health Problems	Age at Death	Cause
Father	_____	_____	_____	_____
Paternal Grandfather	_____	_____	_____	_____
Paternal Grandmother	_____	_____	_____	_____
Mother	_____	_____	_____	_____
Maternal Grandfather	_____	_____	_____	_____
Maternal Grandmother	_____	_____	_____	_____
Brothers	_____	_____	_____	_____
(how many in all? ____)	_____	_____	_____	_____
Sisters	_____	_____	_____	_____
(how many in all? ____)	_____	_____	_____	_____
Sons	_____	_____	_____	_____
(how many in all? ____)	_____	_____	_____	_____
Daughters	_____	_____	_____	_____
(how many in all? ____)	_____	_____	_____	_____

Any other family members with illnesses noted above? \_\_\_\_\_

**Social History:**

Marital Status: \_\_\_\_\_ Highest level of education: \_\_\_\_\_ Occupation: \_\_\_\_\_

Frequency/amount of alcohol use: \_\_\_\_\_ Frequency/amount of tobacco use: \_\_\_\_\_

Frequency/amount of drug use: \_\_\_\_\_ Frequency/amount of caffeine: \_\_\_\_\_

Frequency/amount of exercise: \_\_\_\_\_

**Current Medications:** (include non-prescription medications and vitamins or supplements):


**Other Doctors you see:**

**Specialty**


**Any additional information:**


**Review of Systems:** (Check all symptoms you have had recently)

**Constitutional**

- Fever or chills
- Loss of appetite
- Weight change over 10 lbs

**Eyes**

- Wear glasses or contacts
- Vision problem
- Eye discomfort or irritation

**Ears, Nose, Mouth, Throat**

- Stuffy or runny nose
- Nosebleeds
- Hearing loss
- Earache or ringing in ears
- Sore throat
- Sores or lumps in mouth
- Hoarseness of voice

**Cardiovascular**

- Chest discomfort
- Irregular or rapid heartbeat
- Swelling of ankles or legs
- Leg pain with walking

**Respiratory**

- Cough
- Coughing up blood
- Shortness of breath
- Wheezing

**Integumentary**

- Moles or skin problems
- Breast lumps
- Discharge from breast
- Abnormal lumps or growths

**Gastrointestinal**

- Nausea or vomiting
- Constipation
- Diarrhea
- Abdominal discomfort
- Bloating or excess gas
- Change in bowel habits
- Change in stool size
- Black bowel movements
- Rectal bleeding
- Hemorrhoids
- Difficulty swallowing
- Heartburn
- Intolerance of fatty foods
- Yellow skin or brown urine

**Genitourinary**

- Discomfort with urination
- Excess urination
- Difficulty urinating
- Red or bloody urine
- Lose urine accidentally
- Vaginal discharge
- Abnormal vaginal bleeding
- Discharge from penis
- Testicle pain or swelling
- Sexual problems

**Endocrine**

- Excessive thirst or urination
- Intolerance of hot or cold
- Excessive perspiration

**Date of your last menstrual period:** \_\_\_\_\_

**Musculoskeletal**

- Muscle aches
- Muscle weakness
- Backache
- Joint discomfort or stiffness

**Neurologic**

- Headache
- Dizziness
- Numbness or tingling
- Tremor or shaking
- Fainting or blackouts
- Difficulty walking
- Sleep disturbance
- Seizures
- Confusion or memory loss

**Psychiatric**

- Sadness or depression
- Anxiety or nervousness
- Suicidal or violent thoughts
- Hallucinations

**Hematologic Lymphatic**

- Lymphs in neck or under arms
- Abnormal bleeding or bruising

**Allergic/Immunologic**

- Sneezing
- "Hay fever"
- Hives

**List below all other matters that you would like to be addressed:**


**Please Sign:** \_\_\_\_\_ **Date:** \_\_\_\_\_