



Music Practitioner

Music is a therapeutic enhancement to the healing process. Our certified music practitioners will come to the patient's bedside and play live music that will promote healing, relaxation and stress reduction.

MUSIC INTERVENTION CAN ASSIST IN:

- *Normalizing blood pressure*
- *Calming labored or erratic respiration*
- *Alleviation of nausea*
- *Decreasing muscular tension*
- *Relieving anxiety or stress*
- *Fostering a sense of safety and well-being*
- *Addressing insomnia*
- *Sharpening mental focus*
- *Providing distraction during a stressful or painful procedure*
- *Supporting palliative care for patients, families and caregivers*
- *Easing depression, anger, hallucinations, confusion and end of life transition.*

BAYLOR
University Medical Center
at Dallas

Art in Medicine

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This service is a donor-funded program and is offered free of charge to our patients. To receive this service, please make a request to a member of the patient's medical team who will submit a request for music intervention. The music practitioner responds at his or her earliest opportunity. Other services that are offered to patients, their caregivers and our hospital staff through the Arts in Medicine Program are:

- *Art therapy*
- *Music therapy*
- *Open art studio*
- *Drum circles*
- *Read aloud program*
- *Legacy program (recording of oral history)*
- *Catch and release classes (anger management skills development)*
- *Relax and rejuvenate classes (stress management skills development)*
- *And much more*

Some programs may require a doctor or other medical team member referral.

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For more information, please contact the *Cvetko Center* at
214.820.7532 or visit **BSWHEALTH.COM/CVETKO**.

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