Preparing For Your Procedure

We appreciate your feedback

You may receive a survey in the mail.
Your suggestions and feedback are important to us, so please take time to complete and return the survey.

Your Procedure:_____________________________________
Procedure Date:_____________________________________
Procedure Time:_____________________________________
Check-in Time:_____________________________________
Check-in Location:_____________________________________

Please come to the listed check-in location at the time shown above.

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Baylor University Medical Center at Dallas
Digestive Care Services
For Your Information

We want you to feel comfortable and informed about your scheduled procedure. Please review this guide for important information. Feel free to call us at 214-820-3463 if you have any questions or concerns. Thank you for choosing Baylor University Medical Center at Dallas.

Bring the following items with you when you check in:
- Your driver’s license or federally issued photo ID
- Your insurance card
- A current list of your medications, or bring your medications with you
- Your advance directives (optional). Find advance directive forms online at www.BSWHealth.com or request them at the registration desk when you check in.
- Cash, check or credit card for applicable copayments, deductibles for your procedure, and parking fees

A safe way to return home:
- You will not be able to drive yourself home after your procedure.
- Arrange for a responsible adult to drive you home and help get you settled.
- Your procedure CANNOT be done if you do not have a ride home.

Arrival:
Arrive 1 hour prior to your procedure to allow for registration and for the nurses to prepare you for your procedure.

Parking Options:
- Garage 4: at 3500 Junius St., or
- Valet service: at entrance to Wadley Tower at 701 N. Washington St. and at Jonnson Hospital on Junius St. (starting fall 2013)

Pre-Procedure

Eating and Drinking:
- Take in nothing by mouth (NPO) for at least 8 hours before your procedure.
- Exception: Your doctor may instruct you to take clear liquids up to 2 hours before your procedure:
  - Clear liquids are anything you can see through (water, juice, Gatorade, etc.) and black coffee. Anything else is considered food, including orange juice and milk.
  - NO red or purple food items if you are having a colonoscopy.

Medications:
- Take your regular medications at the regular time with a sip of water, unless told to do otherwise.
- Consult your doctor about:
  - stopping iron pills, blood thinners (aspirin, warfarin, Plavix, Lovenox, etc).
  - changes to diabetic medications
  - any other medication concerns
- If you are having a colonoscopy, make sure to take all of your prep medication (which is a clear liquid).

Procedure

- You will wear a hospital gown.
- You will put your clothing and personal items into a provided bag, which your responsible adult will keep during your procedure.
- Your nurse will ask questions to confirm your identification. (NOTE: For your safety, this will be repeated at each step of the process.)
- Your nurse will review your chart and start your IV.
- During your procedure, you will be placed on cardiac, oxygen, and blood pressure monitors.
- You can expect to be in the GI Lab for an average of three hours, start to finish.
- Your responsible adult is welcome to be with you when you arrive in recovery for monitoring after your procedure.
- The medication you receive to keep you comfortable during your procedure may cause you to forget small periods of time before or after your procedure. For this reason, we recommend your responsible adult be with you when you speak to your doctor.

Discharge
You will be discharged when your condition is stable. After your recovery is complete, Baylor transport personnel will escort you to meet your responsible adult.

NOTE: You might still feel sleepy, slightly dizzy or nauseated. These normal side effects of anesthesia could last for 12-24 hours after the procedure.

If you have questions or need any assistance related to your procedure:
- Please call the GI Lab at 214-820-3463. We are happy to assist you.