

Welcome and thank you for choosing Baylor University Medical Center at Dallas for your medical needs. Our team is here to care for you and your family as you prepare for your upcoming surgery.

This guide provides a step-by-step process so that you know what to expect. Our goal is to exceed your expectations.

Pre-Admission Testing Appointment

To help make things run smoother on your day of surgery, we encourage you to schedule a pre-admission testing appointment. The appointment may occur in person or by telephone, depending on the testing already completed by your physician.

During the pre-admission testing appointment, a registered nurse will review:

- Your medical and surgical history
- Your current prescription medications and over-the-counter supplements
- Required testing prior to surgery.

If you're scheduled for an in-person appointment:

- You do not need to fast beforehand
- You should take your medications per your usual routine
- Allow two hours for the appointment.

These appointments occur in the Registration Office, located on the first floor of Jonsson Hospital at Baylor University Medical Center at Dallas.

Please Bring with You:

- Your driver's license (or picture ID) and insurance card(s).
- A list of all your medications, with dosage and frequency:
 - Prescription medications
 - Herbal supplements
 - Vitamins
 - Over-the-counter medicines
- Any paperwork you were given at the surgeon's office or by your primary care physician. This may include:
 - Test results
 - Blood work
 - EKG finds
 - X-rays performed outside of Baylor
- Copy of your advanced directives (i.e. a living will or medical power of attorney)

Parking:

Parking is available in Parking Garage 4 or by Valet, on Junius Street, directly across from the Registration Office (First Floor, Jonsson Hospital).





Night Before Surgery:

- Follow your surgeon's instructions regarding eating, drinking and taking medications before surgery.
- Do not shave or wax near the surgical site. This helps prevent surgical site infections.
- Plan for a family member or friend to drive you home after surgery.
- Determine who will assist you with your care and recovery at home.

Day of Surgery:

- Please arrive at the time directed by your surgeon's office.
- Bring storage cases for the following items, if worn:
 - Contact lenses
 - Dentures
 - Hearing aides
- Take only the medications that your surgeon or anesthesiologist has instructed you to take.
- Do not bring valuables on the day of surgery and remove all jewelry.
- Bring your driver's license (or picture ID) and insurance card(s), advanced directives, and any paperwork provided by your physician(s).

Before Surgery:

- Check in with the Registration Office on the first floor of Jonsson Hospital.
- You and up to two family members or friends will be directed to a pre-operative waiting area.
- Medical staff will:
 - Prepare you for surgery.
 - Review a safety check list, confirming:
 - Your identification
 - The procedure
 - The correct surgical site
 - Any allergies or other important health information.
- You will meet with your surgeon who will:
 - Answer any questions.
 - Verify and mark your surgical site.

Anesthesia:

- Prior to surgery, your anesthesia provider will meet with you to:
 - Discuss the benefits, risks and alternatives associated with anesthesia
 - Answer any questions or address any concerns you might have
 - Sign consent forms stating that you discussed anesthesia care with an anesthesia provider and agreed to move forward with the procedure.

During Surgery:

- You will be greeted by your surgical nurse, who will remain with you throughout your surgical procedure.
- In the operating room the surgical team will repeat all safety checks.
- A nurse or family liaison will be in contact with your family throughout the surgery who will:
 - Provide information about delays, should they occur
 - Answer questions
 - Respond to any concerns

The family liaisons can be reached at: Roberts Surgery – 214.718.8225 and Truett Surgery – 469.878.7059

Recovery:

- After surgery you will be moved to the recovery room or ICU.
- It is important that you are completely recovered and your pain is well controlled.
- When you are awake, your family will be notified and allowed to check on you.
- If you will be going home the day of surgery you and your family will receive instructions for home care and discharge paperwork.
- If you will be staying overnight after surgery, the family liaison will update your family on your recovery process.