

DIGESTIVE DISEASES GROUP
5236 W. University Drive, Suite 2200
McKinney, Texas 75071
(469)800-5375

Praveen Srungaram, MD

Clyde Collins, MD

Instructions for Upper Endoscopy (EGD)

1. **Medication:** Please notify us if you are on the following medications: **Plavix, Aggrenox, Pletal (cilostazol), Coumadin (Warfarin), Pradaxa, Effient, Xarelto, Brilinta, Eliquis or aspirin.** You will need to hold these medications **5 days prior** to your procedure. Please consult with your cardiologist or PCP to see if it is safe for you to hold these medications due to your medical condition. You should not use **Lovenox** the day of your procedure. **You may continue to take all other medications.** Please call our office with any questions you may have.
2. **Diet:** You cannot have anything to eat or drink, including water, after midnight.
3. **Additional Instructions:** Please remove all jewelry prior to the procedure.
4. **Transportation:** You must have someone you know drive you home. Taxicabs are not acceptable. You may **not** walk home. You can expect to be at the facility 2-3 hours from your arrival time.

PLEASE CALL THE OFFICE 48 HOURS IN ADVANCE IF YOU NEED TO CANCEL OR RESCHEDULE THE PROCEDURE.

Plano (469)800-6020 Garland (469)800-2010 Carrollton (469)800-1130 Frisco (469)800-6020 Wylie (469)800-2010