INSTRUCTIONS FOR COLONOSCOPY WITH PREP-O-PIK-SPLIT – DOSE

1. **Medication:** Please notify us if you are on the following medications: Plavix, Aggrenox, Pletal (cilostazol), Coumadin (Warfarin), Pradaxa, Effient, Xarelto, Brilinta or Eliquis. You will need to hold these medications 5 days prior to your procedure. Please verify with your cardiologist or PCP whether these medications are safe to hold due to your medical condition. You should not use Lovenox the day of your procedure. If you are Diabetic, please consult your primary care physician regarding your medication and diet. **You may continue to take all other medications.** Please call our office with any questions you may have.

2. **Diet:** The day before colonoscopy, consume CLEAR LIQUIDS ONLY! **DO NOT EAT ANYTHING SOLID!** Avoid dairy products and anything that is red or purple. Drink plenty of fluids all day. Examples: water, tea, clear sodas, Gatorade, clear fruit juices (no pulp), beef or chicken broth, Jell-O and popsicles. You may have coffee without cream.

3. **PREP INSTRUCTIONS: THE NIGHT BEFORE AT 6 PM:** Fill the dosing cup provided with cold water up to the lower (5 ounce) line on the cup. Pour in the contents of ONE packet. Stir well for 2-3 minutes until dissolved. Drink the entire contents. Follow with five 8 ounce glasses of water within the next 1 ½ hours. **THE MORNING OF 5 ½ HOURS PRIOR TO PROCEDURE TIME:** Follow the same steps as you did the first dose the night before. **YOU SHOULD NOT HAVE ANYTHING ELSE TO DRINK 4 HOURS PRIOR TO YOUR SCHEDULED PROCEDURE TIME.**

4. **TRANSPORTATION:** Taxicabs ARE NOT acceptable. You must have someone you know drive you home. You may NOT walk home. From the time you arrive at our facility until the time you leave, may require 2 to 3 hours.

**PLEASE CALL YOUR PHYSICIAN’S OFFICE 48 HOURS IN ADVANCE IF YOU NEED TO CANCEL OR RESCHEDULE**

Plano (469)800-6020 Garland (469)800-2010 Carrollton (469)800-1130 Frisco (469)800-6020 Wylie (469)800-2010