

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Today's Date: \_\_\_\_\_

## PITUITARY DISEASE

---

1. Do you take thyroid hormone? **YES / NO**
  - Brand (circle): Synthroid, Unithroid, Armour, Generic, Other \_\_\_\_\_
  - Dose \_\_\_\_\_ mcg/day
  - What time of day to you take it?  
\_\_\_\_\_ AM/PM
  - How long do you wait before eating or drinking anything besides water ?  
\_\_\_\_\_
  - Do you take any pills at the same time as your thyroid medication? **YES / NO**
  - What is the pill? \_\_\_\_\_

2. Do you take medication for your adrenal glands?  
**NO / prednisone / hydrocortisone / Other:**  
\_\_\_\_\_

3. Do you take sex hormones?  
**NO / Estrogen / Testosterone / Other:**  
\_\_\_\_\_

4. For women, are you still menstruating? **YES/NO**  
If so, are your periods regular? **YES / NO**  
**Changed?** \_\_\_\_\_

5. How many times a night do you wake up to urinate? \_\_\_\_\_

6. Any NEW family member that has been diagnosed with a tumor of the pituitary, adrenal or pancreas; or high blood calcium? **YES / NO**

### Circle if you are experiencing any of these symptoms:

#### - (circle here if NONE)

- change in shoe size / ring size / hat size
- separation of your teeth
- changes in your jaw size
- milk production
- breast engorgement
- tender nipples
- headaches
- change in your peripheral vision
- having to drink fluids several time per night

### Are you experiencing any thyroid symptoms? **Circle if yes:**

#### - (circle here if NONE)

- Feeling more hot compared to others
- Feeling more cold compared to others
- Fatigue
- Hand tremor
- Heart racing/palpitations
- Changes in skin/hair
- Trouble swallowing food
- Hoarseness
- New neck lumps
- Growth/change in old neck lumps
- constipation
- trouble concentrating
- feeling anxious

### Are you experiencing any adrenal symptoms? **Circle if yes:**

#### - (circle here if NONE)

- Dizziness
- Loss of appetite
- Nausea
- Worsening pattern of headaches
- Change in peripheral vision
- Vomiting
- Diarrhea
- increased pigmentation at the gums or creases of hands
- pink/purple stretch marks
- **circle here if NONE**

### Are you experiencing any symptoms of testosterone side effects? **Circle if yes:**

#### - (circle here if NONE)

- Acne
- Baldness
- Worsened sleep apnea
- Breast growth
- pain/redness/swelling at one leg
- Prostate growth symptoms:
  - Weakened stream
  - Having to wait for urine stream to start
  - Having to wake up more to urinate