

ENT Consultants of North Texas

A Baylor-HealthTexas Affiliate

Lawrence S. Weprin, M.D.
*Board Certified Ear, Nose and Throat
Head and Neck Surgical Oncology*

Amol M. Bhatki, M.D.
*Board Certified, Otolaryngology
Head & Neck Surgical Oncology
Endocrine & Cranial Base Surgery*

Baylor Medical Plaza
7150 North Pres. George Bush Highway
Suite 202
Garland, Texas 75044
(972) 414-0408
(972) 495-9084 Fax

3600 Gaston Avenue
Barnett Tower, Suite 911
Dallas, Texas 75246
(214) 745-1090
(214) 823-1462 Fax

Dear Patient:

It is our intention to give you the best possible care and offer the most convenient and trouble free experience during your surgical procedure. In most cases, patients are admitted to the hospital's DAY SURGERY SERVICE the morning of the scheduled surgery. Therefore, it is important that these instructions be understood and followed:

- (1) Since most operations are done under a general anesthetic, where the patient is put to sleep, it is very important that the stomach be empty to prevent any risk of aspiration and pneumonia. We ask that our patients **DO NOT EAT OR DRINK ANYTHING BY MOUTH AFTER MIDNIGHT PRIOR TO THE DAY OF SURGERY.** In the case of small children, elderly, or ill patients, exceptions can be made but should be cleared with the anesthesiologist beforehand. In most instances, the anesthesiologist will talk to you by phone the night prior to surgery. On some occasions the anesthesiologist will visit you the morning of the operation in your hospital room.
- (2) For elective day surgery procedures, it is not necessary to bring any special article of clothing, as you will be supplied with gowns and shoes as needed.
- (3) Even though you may fully recover from the anesthetic at the time you are released from the hospital, **WE ASK THAT YOU NOT DRIVE YOURSELF HOME.** Please make arrangements beforehand to have someone take you home from the hospital after your surgery.

REMEMBER THAT IT IS VERY IMPORTANT NOT TO HAVE ANYTHING TO EAT OR DRINK FROM MIDNIGHT BEFORE THE DAY OF YOUR SURGERY UNLESS OTHERWISE DIRECTED BY YOUR ANESTHESIOLOGIST.

If you have any questions regarding this information, please call our office at (972) 414-0408.

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TO ALL PATIENTS WHO ARE SCHEDULED FOR SURGERY

I AM SURE THAT YOU ARE AWARE THAT ASPIRIN CAN RESULT IN A PLATELET DYSFUNCTION, WHICH CAN CAUSE BLEEDING AT THE TIME OF SURGERY. IN ADDITION, THE NON-STEROIDAL ANTI-INFLAMMATORY DRUGS (NSAID), WHICH INCLUDE NAPROSYN, IBUPROFEN, AND ALL THEIR OVER-THE-COUNTER DERIVATIVES SUCH AS MOTRIN, NUPRIN, ADVIL, AND ALEVE CAN CAUSE THE SAME PROBLEMS. THEREFORE, IF YOU ARE HAVING PROBLEMS WITH HEADACHES OR PAIN, THE ONLY APPROVED OVER-THE-COUNTER PRODUCT RECOMMENDED FOR USE IS TYLENOL. PLEASE SUSPEND THE USE OF ASPIRIN AND THE NSAID DRUGS TEN (10) DAYS PRIOR TO YOUR SURGICAL PROCEDURE.

*******IF YOU ARE TAKING ANY BLOOD THINNING MEDICATIONS PRESCRIBED BY ANOTHER DOCTOR, SUCH AS COUMADIN OR PLAVIX, PLEASE SUSPEND THE USE OF THESE DRUGS TEN (10) DAYS PRIOR TO YOUR SURGICAL PROCEDURE*******

*****If you have a medicine you must take in the morning prior to surgery,**

please contact the office at 972.414.0408 ***

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Our office will pre-certify your surgery as well as verify your benefits. **If anything is owed (deductible/co insurance or a past due balance), you will receive a call with the estimated out of pocket cost. This amount must be paid prior to surgery and will only be for Drs. Weprin or Bhatki's portion. Please note, the surgery center or hospital will do their own verification and collections.** For any questions regarding billing/payments, please contact Lori Mirza at 972.414.0408.

Thank you for the privilege of allowing ENT Consultants of North Texas to provide you very good care.