

# FASTING LAB PROTOCOL

- Nothing to eat or drink except water or black coffee for 4-6 hours prior
- Please continue to **take medications as you would normally**

**LAB HOURS ARE MON – FRI 7:30AM – 3:15PM**

**CLOSED FOR LUNCH FROM 12:00PM – 1:00PM**

**IF YOU PLAN ON COMING INTO OUR LAB BETWEEN 7:30AM – 9:30AM, PLEASE EXPECT A WAIT TIME THAT COULD BE AS LONG AS 1 HOUR.**

**YOU ARE WELCOME TO COME IN ANY TIME THROUGHOUT THE DAY AS LONG AS YOU FOLLOW THE GUIDELINES LISTED ABOVE.**

Thank you,  
BS&W Internal Medicine Las Colinas  
(Formally – NTHCA-IM)