



RADIOLOGY PREPARATION INSTRUCTIONS

(Follow Instructions Carefully for a Satisfactory Study)

1. UPPER GASTROINTESTINAL SERIES (Including barium swallows, small bowel series, etc.)
 - a. Nothing to eat or drink after midnight,
2. ABDOMINAL SONOGRAM (Including gallbladder, liver, etc.)
 - a. Nothing to eat or drink after midnight.
3. PELVIC SONOGRAMS (Including OB and Bladder)
 - a. Drink at LEAST 32 oz. of liquid one hour prior to exam and do not empty bladder until after exam.
4. IVP, ABDOMEN & PELVIC CAT SCANS
 - a. Take a laxative of choice at 4pm on the day prior to exam.
 - b. (Laxatives such as Dulcolax (2 pills) or a bottle of Magnesium Citrate well for most patients.)
 - c. Have a light dinner. NO DAIRY, LOW FAT.
 - d. Nothing to eat or drink after midnight.
5. BARIUM ENEMA
 - a. Clear liquids for lunch and dinner on the day before the exam.
 - b. Clear liquids include: water, bullion, jello without fruit, coffee, tea and strained fruit juices. NO milk or milk products and NO solid food.
 - c. Nothing to eat or drink after midnight.
 - d. On the morning of the exam take two or more clear water enemas (such as fleets) until the returns are clear.



6. CAT SCANS WITH CONTRAST
 - a. Nothing to eat or drink for 3 hours prior to the exam.

7. NUCLEAR THYROID UPTAKES
 - a. Nothing to eat or drink after midnight.
 - b. NO thyroid medication for 6 weeks prior.
 - c. NO iodine studies for 6 weeks prior. (CT w/contrast, IVP, etc.)

8. NUCLEAR HIDA SCANS
 - a. Nothing to eat or drink after midnight.

9. MAMMOGRAPHY
 - a. No. deodorant. No perfume, powder or lotion in the breast area.

PLEASE INFORM THE TECHNOLOGIST IF YOU ARE OR MAY BE PREGNANT.