



What to expect at your first visit:

Patients will be asked to fill out a detailed voice and/or upper airway history and general medical history questionnaires. Please have these filled out completely prior to your appointment in order to expedite your visit.

You will meet Dr. Lindsey Arviso and one of our specialized speech pathologists, Kim Coker or Stephanie Fort who will work together to assess and treat you with the highest level of care.

The voice team will listen to your voice and symptoms. You will be asked to repeat some specially worded phrases and asked to complete exercises to further assess the problem or see if symptoms can be improved. Dr. Arviso will perform detailed head and neck exam. You will then have a procedure to evaluate and record the appearance and movement of your voice box called Videostroboscopy. This is essential for a thorough examination of any voice disorder. Videostroboscopy may be done with a scope in your mouth or through your nose. This does not require any sedation. There will not be any limitations or restrictions on your daily activity following your visit. By the end of your evaluation, you will understand the nature of your voice problem, and the potential roles of interventions such as medications, voice therapy, and/or surgical intervention. Additional testing may be necessary.

Information about your clinic and providers:

Baylor Scott & White The Voice Center
3900 Junius St. Suite 230
Dallas, TX 75246

Please visit our web site for more information and to download patient forms and informational documents:
bswvoicecenter.com

Lindsey Arviso, MD attended medical school at University of Texas Medical Branch in Galveston. She then went on to complete her internship and residency at Emory University. Her fellowship in laryngology and voice care took place at the Vanderbilt Voice Center at Vanderbilt University. She specializes in voice care for professional voice users, as well as vocal fold paralysis, other voice disorders, swallowing, and upper airway disorders.

Kimberly Coker is a speech-language pathologist specializing in care of the voice and upper airway disorders. She received a Bachelor's degree in Communication and Hearing Sciences at Texas Christian University followed by a Master's degree in Speech-Language Pathology from Vanderbilt University. She has 25 years experience working exclusively with professional voice users including speakers and singers, upper airway (including chronic cough, vocal cord dysfunction, and dysfunctional breathing) and swallowing disorders.

Stephanie J. Fort is a singing teacher, performer, and speech-language pathologist. She holds a master's degree in voice performance and pedagogy from Penn State University and a master's degree in communicative disorders from University of Wisconsin - Madison. She also served as an assistant professor of music - voice for 3 years. Ms. Fort enjoys working with a wide variety of patients and specializes in singing and professional voice use.

FEES: There will be a charge to you or your insurance carrier for a Videostroboscopy, Voice/Speech Evaluation performed by Speech Pathologist and an Evaluation and Management code by Dr. Arviso.

Some insurance companies will charge an additional copay for services performed by a Speech Pathologist. Most insurance carriers will apply the Videostroboscopy to your deductible. We will collect copays, co-insurances or deductibles at the time of the service.

Thank you for allowing us to participate in the care of your medical needs. We look forward to seeing you at your appointment.

Baylor Scott & White The Voice Center
469.800.7700 Office/469.800.7731 Fax