

Most cost-effective care options



eVisit/video visit

When it's a common condition and you don't want to leave your home or office or you need care after hours or on the weekends



Primary care provider

Your first choice for care when it's not an emergency, including same-day appointments



Urgent care

When you need immediate attention but your provider does not have availability



Emergency room

When you have any condition you believe to be life-threatening

Examples of health issues

- Eye, ear and mouth pain
- Flu prevention and travel medication
- Head lice and tick bites
- Low back pain
- Medication to prevent illness after flu exposure
- Minor headache
- Respiratory infections, allergies and COVID-19
- Skin and nail concerns
- Sprains and strains

- Allergies
- Back pain
- Bladder infection
- Chronic condition
- Cold
- Constipation/diarrhea
- Earache
- Flu
- Mental health needs
- Pink eye
- Sore throat
- Sprain
- Urinary tract infection

- Animal bite
- Back pain
- Earache
- Minor burn
- Minor cut that may need stitches
- Minor eye injury
- Sore throat
- Sprain
- Urinary tract infection

- Chest pain
- Deep cut or wound
- Difficulty breathing
- Severe burn
- Severe head injury
- Sudden loss of balance, vision change, facial droop, arm or leg weakness