

# 2022 Monthly COBRA Rates

- COBRA continuation notices are sent from our third-party vendor, Optum, within 2-3 weeks of your last day of employment or loss of benefit eligibility.
- Once you receive this notice, you will have 60 days from the date of the notice to elect COBRA.
- Continuation coverage is available for the medical, dental and vision plans as well as the healthcare flexible spending account (FSA).
  - Note: Healthcare FSA continuation coverage is only available until the end of the calendar year in which you lose coverage.

## Medical

Coverage Tier	SEQA Plan	EQA Plan	PPO Plan	HSA Plan
Participant Only	\$776.26	\$716.41	\$660.77	\$597.19
Participant + Spouse	\$1,655.87	\$1,525.06	\$1,407.93	\$1,269.20
Participant + Child(ren)	\$1,362.39	\$1,255.26	\$1,158.64	\$1,044.98
Participant + Family	\$2,243.74	\$2,065.51	\$1,907.28	\$1,718.32

## Dental

Coverage Tier	PPO	PPO Plus
Participant Only	\$20.52	\$40.50
Participant + Spouse	\$41.11	\$78.99
Participant + Child(ren)	\$55.03	\$101.66
Participant + Family	\$69.80	\$140.15

## Vision

Coverage Tier	Vision
Participant Only	\$6.81
Participant + Spouse	\$13.52
Participant + Child(ren)	\$13.25
Participant + Family	\$20.15

For questions regarding your COBRA coverage, please call Optum at **855.409.7029**