



thrive365 VIRTUAL 5K



Thrive is thrilled to virtually host our 11th Annual 5k run or walk! Join us on Saturday, October 9 from the comfort of your own neighborhood or favorite trail. Complete your race anytime that day and sync your device or manually submit your time.

The race is FREE for all BSWH employees and spouses.

Register by going to www.thriveforwellness.com and clicking VIRTUAL 5K on the right hand side of your Thrive365 portal page.

SATURDAY, OCTOBER 9, 2021

Race starts at the time you want it to!

Registration opens September 1, 2021 and is open until October 9, 2021. Only times recorded from October 9-15, 2021 will be accepted.

Complete the virtual 5K and earn 75 points!

For questions or concerns, please email Thrive@BSWHealth.org

