

Diabetes Medications and Surgery or Procedures

- Ask to be scheduled in the morning for surgery or procedures to help keep your blood sugar from getting too high or too low.
- Follow the instructions below unless your healthcare team has given you other instructions.

	The DAY BEFORE	The MORNING OF	AFTER your surgery or procedure	The DAY AFTER
EATING	<p>Eat as you normally do during the day</p> <p>Do not eat or drink after midnight unless you are told to</p>	<p>Do not eat or drink unless blood sugar is below 70 mg/dl. If blood sugar is below 70 mg/dl, eat 15 grams of glucose tabs or drink 4 oz (1/2 cup) of clear juice like apple juice</p> <p>Tell your healthcare team your blood sugar was below 70 mg/dl</p>	<p>Follow instructions given by your healthcare team</p>	<p>Follow instructions given by the healthcare team</p>
TAKING MEDICATION	Oral diabetes medication or non-insulin injectables		<p>Ask your healthcare team if you should take your medications when you get home, especially if you are taking:</p> <ul style="list-style-type: none"> • metformin or a combination drug with metformin • an SGLT2 inhibitor such as Invokana[®], Jardiance[®], Farxiga[®], or Steglatro[®] • insulin 	<p>If you are back to eating on your normal schedule: take your diabetes medications</p> <p>If you are not able to eat or not eating much: ask your healthcare team if you should take your medications</p>
	<p>Take as you normally do, unless you are taking an SGLT2 inhibitor such as Invokana[®], Jardiance[®], Farxiga[®], or Steglatro[®]</p> <ul style="list-style-type: none"> • these medications should be held 3-4 days before surgery 	<p>Do not take</p>		
	Insulin			
	<p>Ask your healthcare team if you need to take less of your long-acting insulin the night before (ex, NPH, Lantus[®], Levemir[®])</p>	<p>Ask your healthcare team how much insulin you should take. If you are unsure, do not take your morning insulin and let your healthcare team know when you arrive for your procedure.</p>		
Insulin Pump				
<p>Change your insertion site and reservoir</p>	<p>Continue your usual basal rate. Bring extra supplies like an insertion set, reservoir, batteries, and insulin. Remind the healthcare team you are wearing an insulin pump.</p>			