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June 30, 2018

Dear Fellow Texan:

This past year, Baylor Scott & White Health launched a new enterprise strategy centered on four new values, five strategic pillars, an ambition and a mission statement. More than ever before, we are focusing on taking strides to serve others faithfully by improving the health and well-being of individuals and families as well as enhancing the customer experience both within our hospitals and in our community.

Baylor University Medical Center at Dallas has been a valuable source of community care for the past 113 years. As a quaternary medical center, we provide comprehensive health care, education, research and community service. Our goal to meet the needs of the underserved and uninsured, provide education to upcoming professionals in the future of health care, and seek out research that will lead to greater advances in medicine. Today, Baylor Dallas is one of the nation’s largest not-for-profit medical centers in the country with nearly 1,000 patient beds, a Level 1 Trauma Center and Level 3 NICU designation. Now and going forward, we at Baylor Dallas will continue to invest our resources, time and dedication back into the community.

At Baylor Dallas, we provide community benefit activities throughout the city of Dallas but focus much of our efforts and resources on underserved and uninsured residents particularly in East Dallas and South Dallas near our campus. The medically and financially indigent are at highest risk for many diseases.

I encourage you to give me feedback for this report. Please address comments to me, in care of Niki Shah, Vice President, Care Redesign and Equitable Health, Baylor Scott and White Health, 8080 N. Central Expressway, Suite 700, Dallas, TX 75206.

Sincerely,

Steven R. Newton, FACHE
President
Baylor University Medical Center
I. Effective Dates of the Report

The annual report of community benefits provided is for the fiscal year ended June 30, 2018 (Fiscal Year 2018).

II. Hospital Description

Baylor University Medical Center, part of Baylor Scott & White Health, provides quaternary, evidence-based medicine and quality services at a lower cost through innovation and an actively engaged workforce. In 1903, the hospital opened with 25 beds; today, it is a major patient care, teaching and research center for the Southwest. Baylor Dallas has 914 licensed beds, more than 4,500 employees and 1,242 active members of the medical staff. Ranked by U.S. News & World Report’s “America’s Best Hospitals” survey for 26 consecutive years, we serve as the flagship hospital of Baylor Scott & White Health – North Texas treating more than 300,000 people a year. Physicians on the medical staff at Baylor University Medical Center and affiliated researchers are committed to advancing medicine and enhancing the patient experience by seeking innovative solutions and new procedures. In the last year, these skilled medical professionals have published more than 790 articles across many medical specialties.

The Hospital uses its revenue after expenses to improve the health of Fort Worth and surrounding communities through patient care, education, research, and community service. In the fiscal year ending June 30, 2018, the Hospital had 41,878 total adult and special care nursery admits resulting in a total of 239,057 days of care, the Hospital delivered 4,656 babies and there were 106,714 emergency department visits.

As part of the Hospital’s commitment to the community, the Hospital provides financial assistance in the form of charity care to patients who are indigent and satisfy certain requirements. Additionally, the Hospital is committed to treating patients who are eligible for means tested government programs such as Medicaid and other government-sponsored programs provided regardless of the reimbursement shortfall, which is provided regardless of the reimbursement shortfall, relieving the state and federal government of the burden of paying the full cost of care for these patients, Medicare. Often, patients are unaware of the federal, state and local programs open to them for financial assistance, or they are unable to access them due to the cumbersome enrollment process required to receive these benefits. The Hospital offers assistance in enrollment to these government programs or extends financial assistance in the form of charity care through the Hospital’s Financial Assistance Policy, which can be located on the Hospital’s website at BaylorHealth.com/Financial Assistance.

In addition to the Hospital’s Financial Assistance Policy, as part of a large faith based integrated health care delivery System the areas of medical education, research, subsidized services and community health education and screenings are initiatives that take place across the System, and comprise a significant portion of the Hospital’s community benefit program.
Medical education is a crucial part of the Hospital’s mission. Being one of the nation’s largest private teaching hospitals the System trains residents and fellows in 9 specialties and 24 subspecialties. These quality-teaching programs add many dimensions to the System’s ability to serve patients. Residents in the Hospitals’ program graduate with demonstrated competence in population health management, continuous quality improvement, and the importance of patient satisfaction. Residents work with physician’s assistants and are active managers of the patient-centered medical home, often assuming leadership roles in clinic and hospital operations. The Texas A&M Health Science Center (TAMHSC) College of Medicine and the Hospital have joined forces to establish a Clinical Training Program in Dallas for students to complete clinical rotations in surgery, internal medicine, family medicine, psychiatry, pediatrics, and obstetrics/gynecology at the Hospital and other clinical affiliates over their last two years of residency. While residents and fellows of the Hospital are not required to work for an affiliate of BSWH, most remain in North Texas upon completion of their program, providing a continuous supply of well-trained medical professionals for the region. In fiscal year ending in June 30, 2018, the Hospital invested $24,866,573 in the training medical residents.

The Hospital is also committed to assisting with the preparation of future nurses at entry and advanced levels of the profession to establish a workforce of qualified nurses. Through the System’s relationships with six North Texas schools of nursing, the Hospital maintains strong affiliations with schools of nursing. In the fiscal year ending June 30, 2018, the Hospital invested in training 387 nurses. Total unreimbursed cost of these programs was $1,484,342. Like physicians, nursing graduates trained at a System entity are not obligated to join the staff although many remain in the North Texas area to provide top quality nursing services to many health care institutions.

In addition to nursing and physician training programs, the hospital is committed to training support staff who serve ancillary service lines, which rely on technically trained health professionals to carry out work in such areas as emergency medical services, respiratory and radiology technologists, scrub techs and HOSA students. These students are not required to work for the Hospital and help to fill medical professions shortages across the state. In FY 2018, the Hospital provided ancillary staff training necessary for certification for 386 students at an unreimbursed cost of $539,276.

III. Hospital Mission Statement

*Founded as a Christian ministry of healing, Baylor Scott & White Health promotes the well-being of all individuals, families and communities.*

IV. Description of Community Served

The System is committed to serving a vast array of neighborhoods comprising its service area and recognizes the importance of preserving a local community focus to meet community needs.

For the 2016 assessment, the hospital has defined their community to be the geographical area of Collin, Dallas and Denton counties. The community served was determined based on the counties that make up at least 75 percent of each hospital’s inpatient and outpatient admissions.

BSWH Community Health Needs Assessment

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The expected population growth of this community served is 7.4% (310,512 people) by 2020. The 7.4% population growth will be slightly higher than both the state growth rate (6.7%) and the national growth rate (3.5%). The ZIP Codes expected to experience the most growth in five years:

- 75070 McKinney (Collin County) – 11,518 people
- 75052 Grand Prairie (Dallas County) – 8,933 people

A majority (61%) of the community’s population was concentrated in Dallas County. Within the county, the city of Dallas expects to grow at a rate of 5.4% with a population increase of 66,887 people; the rest of Dallas County is growing faster at 6.6% (86,559 people). Both Collin and Denton counties will see growth approaching 10% over the next five years with a population increase of 77,000 and 79,000, respectively.

The sixty-five plus cohort expects to experience the most growth over the next five years. This is particularly true in Collin County (34% growth) and Denton County (37% growth). Overall, in this community the age 65+ population will grow by 116,000 people. Growth in this age cohort will likely contribute to increased utilization of services as the population continues to age. The age group that will experience the least amount of growth in the community is the 18-44 age cohort with an expected increase of 36,975 people.

Diversity in the community projects increase. Collin and Denton counties expect to experience higher rates of growth in minority populations than in Dallas County. In 2015, the community, a
majority of the population (60%) was white followed by black at 17%. Black and Asian/Pacific Islander populations will see significant growth over the next five years. Growth in these populations is projected to be greater than 20% in both Collin County (37,000 additional people between both races) and Denton County at (171,000 additional people between both races). The total population analysis is by race or by Hispanic ethnicity. The graphs below display the community’s total population breakdown by race (including all ethnicities) and by ethnicity (including all races).

Those of Hispanic ethnicity comprised 30% of the community’s population, just below the overall state proportion of Hispanics but above the national proportion. The Hispanic population in this community expects an increase of 11%, or 142,000 people. Collin and Denton counties expect to experience higher growth rate of Hispanic population. Dallas County projects a 10% growth in this population.

The median household income for the community served was $60,384, greater than both the state and U.S. benchmarks. Sixty-one percent (61%) of the community was commercially insured which equates to over 2.5 million lives. Commercial covered lives expect to grow by over 212,000 lives (6%) over the next five years. Medicare and dual eligible lives (those receiving both Medicare and Medicaid benefits) will experience the highest growth rates at 27% (90,000 lives) and 22% (12,000 lives) respectively. The number of uninsured and Medicaid lives expects to decline slightly in all counties. Collin and Denton counties will see a greater percentage increase in Medicare, growing 33% (20,000 lives) and 37% (18,000 lives) respectively.

V. Identified Community Health Needs

During the fiscal year ending June 30, 2016, the Hospital conducted a CHNA to assess the health care needs of the community. The CHNA took into account input from persons who represent the broad interest of the community served by the Hospital, including those with special knowledge of or expertise in public health. The CHNA is widely available to the public and is located on the website at the following address: BSWHealth.com/CommunityNeeds.

A quantitative and qualitative approach assessed the health needs of the community. In addition to collecting data from a number of public and Truven Health Analytics proprietary sources, conducted interviews and focus groups with individuals representing public health, community leaders/groups, public organizations, and other providers. This health assessment will serve as the foundation for community health improvement efforts for the next three years.

The input on review and prioritization of identified community health needs by BSWH Senior Leadership, resulted in approval by the BSWH Board of Trustees.

The weight of quantitative and qualitative data obtained when assessing the community. Significant community health needs identified through were supported data showing the community to be worse than the state by a greater magnitude and were a frequent theme during interviews and focus groups were determined to be significant. The prioritization of the significant needs had its basis on input gathered from the focus groups and interviews. Participants of these focus groups and interviews ranked the top three health needs of the community based on the importance they placed on addressing the need. Through this
process, the basis of the prioritization is the frequency of listing as the top health care needs. The prioritized health needs of this community are below.

By addressing the prioritized needs via an implementation strategy, the Hospital aims to affect and elevate the overall health status of the community.

Identified Community Needs
1. Access to care for middle to lower socioeconomic status
2. Mental / behavioral health
3. Preventable admissions: adult uncontrolled diabetes
4. Lack of dental providers
5. Teen births
6. Drug abuse

VI. Programs Addressing Identified Community Health Needs

Program Title: Community Benefit Operations
Description: The Hospital conducts a Community Health Needs Assessment once every three years. in accordance with the Affordable Care Act and to determine the health needs of the community served The Hospital also provides dedicated staff for managing or overseeing community benefit program activities that are not included in other categories of community benefit. This staff provides internal tracking and reporting of community benefit activities as well as managing or overseeing community benefit programs.
Persons Served: 369,840
Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Child Life Specialists in Palliative Care
Description: The Palliative Care Child Life Program helps children “navigate” the illness of someone they love. Serious illnesses not only drastically affect patients and affects the children in their lives. As the largest program of its kind in the nation, our Palliative Care Child Life Program is a pioneer in helping kids navigate a loved one’s illness. When patients experience a serious or life-limiting illness or injury, the effects reach far beyond just their physical health. For those who have children, grandchildren or another close child in their lives, it can be difficult for those children to understand and navigate the situation.
Needs Addressed Under This Program:
- Mental/Behavioral Health

Program Title: Cvetko Cancer Education - Calendar of Events
Description: These activities improve community health, extend beyond patient care activities and are at no cost to the patient. This calendar of events is on a web site that is accessible to the public and all programs and events on the calendar are free of charge to the community. The calendar updates monthly and is to educate the community about cancer issues and free community cancer health programs.
Persons Served: 3,350
Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status Need Title
Program Title: Cvetko Cancer Education - Chemotherapy Class
Description: This class offers newly diagnosed cancer patients an aid in understanding the process of receiving chemo and understanding what to expect with possible side effects, etc. The class, held 3 times per week is free of charge. This class is open to the community.
Persons Served: 8
Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Cvetko Cancer Education - Nutrition
Description: This class, facilitated by oncology dietitians, assists cancer patients in learning nutritional habits and techniques. Cancer patients learn: how dry brushing helps stimulate lymphatic and blood circulation, reduce fluid retention, and improve skin tone and texture; the importance the lymphatic system plays in maintaining good health; essential oils that boost the effectiveness of this daily self-care regimen; and how diet influences inflammation and insulin levels. This education intends to stimulate healthy dietary options that optimize a cancer patient’s response to therapies and to increase their willingness to invest themselves in a holistic approach to coping with cancer.
Persons Served: 115
Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Baylor Scott and White Health and Wellness Center (BSW HWC) Community Health Worker (CHW) Instructor Training Program
Description: The BSW HWC CHW Training Center is a Texas Department of State Health Services (DSHS) approved training center for both CHW and CHW Instructor (CHW-I) Certification Programs. Both certification programs are 160-hour competency based training programs that cover the Texas eight core competencies: Communication, Interpersonal, Service Coordination, Capacity-Building, Advocacy, Teaching, Organizational Skills and Knowledge. Each of the competencies is composed of 20 content hours. The CHW and CHW-I training programs prepare students for positions in community-oriented health and social services agencies and programs, provide health education, information and referrals, and client advocacy in both clinic and community settings. The training programs emphasize health education and promotion as well as specific competencies for work in underserved and/or linguistically isolated communities. Upon completion of these program students receive a certificate of completion and will be able to apply to the Texas DSHS for either their CHW certification or CHW Instructor certification. Furthermore, for CHW Instructors, their certification will allow them to become affiliated with DSHS approved CHW Training Centers throughout Texas and train other CHWs with DSHS approved curriculum.
Persons Served: 33
Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status
- Preventable Admits: Adult Uncontrolled Diabetes

Program Title: BSW HWC - Prevention, Empowerment, Educ., Resources and Support (PEERS)
Description: The DHWI Prevention, Empowerment, Education, Resources and Support (PEERS) Program is an outreach program utilizing community health workers to increase awareness and educate the community about chronic disease prevention and management.
Persons Served: 740
Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status
- Preventable Admits: Adult Uncontrolled Diabetes

Program Title: BSW HWC Walk With A Doc
Description: Walk with a Doc is a national program, started by Dr. David Sabgir, a cardiologist in Columbus, Ohio, that encourages patients to incorporate physical activity into their lifestyle. BSW HWC participants regularly meet with the center’s physician who provides an educational session on a health topic followed by a group walk and an opportunity for participants to chat with the participating physician on an informal basis.
Persons Served: 248
Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status
- Preventable Admits: Adult Uncontrolled Diabetes

Program Title: Donations - In Kind
Description: Baylor provides in kind donations such as meeting room overhead and space for not for profit organizations and social service networks; equipment and medical supplies; costs for coordinating events not sponsored by health care organizations; employee costs associated with board and community involvement on work time; food donations; etc.
Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: For Women for Life
Description: Regular health exams and tests can help find problems before they start. They also can help find problems early, when the chances for treatment and cure are better. Through For Women for Life, the Hospital provides health services, screenings, and treatments, assisting women in taking steps that help their chances for living a longer, healthier life. This annual event for women focusing on proactive health care including preventive health screenings, seminars and healthy lifestyle information.
Persons Served: 178
Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status
- Preventable Admits: Adult Uncontrolled Diabetes

Program Title: Faith Community Health
Description: Faith Community Health pairs at risk patients with Faith Community Caregivers, volunteers that agree to visit with the patient 1 hour per week. The volunteer aims to help the patient become more compliant with their medical regimen and discharge instructions. Case managers and BS&W Navigators also help them reach the resources they need including transportation. As the program develops, more opportunities to help patients. Community partners include: Faith Communities (i.e. churches), and Faith Community Caregivers (trained community volunteers). Faith Community Caregivers assigned as available to highest risk patients work

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cooperatively with other programs and services provided by the hospital including but not limited to: (Chronic Disease Wellness Programs, Diabetes Education, Cancer Center, and Chronic Kidney Disorder Education).

Persons Served: 154

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Medical Education - Residency
Description: Medical education is a crucial part of the hospital’s mission. Being one of the nations’ largest private teaching hospitals the System annually trains residents and fellows in 8 specialties and 13 sub-specialties. These teaching programs add many dimensions to the System’s ability to serve patients. Residents in the hospitals’ program graduate with demonstrated competence in population health management, continuous quality improvement, and the importance of patient satisfaction. Residents work with physician’s assistants and are active managers of the patient-centered medical home, often assuming leadership roles in clinic and hospital operations. The Texas A & M Health Science Center (TAMHSC) College of Medicine and the hospital joined forces to establish a Clinical Training Program in Dallas for students. Students complete clinical rotations in surgery, internal medicine, family medicine, psychiatry, pediatrics, and obstetrics/gynecology to address the State’s shortage of qualified health care professionals at the hospital and other clinical affiliates over their last two years of residency. While residents and fellows of the hospital are not required to work for an affiliate of BSWH, most remain in North Texas upon completion of their program, providing a continuous supply of well-trained medical professionals for the region.

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Medical Education - Nursing
Description: The hospital is committed to assisting with the preparation of future nurses at entry and advanced levels of the profession to establish a workforce of qualified nurses. Through the System’s relationships with many North Texas schools of nursing, the hospital maintains strong affiliations with schools of nursing. Like physicians, nursing graduates trained at the hospital are not obligated to join the staff although many remain in the North Texas area to provide top quality nursing services to many health care institutions.

Persons Served: 387

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Deliver Reform System Incentive Payment Programs - Chronic Disease Management and Prevention
Description: Develop and implement chronic disease management interventions geared toward improving management of diabetes and heart disease, comorbidities, improving health outcomes and quality of life, preventing disease complications, and reducing unnecessary acute and emergency care utilization.

Persons Served: 5,664

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Deliver Reform System Incentive Payment Programs - Cancer Screening Program.
Description: Increase access to cancer screening in the primary care setting. Develop and implement cancer management interventions geared toward improving management of cancers and comorbidities, improving health outcomes and quality of life, preventing disease complications, and reducing unnecessary acute and emergency care utilization.

Persons Served: 2,871

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Deliver Reform System Incentive Payment Programs - Diabetes Bundle

Description: Develop and implement chronic disease management interventions that gear toward improving management of diabetes and comorbidities, improving health outcomes and quality of life, preventing disease complications, and reducing unnecessary acute and emergency care utilization.

Persons Served: 7,019

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status
- Preventable Admits: Adult Uncontrolled Diabetes

Program Title: Deliver Reform System Incentive Payment Programs - Hepatitis Bundle

Description: Implement screening program in high-risk populations to detect and treat Hepatitis C infections.

Persons Served: 1,638

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Deliver Reform System Incentive Payment Programs – Mental/Behavioral Health Program

Description: Mental/Behavioral Health Clinics - This project co-locates and integrates behavioral health services into the outpatient primary care setting. The model provides a Licensed Clinical Social Worker (LCSW) for basic counseling services. The LCSW addresses behavioral health needs such as anxiety, depression, and substance abuse issues. The screening tools used are evidence based and include PHQ2 or nine, GAD-7 and alcohol and substance abuse screens. Additionally, the LCSW supported by a Community Health Worker (CHW) to help with the screening and referral processes. This staff triages to clinics and community locations to provide behavioral health services. The behavioral health program requires LCSW’s and CHW’s to work with the primary care team to identify the patients who have behavioral health issues. They coordinate the patient’s care and appointments to fit both the behavioral health and primary care appointment in the same visit and help the primary care team to identify those patients whose behavioral health issues are impeding the management of their acute/chronic disease management models. We expect that approximately 85-90% of these patients will be Medicaid/Uninsured.

Persons Served: 6,047

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status
- Mental / Behavioral Health

Program Title: Enrollment Services
Description: The hospitals will provide assistance to enroll in public programs, such as SCHIP and Medicaid. Health care support services provided by the hospital increase access and quality of care in health services to individuals, especially persons living in poverty and those in vulnerable situations. The hospital provides staff to assist in the qualification of the medically under-served for programs that will enable their access to care, such as Medicaid, Medicare, SCHIP and other government programs or charity care programs for use in any hospital within or outside the hospital.

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Stop the Bleed
Description: “Stop the Bleed” is a public education campaign introduced by the White House in October 6, 2015. The purpose is to empower bystanders with basic knowledge and tools to be first responders in the event of an active shooter or disaster situation. In 2013, the American College of Surgeons and the Federal Bureau of Investigation jointly collaborated to discuss how to improve survival in the event of a mass shooting. The result is a document, known as the Hartford consensus, which promotes local, state and national policies and strategies to minimize loss of life. A key recommendation is for the public have access to, and training on, the use of bleeding control methods and devices.
Persons Served: 860

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Subsidized Health Service lines
Description: The hospital provides in-patient and outpatient medical services to treat individuals with diseases, illnesses and injuries of varying complexities. Despite a financial loss to the hospital, some services are provided despite a financial loss to the hospital.

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Translation Services
Description: The Hospital provides translation/interpreter services that go beyond what is required by state or federal rules or laws or for accreditation. For example, translation services for a group that comprises less than 15% of the population.

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: Workforce Development
Description: Workforce Development - Recruitment of physicians and other health professionals for areas identified as medically underserved areas (MUAs) or other community needs assessment. The age and characteristics of a state’s population has a direct impact on the health care system. The hospitals seeks to allay the physician shortage, thereby better managing the growing health needs of the community.

Needs Addressed Under This Program:
- Access to Care for Middle to Lower Socio-Economic Status

Program Title: BSW HWC Tweeners Youth Development Program
Description: The Tweeners Youth Development Program serves youth enrolled at Billy E. Dade Middle School in South Dallas. This afterschool program designed to help youth lead healthier lives and empower them to become leaders in the families and community, focuses on academic enrichment, leadership, nutrition education, anti-bullying/anti-violence, S.T.E.M. (Science, Technology, Engineering and Math), and career exploration.

Persons Served: 130

Needs Addressed Under This Program:
- Drug Abuse

Program Title: Arts In Medicine at BUMC - Artist-In-Residence

Description: The Artist-in-Residence (AIR) Program offers patients, at their bedsides and in small group settings, the opportunity to be absorbed in their own creative process, as an antidote to the pain, anxiety and boredom that is often associated with a hospitalization, a diagnosis of cancer, and/or other serious illnesses. The Hospital selects and trains Artists-In-Residence to work within the hospital setting and receive support and on-going supervision by the Center for Arts in Medicine staff. Creating art projects tailored to each patient and health care setting, AIRs commit to a minimum of one year of work, working one day each week, as a responsible member of the hospital team. The Artist-In-Residence program delineates four goals:

1. Annually sponsor six local artists to spend one week (30 hours) at the hospital to introduce new mediums and teaching skills to patients and staff.
2. Provide art experiences to enhance patients' satisfaction and quality of life while reducing stressors and managing pain.
3. Incorporate staff education and development for the Center for Arts in Medicine program’s art and music therapy and music/art practitioner staff.
4. Offer to the whole hospital staff lunch lectures culminating in an art display and reception in the hospital’s common areas (Baylor Plaza Lobby, Sammons Lobby). Hosted by the Center for Arts in Medicine, Artist-in-Residence, art and music therapists, and local artists become part of the week's therapy calendar.

While an Artist-in-Residence is also an integrated team member, they do not serve the healthcare team in a clinical capacity nor do they make mental health assessments or set psychotherapeutic objectives.

Persons Served: 36,225

Needs Addressed Under This Program:
- Mental/Behavioral Health

Program Title: Arts In Medicine at BUMC: Art Therapy

Description: Creative expression for self-discovery, connection, and empowerment transforms lives. Transformation integrates the innate social-emotional benefits of the arts with mental health practices. The arts are universally appealing, inclusive, and uniquely able to enhance positive emotions. Shared creative experiences offer organic opportunities for expression of feelings, reflection, and meaningful dialogue. This, in turn, reduces emotional distress and builds self-awareness, empathy, and community. Within the space of an hour, a group of strangers can become each other’s closest confidantes.

Persons Served: 35,402

Needs Addressed Under This Program:
- Mental/Behavioral Health
Program Title: Arts In Medicine at BUMC: Certified Music Practitioners
Description: Baylor Scott & White Health believes in treating the whole patient. The purpose of Arts in Medicine at Baylor University Medical Center – Dallas is to integrate the visual arts, musical arts, therapeutic arts, performing arts and clinical research to promote healing and to enhance the lives of our patients, families, visitors and employees. A major component of this program is the incorporation of music practitioners into our clinical care. Certified Music Practitioners (CMP) are specially trained musicians who provide live acoustic music at a patient’s bedside. CMP’s in the art and science of providing therapeutic music for body, mind and spirit. Their work focuses entirely on the patient with the aim of bringing in-the-moment comfort to the patient’s whole being — physical, emotional and spiritual. Similar to other clinicians, trained musicians who become CMP’s undergo extensive training to receive certification so they can serve in a clinical setting. Music intervention can support a healing environment for patients and their loved ones in multiple levels of care settings and situations. Research indicates that music can decrease pain, lower blood pressure, reduce anxiety and stabilize the heart rate. Practitioner adjust their music based on trained observation of a patient’s vital signs displayed on monitors. As a result, when a CMP is playing at the bedside, one can commonly witness changes in a patient’s heart rate, respiration, blood pressure and pulse oximetry as the patient calms and relaxes. In addition to the benefits, music provides to patients, and brings comfort to family and loved ones who find words inadequate when struggling to watch those they love struggle or suffer.
Persons Served: 9,060
Needs Addressed Under This Program:
  • Mental/Behavioral Health

Program Title: Arts In Medicine at BUMC: Music Therapy
Description: The American Music Therapy Association defines music therapy as evidence-based, clinical use of music interventions to achieve individualized goals by a credentialed professional who has completed an approved music therapy program. Music therapists use music to meet the psychological, physical, emotional, spiritual, and social needs of patients and their families. This includes singing to the patient; composing personalized songs; Listening to music with patients; Lyric analysis; and Improvisation Verbal processing. The goals for each music therapy session are patient-centered and dependent upon each patient’s needs. Research has shown that music therapy is beneficial for patients in a variety of ways. It can help to reduce symptoms of depression and anxiety, give control back to the patient, help with non-pharmacological pain management, decrease nausea, help with blood pressure, heart rate and oxygenation, and allows for self and emotional expression when words are not always capable. While helping patients is always the goal, music therapy can also benefit the patient’s caregivers and staff members.
Persons Served: 4,479
Needs Addressed Under This Program:
  • Mental/Behavioral Health

Program Title: Arts In Medicine at BUMC: Open Art Studio
Description: Lives transform through creative expression for self-discovery, connection, and empowerment. This transformation integrates the innate social-emotional benefits of the arts with mental health practices. The strategies used to accomplish this mission include professional development training and programs for the public in the use of the arts for social, emotional, physical and cognitive benefit. The arts are universally appealing, inclusive, and uniquely able to
enhance positive emotions. Shared creative experiences offer organic opportunities for expression of feelings, reflection, and meaningful dialogue. This, in turn, reduces emotional distress and builds self-awareness, empathy, and community. Within the space of an hour, a group of strangers can become each other’s closest confidantes.

Persons Served: 57,902

Needs Addressed Under This Program:
- Mental/Behavioral Health

Program Title: Arts In Medicine at BUMC: Performance Series
Description: Professional musicians come on-campus and perform at one of six venues from 11:00 to 1:00 Monday through Friday. Most of the musicians volunteer but others secured through entities such as the Texas Winds and paid a stipend for their services.

Persons Served: 120,265

Needs Addressed Under This Program:
- Mental/Behavioral Health

Program Title: Arts In Medicine at BUMC: Read-Aloud Program
Description: Carefully trained volunteers establish relationships with the nursing staff for the floors/service lines they want to work. The health care team then refers patients to the volunteers who in turn allow the patient to make decisions about asking to be read to; what should be read; how long the sessions will be (but less than an hour). Reading circles and groups are encouraged where feasible.

Persons Served: 16

Needs Addressed Under This Program:
- Mental/Behavioral Health

Program Title: Cvetko Behavioral Health Program - Caregiver Coffee Break
Description: A caregiver faces unfamiliar and intimidating challenges. This session helps to relieve some of the stress and worry that comes with caring for loved ones in their cancer journey. Coffee and tea provide for a relaxed atmosphere.

Number Served: 8

Needs Addressed Under This Program:
- Mental/Behavioral Health

Program Title: Cvetko Behavioral Health Programs - Book Club
Description: Book Club is a program designed to provide tools that may reduce tension, anxiety, anger or fatigue and promote a healthy overall well-being for patients coping with effects of cancer, cancer treatment, or who have survived cancer. Each month the book club features a novel of general interest to read and discuss. This affords cancer patients, survivors and their loved ones to experience a 'cancer free zone', helping them manage the physical, emotional and spiritual challenges of cancer.

Persons Served: 69

Needs Addressed Under This Program:
- Mental/Behavioral Health

Program Title: Cvetko Behavioral Health Programs - Look Good/Feel Better

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Description: Look good Feel Better is dedicated to improving the self-esteem and quality of life for people undergoing treatment for cancer. The aim of the program is to improve self-image and appearance through complimentary group, individual and self-help beauty sessions that create a sense of support, confidence, courage and community.
Persons Served: 16
Needs Addressed Under This Program:
  • Mental/Behavioral Health

Program Title: Cvetko Behavioral Health Programs - Passing the Hat
Description: This program teaches cancer survivors to knit with a loom while introducing them to other survivors. The hats knitted by this group are for patients receiving treatment for their cancer - survivor to survivor.
Persons Served: 193
Needs Addressed Under This Program:
  • Mental/Behavioral Health

Program Title: Cvetko Behavioral Health Programs- Exercise/Relaxation/Meditation
Description: The exercise/relaxation and meditation program that looks at the science and theory behind relaxation practice to bring better understanding on how relaxation aids healing. These educational events promote the health and overall well-being of individuals and their loved ones who have been touched by cancer. This program is open to the community and serves those who have been patients at the hospital and those who have not.
Persons Served: 119
Needs Addressed Under This Program:
  • Mental/Behavioral Health

Program Title: Cvetko Behavioral Health Programs-Pilates
Description: This relaxing low-impact series of exercises develops strength, flexibility, and control, and are modified to fit limitations and abilities. Each attendee must have a physician release to participate.
Number Served: 237
Needs Addressed Under This Program:
  • Mental/Behavioral Health

Program Title: Cvetko Behavioral Health Programs-Yoga
Description: This hands-on workshop open to the public allows patients to learn creative techniques for expressing anger in a safe environment.
Number Served: 231
Needs Addressed Under This Program:
  • Mental/Behavioral Health

Program Title: Cvetko Cancer Support Groups/ Amyloid
Description: Baylor University Medical Center at Dallas provides support groups for patients and families impacted by cancer.
Persons Served: 41
Needs Addressed Under This Program:
• Mental/Behavioral Health

Program Title: Cvetko Cancer Support Groups/ Breast
Description: Baylor University Medical Center at Dallas provides support groups for patients and families impacted by breast cancer.
Persons Served: 51
Needs Addressed Under This Program:
• Mental/Behavioral Health

Program Title: Cvetko Cancer Support Groups/ Carcinoid
Description: The Hospital provides support groups for patients and families impacted by carcinoid cancer. This program empowers patients and equipping them with a comprehensive understanding of the disease so they can make informed decisions when deciding their care. In this spirit, this program brings together an extensive community of patients, loved ones, and medical professionals to aid in managing the physical, emotional and spiritual ramifications of this diagnosis and resulting treatment.
Persons Served: 81
Needs Addressed Under This Program:
• Mental/Behavioral Health

Program Title: Cvetko Cancer Support Groups/ Lung
Description: Cancer can attack various parts of the lungs and chest. The Hospital provides support for patients and their families/community members receiving treatment or who have survived all forms of lung cancer including carcinoid; lung cancer - non-small cell; lung cancer - small cell; and mesothelioma. These support groups help cancer patients, cancer survivors and loved ones understand and manage the physical, emotional and spiritual challenges of cancer.
Persons Served: 20
Needs Addressed Under This Program:
• Mental/Behavioral Health

Program Title: Cvetko Cancer Support Groups/ Multiple Myeloma
Description: The Hospital provides support groups for patients and families impacted by multiple myeloma. Multiple myeloma (also known as myeloma or plasma cell myeloma) is a progressive hematologic (blood) disease. It is a cancer of the plasma cell, an important part of the immune system, which produces immunoglobulins (antibodies) to help fight infection and disease.
Persons Served: 140
Needs Addressed Under This Program:
• Mental/Behavioral Health

Program Title: Cvetko Cancer Support Groups/ Oral, Neck and Head Cancer
Description: Cancer education and support are an important part of the cancer treatment process. The Hospital offers several programs through the Virginia R. Cvetko Patient Education Center to help cancer patients, cancer survivors and loved ones understand and manage the physical, emotional and spiritual challenges of cancer. This program staff includes a medical director, program manager, nurse educator, chaplains, social workers, psychologist, music practitioner and trained cancer survivor volunteers. Oral cancer is cancer found in the oral cavity (the mouth area). Oropharyngeal cancer is cancer found in the oropharynx (the throat area at the back of the mouth).
Oral cavity and oropharyngeal cancers diagnosed in 36,000 U.S. adults in 2013, according to the American Cancer Society (ACS). The oral cavity includes the lips, teeth, and gums; the front two-thirds of the tongue; the lining inside the lips and cheeks (buccal mucosa); the floor of the mouth (under the tongue); the top of the mouth (hard palate); and the small area behind the wisdom teeth. Head and neck cancer is the term given to cancers that start in the head and neck region. These are cancers begin in any of these places: larynx (voice box); nasal cavity (the passage behind the nose) oral cavity (mouth); paranasal sinuses (spaces around the nose, lined with cells that make mucus); pharynx (throat); and the salivary glands (glands that make saliva).

Persons Served: 96
Needs Addressed Under This Program:

- Mental/Behavioral Health

Program Title: Cvetko Cancer Support Groups/ Ovarian
Description: The support and education group is for women diagnosed with ovarian cancer. Anyone who is looking for someone to listen is welcomed and the group is provided free of charge. This group of special and caring patients, cancer survivors and loved ones help those struggling with this diagnosis to understand and manage the physical, emotional and spiritual challenges of cancer.
Persons Served: 164
Needs Addressed Under This Program:

- Mental/Behavioral Health

Program Title: Cvetko Cancer Support Groups/ Waldenstrom's Macroglobulinemia
Description: Baylor Scott and White University Medical Center at Dallas provides support groups for patients and families impacted by Waldenstrom's Macroglobulinemia (WM). There is no standard therapy for the treatment of symptomatic WM. (No agents for this disease have been approved by the US Food and Drug Administration (FDA) or European Medicines Agency (EMA). The common support of those stricken with the disease, and trained professionals help patients, survivors and loved ones understand and manage the physical, emotional and spiritual challenges of WM. Patients are encouraged to participate in clinical trials.
Persons Served: 20
Needs Addressed Under This Program:

- Mental/Behavioral Health

Program Title: Mission and Ministry Support Groups/Services
Description: Baylor chaplains are committed to providing effective ministry to people and their families who receive medical care at a Baylor hospital. Pastoral care may work in close collaboration with physicians, nursing staff, administrative staff, local clergy and others involved in a patient's care.
Persons Served: 1976
Needs Addressed Under This Program:

- Mental/Behavioral Health

Program Title: BSW HWC Community Farm Stand
Description: The Farm Stand Program: Weekly Farm Stands provide fresh produce to underserved communities. In addition to the flagship farm stand at BSW HWC, three additional farm stands are located within the community to address the food access challenge in southern Dallas.
Communities with no chain grocery stores within a one-mile radius participated for the expansion. 
Persons Served: 9,913 

Needs Addressed Under This Program:
- Preventable Admits: Adult Uncontrolled Diabetes 

Program Title: BSW HWC Group Lifestyles Balance Program 
Description: The Group Lifestyle Balance Program is a 12-week weight loss program delivered in a group format. Through healthy eating, physical activity and identifying personal and social cues for overeating, participants develop lifestyle skills to meet the program goals. Anyone who is overweight can participate. 
Persons Served: 72 

Needs Addressed Under This Program:
- Preventable Admits: Adult Uncontrolled Diabetes 

Program Title: BSW HWC Cooking Classes 
Description: Cooking classes and demonstrations occur monthly in English and Spanish. They feature recipe demonstration by area chefs and nutrition education by a registered dietitian. Activities include group hands-on cooking lessons; field trips to grocery stores and community gardens; and participation in other learning opportunities show-casing good nutrition. Recipes are culturally appropriate and feature healthy, budget friendly ingredients that are easily accessible to community participants. Whenever possible, the ingredients for the recipes selected feature considering the produce that will be available at the weekly Farm Stand. 
Persons Served: 409 

Needs Addressed Under This Program:
- Preventable Admits: Adult Uncontrolled Diabetes 

Program Title: BSW HWC Diabetes Education, Management and Support 
Description: BSW HWC provided sessions (English and Spanish) to help individuals with diabetes learn the latest tools and tips to take control of their diabetes based on seven healthy behaviors: Healthy Eating, Being Active, Healthy Coping, Monitoring, Problem Solving, Reducing Risk, and Taking Medications. The hospital provides monthly education and support sessions on diabetes-related topics. 
Persons Served: 47 

Needs Addressed Under This Program:
- Preventable Admits: Adult Uncontrolled Diabetes 

Program Title: BSW HWC Exercise Programs 
Description: The BSWHWC offers a variety of exercise programs designed to improve, prevent or delay the onset of chronic conditions related to lifestyle behaviors. Wellness and exercise classes target all ages of adults from young adults to seniors. Classes focus on making improvements in physical and functional fitness and in activities of daily living. Participants participate in a variety of cardiovascular (aerobic) and muscle-strengthening activities in mornings and evenings in an effort to achieve the minimum, recommended weekly physical activity for adults. All classes accommodate appropriate participant skill levels while addressing any physical limitations participants may have. A full time exercise specialist is available for fitness assessment, exercise program development and orientation to the fitness center. 
Persons Served: 4,015
Needs Addressed Under This Program:

- Preventable Admits: Adult Uncontrolled Diabetes

Program Title: BSW HWC Health Fairs
Description: This clinic began providing services in April of 2010. It serves the needs of the Southern Sector of Dallas, specifically the Frazier Courts area and be housed in the Juanita J Craft Recreation Center. The project is a partnership with the City of Dallas, Baylor Scott & White Health, Baylor University Medical Center and The Southern Sector Initiative.
Persons Served: 2,381
Needs Addressed Under This Program:

- Preventable Admits: Adult Uncontrolled Diabetes

Program Title: BSW HWC Healthy Eating and Exercise Lifestyle Program (HELP)
Description: This clinic began providing services in April of 2010. It serves the needs of the Southern Sector of Dallas, specifically the Frazier Courts area and be housed in the Juanita J Craft Recreation Center. The project is a partnership with the City of Dallas, Baylor Scott & White Health, Baylor University Medical Center and The Southern Sector Initiative.
Persons Served: 10
Needs Addressed Under This Program:

- Preventable Admits: Adult Uncontrolled Diabetes

Program Title: Research
Description: The Hospital provides financial support for Baylor Research Institute (BRI) operating expenses and capital purchases. Research at BRI is focuses on the patient. This means the work involves more than microscopic studies - it brings the research to the patient's bedside. BRI helps to improve the understanding of the basis of a disease, to identify potential treatments or preventive therapies, and to enroll patients in research trials.
Needs Addressed Under This Program:

- Preventable Admits: Adult Uncontrolled Diabetes

Program Title: Donations –Financial
Description: The Hospital provides funds in the community at large whose mission compliments the mission of the Hospital. These funds include gifts to other not for profit organizations, contributions to charity events after subtracting the fair market value of participation by employees or the organization and help to extend the services of the hospital beyond its walls.
Number Served: 6,332
Needs Addressed Under This Program:

- Access to Care for Middle and Lower Socio- Economic Status

Community Partners:

Name: American Cancer Society - The American Cancer Society (ACS) is the largest nongovernmental funder of cancer research in the United States, having spent more than $4 billion since 1946 to find cures. The ACS funds both external research projects through grants and scholarships as well as conduct our own research into cancer epidemiology, surveillance, and health policy. The ACS funds beginning researchers with cutting-edge ideas in their careers -- 47 of whom have gone on to win the Nobel Prize, the highest accolade in scientific achievement.
Outcomes: The American Cancer Society has contributed to the 22% decline in cancer mortality in the past 2 decades, preventing more than 1.5 million cancer deaths during that time. The efforts of the American Cancer Society focuses on saving more lives from cancer every day. In the community education, the Society’s 80% by 2018 initiative in colorectal screening awareness aims to have 80% of those 45 and older screened for colorectal cancer and therefore substantially reducing colorectal cancer as a major public health problem. Our current estimated rate for colorectal cancer screening in the population in North Texas is around 2 million, saving more lives from colorectal cancer with an increase to screening. With our mission: HPV Cancer Free project, we intend to work with partners to prevent HPV-associated cancers and pre-cancers by increasing and sustaining U.S. HPV vaccination from the current 50% to the goal of 80%. The Human Papillomavirus or HPV vaccine prevents a viral infection that can cause six types of cancer and represents a new era of cancer prevention. In addition, the American Cancer Society has prioritized improving access to care for patients. This includes expanding access to transportation services and lodging based on identified needs and referral that decrease barriers to receiving care and increase screening. With a goal of increasing HPV vaccination series completion rate for preteens (the target population for the vaccine) to at least 80% and eliminating gender disparity and geographic disparities in HPV Vaccination rates, our education initiatives will focus on the key audience of providers, health systems, and parents of the target population (9-12 years old and teens) to have the greatest impact.

We are also committed to support of cancer survivors and caregivers and providing these populations on the tools and meeting the information, education and support needs they have. With 14 million cancer survivors living today, cancer survivorship resources aim to shape the future of post-treatment survivorship care and improve the quality of live and survivor experience. The Society is committed to the community by making the biggest impact that will help eliminate suffering from all cancers.

Name: American Liver Foundation - The American Liver Foundation seeks to end liver disease and build a healthier America. Funds raised by the Liver Life Walk provide life-saving research, education, support and advocacy. Our Liver Life Walk participants represent the 30 million Americans fighting liver disease and every individual committed to liver health.

Outcomes: More than 400 walkers, volunteers and sponsors came together at the Liver Life Walk DFW on Saturday, October 28th to help move forward in the fight against liver disease. Walkers enjoyed the opportunity to work toward the common goal of bringing awareness to liver disease and help provide financial support for our educational programs and patient services offered to the millions of Americans battling one of the 100 known liver diseases.

Name: Alzheimer’s Association East Region Walk To End Alzheimer’s - Provides care and support to all those facing Alzheimer’s. Online message boards through ALZConnected®. In-person support groups, connecting those facing the disease with a network of help in their community. A free nationwide 24/7 Helpline (800.272.3900) offering information and referrals. Drives research toward treatment, prevention and, ultimately, a cure.
Provides more than $385 million to over 2,500 scientific proposals, creating critical advancements. Brings the global research community together to tackle common challenges, such as the first new diagnostic guidelines for Alzheimer's in 27 years. Drives support for transformational projects such as the Dominantly Inherited Alzheimer Network Trials Unit (DIAN-TU). Speaks up for the needs and rights of people affected by. Helps to pass landmark legislation such as the National Alzheimer's Project Act, which mandated a national plan to fight Alzheimer’s. Works to ensure federal policy reflects the urgency of the Alzheimer’s epidemic, resulting in unprecedented funding increases, including a historic $350 million increase.

Outcomes: This event was attended by 1300 people and raised $145,000 (to date) to go toward our mission of care, support and research of Alzheimer's disease. Monies are used to serve our 40-count coverage and last year our chapter served just over 9,100 people.

Name: Aging Mind Foundation - The focus of the Aging Mind Foundation is to address and support critical issues unique to the aging mind including research, treatment, education and advocacy.

Outcomes: We were able to raise enough money to give a $700,000 grant to UTSW's Center for Alzheimer's and Neuro-degenerative Diseases. This grant funds research that is seeking the cause and cure of Alzheimer's disease.

Name: AIDS Walk South Dallas, Inc. - The mission statement of AIDS Walk South Dallas, Inc. is to empower persons living with and effected by HIV/AIDS with emphasis on African-American MSM, through prevention, advocacy, education, peer support, linkage to care and emergency financial assistance.

Name: AIM at Melanoma - AIM at Melanoma is the largest international melanoma foundation globally engaged and locally invested in advancing the battle against melanoma through innovative research, legislative reform, education, and patient/caregiver support. Our paradigm-shifting research initiatives are transforming the achievement of research breakthroughs.

Name: American Diabetes Association - The mission of American Diabetes Association is to prevent and cure diabetes and improve the lives of all people affected by diabetes.

Name: American Lung Association - No one should suffer from lung disease. The main goals of the Fight for Air Climb and Lung Force Walk are to show support for those affected by lung cancer and lung disease, raise awareness about the devastations of these diseases throughout the local communities and raise money to help continue fighting the battle.

Name: Baylor University - Our mission at the Baylor University Louise Herrington School of Nursing is to prepare Baccalaureate and Graduate level nurses, within a Christian community, for professional practice, healthcare leadership and worldwide service.
Baylor University is blessed to have a nursing school that educates future nurses who exemplify our school motto, Learn. Lead. Serve.

- **Learn:** Significantly or uniquely contributes to the nursing profession through clinical practice, education and teaching, administrative leadership, research, writing, publishing and/or healthcare innovation.
- **Lead:** Demonstrates leadership in community affairs, nursing professional organizations and in growth and development of others in these areas
- **Serve:** Positively promotes and advances the nursing profession in the community through volunteering and/or outreach efforts.

**Name:** B’nai B’rith International - B’nai B’rith is an international Jewish organization committed to the security and continuity of the Jewish people and the State of Israel, defending human rights, combating anti-Semitism, bigotry and ignorance, and providing service to the community on the broadest principles of humanity. Its mission is to unite persons of the Jewish faith and to enhance Jewish identity through strengthening Jewish family life and the education and training of youth, broad-based services for the benefit of senior citizens, and advocacy and action on behalf of Jews throughout the world.

**Name:** Bonnie J. Addario Lung Cancer Foundation - The Bonnie J. Addario Lung Cancer Foundation (ALCF) is one of the largest philanthropies (patient-founded, patient-focused, and patient-driven) devoted exclusively to eradicating Lung Cancer through research, early detection, education, and treatment. The Foundation’s goal is to work with a diverse group of physicians, organizations, industry partners, individuals, patients, survivors, and their families to identify solutions, and make timely meaningful change and turn lung cancer into a chronically managed disease by 2023. The ALCF was established on March 1, 2006 as a 501c (3) non-profit organization and has raised nearly $25 million for lung cancer research and related programs.

**Name:** BvB Dallas - BvB Dallas is a young-professional organization that hosts a powder-puff football game for a day of fun, fellowship, philanthropy and enjoyment as a way of raising money for Alzheimer’s research and awareness.

**Name:** Christian Transformation Foundation - Serve West Dallas creates and oversees strategic initiatives that address gaps in services to help meet the needs of our West Dallas neighbors and to show the love of Christ.

**Name:** Community Council - The Community Council of Greater Dallas serves the community by providing leadership in:

* Determining priority issues solutions in the human services arena
* Convening partners to significantly impact service delivery
* Increasing awareness of and access to services

**Name:** CNM Connect - The main purpose of A Night of Light is to provide scholarships, cash awards and recognition to nonprofits in the North Texas community who have demonstrated through proven outcomes that they are making an impact in our
Finalists will have the opportunity to utilize their $2,500 scholarship for educational training through CNM. Most workshops average around $65 for member nonprofits and $115 for non-members. Depending on whether or not the finalist is a member, that scholarship can amount to upwards of twenty-one workshops on a variety of topics from fundraising, board governance, marketing, outcomes evaluation, grant writing and more. In addition to the $2,500 scholarship, each award winner receives a $5,000 unrestricted grant to his or her organization. This award helps organizations continue the transformative work they are doing in the community.

Outcomes: More than 350 community and nonprofit leaders attended the 17th Annual A Night of Light Nonprofit Awards of Excellence at the George W. Bush Presidential Institute on November 16, 2017. Baylor Scott & White Health provided sponsorship for one of the finalist scholarships. Each award finalist receives a $2,500 scholarship to be used for CNM education and consulting services. These essential

Name: Crohn’s & Colitis Foundation - Crohn's & Colitis Foundation is a mission-driven organization to improve the quality of life for children and adults living with Crohn's disease and ulcerative colitis in North Texas. Programs include education resources, support and vital research efforts that advance treatments and lay the groundwork for the discovery of cures.

Outcomes: With more than 300 in attendance, we raised $180,000 to support the vital programs and services that will improve the quality of life for the 70,000 patients living in North Texas impacted by Crohn's disease and ulcerative colitis. Funds raised support education and support programs including Camp Oasis as well as fund vital research efforts that are advancing treatment options and paving the way for cures.

Name: Crystal Charity Ball - The Crystal Charity Ball sole purpose is to aid, support and make contributions and donations to any charitable, social agency or organization located in Dallas County that is primarily concerned with the care, development or welfare of children.

Name: Dallas Arboretum - The mission of the Dallas Arboretum and Botanical Garden is to build and maintain a public venue that promotes the art, enjoyment, and knowledge of horticulture, while providing opportunities for education and research. We are committed to excellence, sound management, and fiscal responsibility.

Outcomes: 2417 participants; Tour Des Fleurs brought 2,417 runners along with approximately 300 spectators to the event. We hosted 30 vendors that offered or promoted health-and-wellness-centered goods and services to the community. By funding the Dallas Arboretum and Botanical Garden, the race supports a venue that encourages healthy living year-round. Runners and spectators have an opportunity to network with vendors who promote a healthy lifestyle. From athletes to healthy food vendors to physical therapists, our event attracts community members passionate about cultivating a lifelong commitment to healthy choices, exercise, and a love of nature.
Name: Dallas Baptist University - The mission of Dallas Baptist University is to provide Christ-centered quality higher education in the arts, sciences, and professional studies at both the undergraduate and graduate levels to traditional age and adult students in order to produce servant leaders who have the ability to integrate faith and learning through their respective callings.

Name: Dallas County Medical Society Alliance Foundation - This is a community, educational program that is free to the public, focusing on women's health issues. This program, co-presented by the DCMSA Foundation and the Laura W. Bush Institute for Women's Health allows people to hear from the Dallas physicians who successfully transplanted a uterus, resulting in the delivery of a healthy baby boy. Ask these experts about the many challenges of this clinical trial, as you hear how this pregnancy and delivery affects the physicians in unexpected ways. They will learn about the importance of organ donation and other organ transplants done by Giuliano Testa, MD, but the focus of this event will be the uterine transplant.

Outcomes: 300 impacted; 1200 in attendance. Guests stayed and asked questions until the full time limit had expired. The BUMC video that included baby No. 2’s mother was very powerful, informative and very well received. The recent pictures of the babies who "look so healthy and normal" made this procedure seem very "natural". Many comparisons to personal obstetrical history within the audience. We had at least a dozen physicians who attended, that practice all over the area. People came from Austin, Tyler, Houston, out of state to hear this.

Name: Dallas Heritage Village - The mission of Dallas Heritage Village is to collect, preserve and teach the history of Dallas and North Central Texas. Located in historic Old City Park, the museum uses its collections of historic buildings and furnishings, representing the period 1840-1910, to sponsor research, publications and exhibits, and to present educational programs and special events for diverse audiences of children, families and adults.

Name: Dallas Historical Society - The Dallas Historical Society collects, preserves and exhibits the unique heritage of Dallas and Texas to educate and inspire present and future generations.

Name: Daughters of World War II - Daughters of WWII is a national organization designed to honor WWII Veterans. This is accomplished through 1) Educational Programming 2) Recording their viewpoint from The Front Row Seat and 3) Returning them to the battlefields of their youth through the Wings of Freedom Initiative (WOF). Since September 2010, over 50 educational events hosted by DWWII. WOF has provided 4 trips to the Iwo Jima Battlefield and two to Normandy and Bastogne. Seven Signature events "Annual Veterans Day Luncheons" were held. Speakers and honorees have included but not limited to: Lt-Gen. Larry Snowden, Lt. Col. Maggie Magelles, David Eisenhower, James Bradley, Maria Von Trapp, and Doolittle Raider Ed Saylor among others. All events receive support through funds raised and in-kind donations. DWWII
accepts no federal, state or local funding or funding from foundations. DWWII ensures that The Greatest Generation is not The Forgotten Generation.

Name: Downtown Dallas - Downtown Dallas, Inc. is the principal advocate, champion and steward of Downtown. The group effects change by developing strategies, setting targets and mobilizing resources to stimulate a vibrant and sustainable downtown environment, Improve Infrastructure, enhance economic competitiveness, create a culturally inclusive urban center, position the area as a global destination, and foster Innovation and technology in all aspects of the urban experience.

Name: DME Exchange of Dallas - DME Exchange of Dallas is a unique charitable initiative. The agency recycles durable medical equipment (DME) such as wheelchairs (manual and motorized), scooters, walkers, bedside commodes, shower chairs, and home hospital beds, sanitizes and refurbishes the equipment, and then distributes it free of charge to Dallas County residents who have a financial need and a physician’s prescription for the item. The equipment helps restore the patients’ mobility, dignity, and independence, while easing the workload on family, caregivers, and healthcare facilities. The program also saves time and money for local hospitals and clinics and reduces the burden on the environment. Every day, hospital discharge planners, community and charitable clinics, and physician offices are confronted with the challenge of helping patients without financial resources or medical coverage obtain needed durable medical equipment (DME).

Name: Epilepsy Foundation Texas - The Epilepsy Foundation Texas leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy. Established in 1983, the Epilepsy Foundation Texas-Houston/Dallas-Fort Worth/West Texas provides a number of programs and services, including the following: Public and Professional Education & Awareness Programs; Camp and Recreation Programs for people with epilepsy and their families, including Camp Spike ‘n’ Wave®, Kamp Kaleidoscope®, Camp Neuron and Adult & Family Retreats Specialized Medical Care throughout the state; Education & Consultation Services

Name: Friends of Fair Park - Friends of Fair Park's mission is to preserve the art and architecture of the 1936 Texas Centennial, support the Fair Park museums, encourage thoughtful planning for its future and increase the park's annual attendance.

Name: Friends of the Dallas Police - The men and women of the Dallas Police Department risk their lives every day to make Dallas a safer city. No matter their position within the department, each one of its nearly 4,000 employees has made a commitment to better the city and our quality of life. The Friends of the Dallas Police organization takes a special opportunity each year in the fall to thank these brave men and women for their exceptional commitment by hosting a dinner in their honor.

Name: Goodwill Industries of Dallas, Inc. - Goodwill's mission is to provide training, employment and support services for people with disabilities or disadvantages who seek greater independence. Our vision is to be the recognized leader in helping people with
disabilities and other barriers to employment develop work and life skills, find work and successfully perform that work.

Name: Helps International - HELPS International is a 501(c)(3) non-profit organization whose mission is to provide enduring programs of practical, social, and spiritual value to the people in the developing world through a system of partnership and mutual responsibility.

Name: Juliette Fowler Communities - At Juliette Fowler Communities, we envision a life of fulfillment for all generations. An intergenerational community, we provide choice, community and connection for the children, youth, elders and families we serve. Those we serve are valued regardless of their age, stage or abilities. Our services include independent living, assisted living, memory care, skilled nursing, and rehabilitation following hospitalization, affordable senior housing, foster care and transitional living for young women who have aged out of foster care.

Name: Junior Achievement of Dallas - Mission: To inspire and prepare young people to succeed in a global economy.

Name: Junior League of Dallas - The Junior League of Dallas raises funds and trains volunteers to support efforts to promote adequate, accessible, preventive health services for all individuals.

Name: Lake Highlands Women's League - Lake Highlands Women's League provides support for organizations serving the residents within the community. Examples include Forerunner Mentoring, a mentoring/tutoring program for fatherless young men; YMCA Swim program, swim lessons taught at area apartment complexes teach children to swim, reducing the risk of drowning; Local Library, children’s summer program; Richardson Adult Literacy Center, classroom materials for literacy program

Name: Leukemia & Lymphoma Society Fin Don Patient Advocate Grant - 3rd installment of three-year agreement with Leukemia and Lymphoma Society.
Outcomes: From July 2017 - April 2018, the LLS Patient Navigator at Charles A. Sammons Cancer Center and the Cvetko Cancer Center has connected with numerous patients individually as well as group settings. The Individual, unique patients were each given information and guided through the process of accessing LLS resources.
  o individual patients visited = 331
  o 45 First Connection referrals made
  o 29 Nutrition Consultations were provided
  o 34 patients from Baylor were assisted with Co-Pay assistance applications ($2,500 - $5,000 per person grants awarded)
  o 12 patients from Baylor were assisted with travel assistance applications ($500 per person per year grants awarded)
These numbers do not include April - June of 2018, (numbers not been reported) This outreach allows LLS to support Baylor in providing better access to care and options for
patients and their families. The Patient Advocate, in addition to serving patients at Baylor, is a critical part of the North Texas Staff Patient Access team and played a key role in the North Texas Cancer Expo in September of 2017, which served more than 400 patients, caregivers, and healthcare professionals across the Southwest.

Name: March of Dimes - The mission of the March of Dimes is to improve the health of babies by preventing birth defects, premature birth and infant mortality.

Name: National Brain Tumor Society - The National Brain Tumor Society is fiercely committed to finding better treatments, and ultimately a cure, for people living with a brain tumor today and anyone diagnosed tomorrow. This means effecting change in the system at all levels.

Name: National Center for Missing & Exploited Children, Texas Region - The National Center for Missing & Exploited Children (NCMEC) mission is to help prevent child abduction and sexual exploitation; help find missing children; and assist victims of child abduction and sexual exploitation, their families, and the professionals who serve them.

Name: National Kidney Foundation - The National Kidney Foundation, a major voluntary nonprofit health organization, is dedicated to prevent kidney and urinary tract diseases, improving the health and well-being of individuals and families affected by kidney disease and increasing the availability of all organs for transplantation.

Name: Operation Care International Dallas - Operation Care International (OCI) is a nonprofit ministry dedicated to caring for the homeless in Dallas and impoverished children around the world.

Name: Parkland Foundation Injury Prevention Center 2018 - The Injury Prevention Center (IPC) implements community-based preventive interventions in the areas of child passenger safety, pedestrian injury prevention, fire prevention, and senior falls injury prevention. Through these direct services, over 21,000 child-passenger safety seats have been distributed to low-income communities, 34,000 smoke detectors have been installed in at-risk neighborhoods, and over 550 low-income senior citizens have received home modifications and education to prevent falls. The IPC has adopted the Safe Communities America model as an approach for working in communities to engage residents in preventing injury. By joining forces with businesses, government, police and fire departments, school districts, faith-based organizations, and others, the IPC can help people live fulfilling lives, free from injury and harm.

Name: Pancreatic Cancer Action Network - The Pancreatic Cancer Action Network is the national organization creating hope in a comprehensive way through research, patient support, and community outreach and government advocacy. The organization raises money for direct private funding of research – and advocates for more aggressive federal research funding of medical breakthroughs in prevention, diagnosis and treatment of pancreatic cancer. The Pancreatic Cancer Action Network fills the void of
information and options by giving patients and caregivers reliable, personalized
information they need to make informed decisions. The organization helps support
individuals and communities all across the country in working together to raise
awareness and funds to develop more effective treatment options for better patient
outcomes. We create a sense of hope and community so no one has to face pancreatic
cancer alone.

Name: St. John’s Episcopal School 2017-2018 Community Partner Program - The
purpose of this donation was to provide funding for educational enhancement initiatives
by St. John’s Episcopal School and the Parents Association.
Outcomes: This program primarily supports the Parents Association and Dads Club
(Crusader Club) events including our fall carnival, spring auction, and spring golf
tournament. These are community building (carnival) and fundraising (auction and golf)
events that benefit the community and students of St. John's by providing resources for
school and playground improvements, classroom and learning activity spaces
enhancements, and funding for teacher and staff professional development
opportunities.

Name: Southwest Transplant Foundation - The Southwest Transplant Foundation is a
non-profit organization whose express purpose is to provide needed money to help
post-operative transplant patients in the Dallas-Fort Worth region in their struggle to
regain their healthy return to society. All funds given to patients are for service
uncovered by standard insurance or any other outside source. Services are provided
without regard to race, creed, age or sex and are free.

Name: State Fair of Texas - The State Fair of Texas celebrates all things Texan by
promoting agriculture, education and community involvement through quality
entertainment in a family-friendly environment.

Name: Stupid Strong - Stupid Strong is dedicated to raising awareness about gastric
cancer, advancing funding for research, and providing education and support to families
in need. An estimate states that we will see over 20,000 new cases of stomach cancer
this year in the US with over 10,000 deaths resulting from the disease. Because of the
smaller number of cases relative to other cancers, it receives very little federal funding
and few resources devoted to researching a cure. StupidStrong.org exists to make the
cure for stomach cancer a reality.

Name: Swim Across America - The purpose of the Swim Across America Dallas 2017
campaign is to raise as much money as possible to donate to the Innovative Clinical
Trials Center at the Baylor Charles A. Sammons Cancer Center.
Outcomes: 600 volunteers, swimmers and spectators at the event (a 70% increase vs.
2016). Awareness of cancer research and treatment being done by the ICTC at the
Sammons Center was built and $285,000 was raised from 2017 SAA Dallas events for the
ICTC (our sole beneficiary).
**Name: Texas Medical Association Foundation -** Organization to fund initiatives with the power to help physicians create a healthier future for all Texans.

**Name: Texas Woman's University Foundation -** The Foundation promotes and supports educational programs and services affecting faculty, staff, and students at Texas Woman's University (the “University”). The Foundation identifies, promotes, receives, and prudently manages all private gifts from individuals, corporations, foundations, and associations to the University; and to invest and steward the assets entrusted to it by the University and its alumni, friends and donors. The partnership between the Foundation and the University is a cooperative venture of using mutual resources to accomplish the goals and objectives of the University and the Foundation.

**Name: The Salvation Army Texas Division -** The Salvation Army is committed to alleviating human suffering through direct community-based programs that include feeding the homeless, providing a place where children can learn positive life skills, curbing substance abuse, looking after the elderly, and helping families in need. The Salvation Army mission has created a unique organization, as it provides holistic help for mind, body and spirit through more than 70 different programs and services. We have stood the test of time for more than 150 years.

**Name: The Stewpot -** The Stewpot offers a safe haven for homeless and at-risk individuals of Dallas, providing resources for basic survival needs as well as opportunities to start a new life. Established by First Presbyterian Church in 1975, The Stewpot began serving food when church members realized no other resources were available for the homeless and hungry. By 1991, Stewpot programs included a wide range of social services and the agency moved across the street to a donated two-story office building that continues to be “home”. Over the years, The Stewpot has helped to “birth” new organizations to meet community needs including Austin Street Center, Genesis Women’s Shelter, Interfaith Housing and The Bridge. The Stewpot collaborates with more than 25 other nonprofits in order to provide a continuum of care.

**Name: YMCA of Metropolitan Dallas -** To improve health in our community, such as obesity rates and the prevalence of Type 2 diabetes, the YMCA of Metropolitan Dallas offers community health programs such as Families in Training (FIT) for Health, the YMCA’S Diabetes Prevention Program (YDPP) and LIVESTRONG at the YMCA. FIT addresses the need for accessible health education in primarily Hispanic and African American communities to help reduce obesity rates in children and adults. FIT focuses on small, family-oriented lifestyle changes that can lead to positive health outcomes over time. YDPP supports adults with prediabetes, with the goal to prevent the onset of Type 2 diabetes by eating healthier, increasing physical activity and losing a modest amount of weight. LIVESTRONG at the YMCA encourages cancer survivors to improve their overall health and gain normalcy back into their lives through customized exercise routines in a supportive group environment.

Outcomes:
- Served 550 people in the 3 programs listed below and an additional 500 in other community health programs.
- 421 FIT outcomes for attendees to 70% + FIT classes
  * 59% of adults lost at least two pounds average; adults lost 4 pounds over 11 weeks; 66% children with BMI percentile > 85 decreased percentile; 72% of children reported an increase in daily servings of fruit; 69% reported an increase of vegetables.
- Diabetes Prevention Program
  * Average body weight loss = 3.56%
- LIVESTRONG = 83 participants
  * Empowers adult cancer survivors to allow them to improve functional capacity and to increase their quality of life through this organized program of fitness and strength.
- YMCA of Metropolitan Dallas, selected by the Cancer Control Program at the Texas Department of State Health in November 2017, received funding to expand some additional Livestrong classes.

Name: Young Texans Against Cancer - Young Texans Against Cancer (YTAC) is an independent, nonprofit organization comprised of young men and women who have been affected by cancer and are seeking to become more actively involved in the cancer community. Our organization focuses on raising funds for local research and support organizations, using our member base to increase awareness of volunteer organizations and helping to educate our community on cancer research.

VII. Charity Care and Government-Sponsored Indigent Health Care Provided

For Fiscal Year 2017, Baylor Scott & White University Medical Center – part of Baylor Scott & White Health provided $84,348,883 in unreimbursed costs of charity care and government-sponsored indigent health care.

VIII. Government-Sponsored Health Care Provided

For Fiscal Year 2017, Baylor Scott & White University Medical Center – part of Baylor Scott & White Health provided $103,968,435 in unreimbursed costs of government-sponsored health care.

IX. Other Types of Community Benefits Provided

Baylor Scott & White University Medical Center – part of Baylor Scott & White Health is committed to improving the quality of life for the many citizens living and working in its area. Baylor Scott & White University Medical Center – part of Baylor Scott & White Health was pleased to allocate funds to the following community benefit activities.

A. Community Health and Wellness Improvement Services $ 89,260

B. Community Benefit Operations $ 994,526
C. Financial Donations $ 408,567  
D. In Kind Donations $ 36,270  
E. Enrollment Services $ 1,029,590  
F. Health Care Support Services $ 55,359  
G. Health Screenings $ 23,912  
H. Medical Education $ 26,890,191  
I. Workforce Development $ 738,715  
J. Research $ 25,724,624  
K. Subsidized Health Services $ 4,628,586  

X. Total Operating Expenses and Calculation of the Ratio of Cost to Charge  
As required by Section 311.046 (a) (4), Baylor Scott & White University Medical Center – part of Baylor Scott & White Health reports $1,067,300,224 in total operating expenses. As required by Section 311.046(1) (5), the ratio of cost to charges was 30.23%. Please see the attached worksheet for the full calculation.

XI. Report of Community Benefit Provided During Fiscal Year 2018  
In a commitment to fulfill its mission, Baylor Scott & White University Medical Center – part of Baylor Scott & White Health benefit to the community, conservatively estimated, was $248,936,918 for Fiscal Year 2018. Baylor Scott & White University Medical Center – part of Baylor Scott & White Health is filing its Annual Statement of Community Benefits Standard (Statement) as a consolidated system with the other affiliated hospitals of BSWH excluding those that qualify as Medicaid disproportionate share hospitals).

Through community benefit activities, BSWH-affiliated hospitals provided: quality patient care and subsidized services otherwise not available in the community; medical education, training for medical technicians, hospital chaplains, nurses, and future physicians; and medical research that will speed the time between scientific finding and its application to improving medical care.

Any comments or suggestions concerning the community benefit activities are greatly welcomed. Please address comments or concerns to Niki Shah, Vice President, Care Redesign and Equitable Health, Baylor Scott and White Health, 8080 N. Central Expressway, Suite 700, Dallas, TX 75206.
Baylor University Medical Center

Total Operating Expenses
Section 311.046(a)(4)

For the Fiscal Year Ended June 30, 2017

1,067,300,224

Calculation of the Ratio of Cost to Charge
Section 311.046(a)(5)

Total Patient Revenues
(from 2017 Medicare Cost Report, Worksheet G-3, Line 1)
(a) 2,940,680,140

Total Operating Expenses
(from 2017 Medicare Cost Report, Worksheet A, Line 118, Col. 7)
(b) 863,833,832

Initial Ratio of Cost to Charge ((b) divided by (a))
(c) 29.38%

Bad Debt Expense
(from 2018 audited financial statements)
(d) 85,716,295

Multiply "Bad Debt Expense" by "Initial Ratio of Cost to Charge" ((d)*(c))
(e) 25,179,425

Add the allowable "Bad-Debt Expense" to "Total Operating Expenses" ((b) + (e))
(f) 889,013,257

Calculation of Ratio of Cost to Charge ((f) divided by (a))
(g) 30.23%